# THE UNIVERSITY OF TEXAS AT AUSTIN SCHOOL OF SOCIAL WORK

Course Number: SW 360K/AFR 374/ WGS 340 Instructor: Dr. Dorie Gilbert UGS 119 International Learning Seminar (1 CREDIT) Contact: dgm@mail.utexas.edu

**Unique Number:** 62615, 47665, 30455 **Office:** SSW 3.130H/ **Office Hrs:** W/TH 3-4 or By Appt

Semester: Spring 2011 Office Phone: Ph: 512-471-9600

## SOCIAL WORK PRACTICE WITH AFRICAN AMERICAN FAMILIES

## I. Course Description

This course is designed to provide an overview of historical and contemporary issues facing African American families and children. Social service delivery to African American families and communities is emphasized. This course is an upper-division, social science elective and is open to BSW students as well as other majors and graduate students. Topics include:

- \* African Heritage and Cultural History
- \* Africentric Social Work Practice & Theories
- \* Gender, Sexuality and Relationships
- \* Family Patterns and Parenting
- \* Socialization in African American Families
- \* Adolescent Development & Racial Identity
- \* Impact of Racism & Oppression
- \* Health and Mental Health Care & Disparities
- \* Faith-based and Community interventions
- \* Housing and Community Concerns
- \* Education and Employment
- \* Criminal Justice and Vulnerable Sub-populations

# **II. Course Objectives**

By the end of the semester, students will be able to:

- 1. Demonstrate an understanding of African American family structures and dynamics from a social systems perspective.
- 2. Demonstrate an understanding of the historical background of African American families and its impact on contemporary family life.
- 3. Demonstrate an understanding of the psychosocial dimensions of African American families.
- 4. Identify specific social issues facing African American males and females, children, families & other subsets of the population
- 5. Identify and describe the variety of life styles among African Americans and the situational determinants of different family forms and patterns of adaptation.
- 6. Identify barriers facing specific African American populations, including persons with disabilities, the elderly, women, gays and lesbians.
- 7. Critique the treatment of African American families in American scholarship.
- 9. Demonstrate an awareness of value dilemmas and policy initiatives that differentially affect African American families and diverse social service providers.
- 10. Promote social justice by recognizing and identifying ways to address discrimination against African Americans and other oppressed populations.

# III. Teaching Methods

Lectures, class discussion, reading assignments, small group discussions and presentations will be utilized to achieve course objectives. Guest lecturers and films will provide supplementary learning resources. Lectures are designed to supplement readings. Students are expected to come prepared to each class and participate in discussions of assigned readings and of supplementary material presented in lectures.

# IV. Required Readings

Social Work Practice with African American Families – Required reading packet.

Available at Speedway Copy Dobie Mall (512-478-3334). Two packets will be on reserve at the Social Work Learning Resource Center. First week of readings are posted Blackboard.

## V. Course Requirements

# A. REQUIRED ASSIGNMENTS

#### **1.** Attendance (10%)

Students are expected to attend class, participate in class discussions and in assigned experiential or observational activities, and be present for quizzes and examinations as scheduled.

## 2. Preparation, Contribution, Reflection (10% of grade)

Students are expected to attend <u>all</u> class sessions and actively participate by raising questions and issues in all class discussions and exercises. Students are expected to choose one of the articles from the readings to summarize and present for discussion. Students will complete critical thinking assignments for a completion grade.

# 3. Midterm Examination (30% of grade)

Students complete in-class midterm. The exam will contain a combination of objective and essay questions.

**4.** Quizzes (15%). Brief quizzes will be given throughout the semester falling on days when critical thinking assignments are due.

## 5. Research Paper and Presentation

Research Paper (25% of grade)

Presentation of Paper in panel format (5% of grade)

Students will be required to write a 12 page research paper that will focus on a specific issue related to African American life experiences. Papers are required to be typed, double-spaced, 12-font and adhere to APA 6 dedition journal format. Papers should include personal reflection or experience with the chosen topic. Students will be responsible for turning in a paper proposal that identifies the paper topic, specific issues they plan to cover and how they will go about researching their topic. Students are expected to research the paper topic beyond class readings using professional journals and publications.

**6.** Final Reflection Paper (10% of grade). You will prepare and submit an assessment of your learning and a portfolio of work to support it. Your portfolio will include a selection of the work you've completed during the semester; ongoing observations about your learning, and an interpretation of the work that shows your development across five dimensions of learning: confidence and independence, knowledge and understanding, skills and strategies, use of prior and emerging experience, and reflection.

#### Grading and Weighting of Assignments

	Undergraduate Students			
Attendance	15%			
Preparation, Contribution, Reflection	15%			
Midterm exam	30%			
Research Paper/Panel Presentation	30%			
Final Reflection Paper	10%			
•				
Total	100%			

# **Grading Scale:**

D+/D/D-

Grading Scale:								
100 - 94 = A	93 - 90 = A-	89 - 87 = B +	86 - 84 = B	83 - 80 = B-	79 - 77 = C +	76 - 74 = C		
73 - 70 = C-	69 - 67 = D +	66 - 64 = D	63 - 60 = D-	59 and below	= F			
A/A-	SUPERIOR: Significantly exceeds assignments/performance expectations; demonstrates a high level of in-depth critical thinking and analysis that resulted in work additional to that laid out in the assignment guidelines and exceptional integration of ideas and course material.							
B+/B/B-	GOOD: Assignment/overall performance in course meets all the requirements with evidence of critical thinking and analysis.							
C+/C/C-	AVERAGE: Assa	ignments/performar	ice meets the require	ements or has mino	or gaps; lacks eviden	ce of in-depth thinking	3	

BELOW AVERAGE: Important gaps exist in meeting the requirements and evidence of critical thinking and analysis.

#### VI. Class Policies

- 1. Attendance: Attendance and prompt arrival to class is mandatory. Individual exceptions are made only in the event of *properly documented* extenuating circumstances beyond the student's control and prior notice of reason for absence and/or tardy. Poor attendance/participation will impact grade. Missing either of the last 2 class days will lower attendance grade because your peers count on you for your attention and support during their presentations Students missing 5 or more classes will automatically fail the course.
- 2. Late Assignments: Assignments are due on date assigned. Three points per day will be deducted for late assignments.
- **3. APA format**: We will use APA editorial style as the standard format for all written assignments. Details of the APA style are included in the Publication Manual of the American Psychological Association, 6th Edition.
- **Small group work:** Groups are expected to resolve challenges. The instructor serves as consultant on group dynamics and teamwork. Groups are not penalized in their grade for consulting with the instructor.
- **Respect and Civility:** Cross-cultural group work can raise emotional issues and usually involves moderate to high processing of self and others. The instructor and classmates have the ethical responsibility to see that the class environment is maintained as a respectful and inviting place to grow together as we prepare to travel to Ghana. We will not, nor should we, always agree with one another. In this environment we should be exposed to diverse ideas and opinions, and sometime we will not agree with the ideas expressed by others. However, the professor does require that students engage one another with respect and professionalism.
- 6. Technology in the classroom: Laptops, phones and use of social media devices in class is strictly prohibited.
- 7. **Student feedback** is welcome. Students are also encouraged to provide feedback during office hours and at mid-term review.

## **OTHER POLICIES:**

#### The University of Texas Honor Code

The core values of The University of Texas at Austin are learning, discovery, freedom, leadership, individual opportunity, and responsibility. Each member of the university is expected to uphold these values through integrity, honesty, trust, fairness, and respect toward peers and community.

# Policy on Scholastic Dishonesty

Students who violate University rules on scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and/or dismissal from the University. Since such dishonesty harms the individual, all students, and the integrity of the University, policies on scholastic dishonesty will be strictly enforced. For further information, the student may refer to the Web Site of the Student Judicial Services, Office of the Dean of Students (http://www.utexas.edu/depts/dos/sjs/).

## **Documented Disability Statement**

Any student who requires special accommodations must obtain a letter that documents the disability from the Services for Students with Disabilities area of the Division of Diversity and Community Engagement (471-6259 voice or 471-4641 TTY for users who are deaf or hard of hearing). Present the letter to the professor at the beginning of the semester so that needed accommodations can be discussed. The student should remind the professor of any testing accommodations no later than five business days before an exam. For more information, visit <a href="http://www.utexas.edu/diversity/ddce/ssd/">http://www.utexas.edu/diversity/ddce/ssd/</a>.

# **Religious Holidays**

By UT Austin policy, students must notify the professor of a pending absence at least fourteen days prior to the date of observance of a religious holy day. If the student must miss a class, an examination, a work assignment, or a project in order to observe a religious holy day, the professor will give the student an opportunity to complete the missed work within a reasonable time after the absence.

## Use of E-Mail for Official Correspondence to Students

Email is recognized as an official mode of university correspondence; therefore, students are responsible for reading their email for university and course-related information and announcements. Students are responsible to keep the university informed about changes to their e-mail address. Students should check their e-mail regularly and frequently—daily, but at minimum twice a week—to stay current with university-related communications, some of which may be time-sensitive. Students can find UT Austin's policies and instructions for updating their e-mail address at <a href="https://www.utexas.edu/its/policies/emailnotify.php">https://www.utexas.edu/its/policies/emailnotify.php</a>.

## **Behavior Concerns Advice Line (BCAL)**

If students are worried about someone who is acting differently, they may use the Behavior Concerns Advice Line to discuss by phone their concerns about another individual's behavior. This service is provided through a partnership among the Office of the Dean of Students, the Counseling and Mental Health Center (CMHC), the Employee Assistance Program (EAP), and The University of Texas Police Department (UTPD). Call 512-232-5050 or visit http://www.utexas.edu/safety/bcal.

# **Emergency Evacuation Policy**

Occupants of buildings on the UT Austin campus are required to evacuate and assemble outside when a fire alarm is activated or an announcement is made. Please be aware of the following policies regarding evacuation:

- Familiarize yourself with all exit doors of the classroom and the building. Remember that the nearest exit door may not be the one you used when you entered the building.
- If you require assistance to evacuate, inform the professor in writing during the first week of class.
- In the event of an evacuation, follow the professor's instructions.
- Do not re-enter a building unless you're given instructions by the Austin Fire Department, the UT Austin Police Department, or the Fire Prevention Services office.

### Use of Blackboard in Class

In this class the professor uses Blackboard—a Web-based course management system with password-protected access at <a href="http://courses.utexas.edu">http://courses.utexas.edu</a>—to distribute course materials, to communicate and collaborate online, to post grades, to submit assignments, and to give students online quizzes and surveys. Students can find support in using Blackboard at the ITS Help Desk by calling 475-9400, Monday through Friday, 8 a.m. to 6 p.m. Please plan accordingly.

# SOCIAL WORK PRACTICE WITH AFRICAN AMERICAN FAMILIES COURSE SCHEDULE SPRING 2011

DATE TOPIC AND READINGS

WEEK 1 African American Families: African Heritage and History

Jan 18 Course Overview

Class Exercise: Editorial Response to Bob Herbert's "A New Civil Rights Movement"

Jan 20 Film: Ethnic Notions: Black people in the minds of whites

WEEK 2 African American Family: Diversity and Commonality

Jan 25 Topic: White Privilege-Then and Now

Discussion: Interactive Exercise: Understanding race as a social construct

Wander & Martin (2005). The roots of racial classification from *Whiteness: The power of the past* in P. S. Rothenberg (Ed.). White Privilege: Essential readings on the other side of racism. Worth Publishers, NY, NY. (on-line reading)

Barret & Roediger (2005). How white people became white from *Whiteness: The power of the past* in P. S. Rothenberg (Ed.). White Privilege: Essential readings on the other side of racism. Worth Publishers, NY, NY. (on-line reading)

McIntosh, P. (2005). Unpacking the invisible knapsack. in P. S. Rothenberg (Ed.). White Privilege: Essential readings on the other side of racism. Worth Publishers, NY, NY. (on-line reading)

Pharr, S. (1988). The common elements of oppression. Chardon Press. (on-line reading)

Jan 27 Film, White Privilege and its Consequences for Racial Equity & Justice (Tim Wise)

# WEEK 3 African American Family: Family Development and Intervention Theories

Feb 1 Browne, C & Mills, C. (2001). Theoretical frameworks: Ecological Model, Strengths Perspective, and Empowerment Theory. In R. Fong & S. Furuto (Eds.). <u>Culturally competent practice; Skills,</u> Interventions, and Evaluations. Allyn & Bacon, Boston, MA.

- ♦ ♦ Karenga, M & Karenga, (2007). The Nguzo Saba and the Black family: Principles and practice of well-being and flourishing. In H. P. McAdoo (Ed.), <u>Black families</u>, 4<sup>th</sup> Edition (pp. 7-28). Thousand Oaks, CA: Sage.
- ♦ ♦ Harvey, A. & Hill, R. (2004). Africentric youth and family rites of passage program: Promoting resilience among at-risk African American youths. Social Work, 49 (1).

Watson, J. E. (1996). A dynamic duo: (An example of Africentric family values). <u>Amsterdam News</u>, 6/29/05, Vol 96, Issue 24

Feb 3 Critical Analysis of Theory: Film: CNN-Black in America, South Africa Program

## WEEK 4 African American Families: Historical and Current Demographics & Helping Traditions

- ◆Franklin, J. H. (2007). African American families: A historical note. In H. P. McAdoo (Ed.), Black families, 4<sup>th</sup> Edition (pp. 3-6). Thousand Oaks, CA: Sage. (on-line reading)
- ♦ Graham, L. O. (1999, February 15). Living in a class apart: The separate world of America's Black elite. U.S. News & World Report, 48-52.

- ♦ Attewell, P, Lavin, Domina, T, Levey, T. (2004). The Black middle class: Progress, prospects, and puzzles. <u>Journal of African American Studies</u>, V8 (1,2), pp. 6-19.
- ♦ ♦ Hill, R. B. (2007). The impact of welfare reform on Black families. In H. P. McAdoo (Ed.), Black families, 4<sup>th</sup> Edition (pp. 328-338). Thousand Oaks, CA: Sage.
- ♦ Wright, K. (2008). The subprime swindle: How the mortgage industry stole Black America's hard-earned wealth. <u>The Nation</u>, July 14, 2008.
- Feb 10
- ♦ ♦ Offner, P. (2002). What's love got to do with it?: Disparity between black men and women. *The Washington Monthly*, 34 (3), 15-19.
- ◆ ◆ Eckholm, E. (2006). Plight deepens for black males: Studies sound alarm. New York Times, 03/20/06,

Raspberry, W. (2002). Successful women who are childless. <u>The Washington Post</u>, 04/29/02, P. A11

Edwards, A. (2002). Bring me home a black girl. *Essence*, 33 (3), p. 176.

McLarin, C. (2006). Race wasn't an issue for him, which was an issue for me. NYT, 09/03/2006

Evans, E. (01-12-09). Dark and lovely, Michelle. *The Root* www.theroot.com

#### WEEK 5

# African American Relationships: Gender, Race, Class & Sexual Identity

Feb 15

- ♦ Chapman, A. B. (2007). In search of love and commitment: Dealing with the challenging odds of finding romance. In H. P. McAdoo (Ed.), <u>Black families</u>, 4<sup>th</sup> Edition (pp. 285-296). Thousand Oaks, CA: Sage.
- ♦ Bethea, P., D. (1995). African American women and the male-female relationship dilemma: A counseling perspective. <u>Journal of Multicultural Counseling & Development</u>, 23 (2). 87-96.

**Feb 17** 

Richardson, B.L. & Wade, B. (2001). What mama couldn't teach us about love. Readings on Antiintimacy Beliefs. *On-line Handout* 

♦ ♦ Hammond, W. P. (2005). Being a man about it: Manhood meaning among African American men. Psychology of men and masculinity, 6 (2), pp.114-126.

## WEEK 6

# African American Relationships: Gender, Race, Class & Sexual Identity

Feb 22

Okonji, J.A. et al. (1996). Young black men prefer black counselors. <u>Journal of Black Psy</u>, 22(3), 329-339. <u>Abstract</u>

- ♦ Freeman, C. T. (2006). Counseling Black men: A misunderstood population. <u>New Jersey Journal of Professional Counseling</u> (58). 72-84.
- ♦ DeFrancisco, V. L. & Chatham-Carpenter, A. (2001). Self in community: African American women's views of self-esteem. Howard Journal of Communication, 11(20), 73-92.
- ◆ ◆ Thomas, A. J. (2001). African American women's spiritual beliefs: Treatment guide. Women & Therapy,23(4), 1-11.
- ♦ Smith, J. R. & Wormeling, L. (2007). Counseling preferences of African American women. Adultspan: Theory, Research, and Practice, 6 (1). 4-14.

# Feb 24

♦ Found: 85, 000 Black gay households. Essay by Alain Dang & Somjen Grazer.

Pitts, L (1998) The choice to be gay and Watson, J (2004). Strange Bedfellows (two 1-page editorials)

♦ McCready, L. T. (2004). Understanding the marginalization of gay and gender non-conforming black male students. Theory into Practice, 43 (2).

Sroyum, C. (2007). At least I'm not gay: Heterosexual identity-making among poor teens. ABSTRACT

#### WEEK 7

## African American Relationships: Gender, Race, Class & Sexual Identity

March 1

- ♦ ♦ Gilbert, D. J. and Williams, L. (2007). Deconstructing the down-low: A systems-ecological perspective on African American men who have sex with men. <u>Human Behavior in the Social Environment</u>: An African American Perspective. 501-517
- ◆ Fullilove, M. & Fullilove, R. Homosexuality and the African American Church: The Paradox of the "Open Closet".

Film: A different kind of black man.

March 3

Guest Speaker/Film TBA

WEEK 8

## **Midterm Review and Midterm**

March 8

Midterm Review

Mar 10

Midterm

------SPRING BREAK------ Mar 14-18

#### WEEK 9

# **African American Family Constellation and Parenting**

Mar 22

♦ Nobles, W. (2007). African American family life: An instrument of culture. In H. P. McAdoo (Ed.), <u>Black families</u>, 4<sup>th</sup> Edition (pp. 69-78). Thousand Oaks, CA: Sage.

Barack Obama on Fatherhood [by W. Parker from About.com)].

- ♦ Ochberg, B. (2005). When Fathers and Sons Spend Time Together. <u>University of Michigan</u> School of Public Health, Spring, p 27-31.
- ◆ Coley, R. L. & Chase-Lansdale (1999). Stability and change in paternal involvement among urban African American fathers. <u>Journal of Family Psychology</u>, 13(3), 416-435.

Mar 24

- ♦ Cain, D.S. & Combs-Orme, T. (2005). Family structure effects on parenting stress and practices in the African American family. <u>Journal of Sociology and Social Welfare</u>, 32(2). 19-40.
- ◆ Cox, C. (2002). Empowering African American custodial grandparents. <u>Social Work</u>, 47 (1)..45-54.
- ♦ Murray, C. B. & Mandera, J. (2002). Racial identity development in African American children: Cognitive and Experiential antecedents. In H. P. McAdoo (Ed.), <u>Black children: Social educational and parental environments</u>, 2nd Ed. (pp. 3-12). Thousand Oaks, CA: Sage.

## WEEK 10

## Socialization and Identity in African American Early and Late Adolescents

Mar 29

- ◆ ◆ Tatum, B. D. (2004). Family life and school experiences: Factors in the racial identity development of black youth in white communities <u>Journal of Social Issues</u>, 60 (1),117-135.
- ♦ ♦ Belgrave, F. Z., et al. (2000). The effectiveness of a culture-and gender-specific intervention for increasing resiliency among African American preadolescent females. <u>Journal of Black Psychology</u>, 26 (2), 133-147.

Brodey, D. (2005). Blacks Join the Eating-Disorder Mainstream. *New York Times*, 09/20. (Abstract)

Mar 31

Film: Skin Deep

## WEEK 11

## **Education: African American Children & Adolescents**

April 5

Film: Boys of Baraka

April 7

Barack Obama on Education [from Education.com]

- ♦ Noguera, P. A. (2003). Racial politics and the elusive quest for excellence and equity in education. In Motion Magazine, pp 1-24.
- ◆ Steptoe, S. (2004). Closing the gap. <u>Time</u> 164(22), p54-56
- ♦ Pluviose, D. (2006). Study: "Acting White" accusations has damaging legacy for black students. Diverse Issues in Higher Education, V23 (4), 8-8.

#### WEEK 12

## Youth, Media and Development

April 12

Film: Hip-Hop: Beyond Beats & Rhymes.

April 14

- ♦ Watts, R., Abdul-Adil, J., & Pratt, T. (2002). Enhancing critical consciousness in young African American men: A psycho-educational approach. <u>Psychology of Men and Masculinity</u>, 3(1), 41-50.
- ◆ ◆ Peterson, Wingwood, DiClemente, Harrington, & Davies (2007). Images of sexual stereotypes in rap videos and health of African American female adolescents. <u>Journal of Women's Health</u>, 15 (8), 1157-1166.

## Week 13

# Community, Health, Mental Health & Social Justice Disparities among African Americans

April 19

- ♦ Bobo, L. & Thompson, V. (2006). Unfair by design: The war on drugs, race and the legitimacy of the criminal justice system. <u>Social Research</u>, 73(2), 445-472.
- ◆ Papa, A. (2007). Congress must change racist crack cocaine laws. *The New York Amsterdam News*, Nov, 22-28, 2007.
- ♦ ♦ Brunson, R. (2007). Police don't like black people: African American Young men's accumulated police experiences. Criminology and Public Policy, 6(1) 71-101.
- ♦ Joe, S. (2006). Implications for National Suicide Trends for social work practice with Black youth. Child and Adolescent Social Work, 23(4), 458-468.

## April 21

♦ Snowden, L. (2003). Bias in mental health assessment and intervention theory and evidence. American Journal of Public Health, 33 (2), 239-242.

## African American Mental Health Fact Sheet

◆ Gadson, S. (2006). The Third World Health Status of Black American Males. <u>National Medical Association</u>, Vol 98 (4), p 488-491.

Survey suggests link between racism, high blood pressure in African Americans. <u>Black Issues in Higher Education,10</u> /25/01 18(18), p14.

- ◆ ◆ Cozier, Y., Palmer, J., Horton, N., Fredman, L., Wise, L., Rosenberg, L. (2006). Racial Discrimination and the Incidence of Hypertension in US Black Women. <u>AEP</u>, Vol 16 (9), p 681-687
- ♦ Gilbert, D. J. & Goddard, L. (2007). HIV prevention targeting African American women: An African-Centered Behavior Change Model Perspective. <u>Family and Community Health, 30 (1S)</u>. 109-114.

April 26 Film, TBA

WEEK 14 Panel Discussions

**April 28** Panel Discussions

WEEK 15 Panel Discussions, Course Wrap-Up and Course Evaluations

May 3 Panel Discussions

May 5 Panel Discussions