

This is your syllabus. Please read it completely and refer to it often.

Welcome to PSY 352
Abnormal Psychology • Fall 2020
Kirsten Bradbury, PhD

•••COURSE QUICK FACTS•••

Lectures: Dr. B love in every module!
Readings: Chewy! Mmmm, science. No textbook.
Viewings: Watch Ted talks; Dr. B bonus footage, demos; virtual tours...
Keeping It Real: All asynchronous. Paced to be done by Thanksgiving.
Assessment: Module quizzes, video assignments, self-graded activities. No exams!
Extra Credit: Extensive, to protect your grade in these uncertain times.

Unique #:
Instructor: Kirsten Bradbury, Ph.D.
Email: bradbury@austin.utexas.edu
Dr. B will have online drop-in Office Hours this semester!
On Zoom: Details to be announced on Canvas

Teaching Assistants (TA's) Names: TBA
Email: onlinepsy352odTA@austin.utexas.edu
Available for Online Office Hours weekly via Zoom drop-in and by appointment. Details to be provided on Canvas.

IMPORTANT: DO NOT message us through Canvas. We regret that we cannot guarantee that we will even see a message sent to us this way, much less respond effectively to it! To send us a message, post to Piazza or email us directly at the email addresses given above.

•••COURSE DESCRIPTION•••

Abnormal Psychology is concerned with those aspects of the human experience that are unusual, maladaptive, distressing, damaging, or pathological. In this survey course on the science and practice of Abnormal Psychology, we review major models and definitions of abnormality, methods of assessment and treatment, many DSM disorders, and ethics. We cover a variety of topics related to mental illness including social stigma, how to be a conscious consumer of mental health services, differential diagnosis, risk and resiliency factors, prevention, developmental psychopathology, and mechanisms by which mental health can deteriorate or improve across time. A complex, multivariate, multi-level conceptualization of health is emphasized, in which biological, psychological, social, and sociocultural variables act together in complex ways to produce mental illness as well as mental wellness. Throughout the course, we apply psychological theories and principles to everyday human experience. We hope to make the science of Abnormal Psychology accessible and understandable, and we particularly want you to see how the theories and concepts we discuss relate to your own life.

Prerequisites*: For psychology majors - upper-division standing and PSY301 and 418 with a grade of at least C in each; For Non-majors - upper-division standing, PSY301 with a grade of at least C, and one of the following with a grade of at least C: Biology 318M, Civil Engineering 311S, Economics 329, Educational Psychology 371, Government 350K, Kinesiology 373, Mathematics 316, Psychology 317, Sociology 317L, Social Work 318, Statistics 309. *Some prerequisites may not be enforced for all students or in all semesters. **If you are registered for the class, you met any enforced prerequisites.** Degree requirements are complex and the teaching team for this course knows nothing about how exactly you must navigate the treacherous waters of UT degree completion. When in doubt, check with an academic advisor in your major department!

•••TECHNICAL REQUIREMENTS•••

All students are required to have access to a **laptop** or **desktop computer**, running either **Windows** or **macOS** operating systems. (Tablets, smartphones, and Microsoft Surface devices are not supported.) Your computer should meet the following requirements:

- Modern and up-to-date operating system (macOS or Windows)
- Browser: Chrome (highly recommended), Safari or Firefox (If using Safari or Firefox, be prepared to [download Chrome](#) and use it.)
- 5 Mbps internet connection speed ([check your speed here](#))
- Functional webcam and microphone
- Zoom installed and configured

Confirm that your computer is able to stream video by visiting <https://www.laits.utexas.edu/tower/tech.php>

Technical Support: If you experience a technical problem, click on the "Online Course Tech Support" item in the left-side navigation bar. The Online Course Tech Support chatbot, called "LAITS Bot", will assist with technical problems and can escalate your question to a human if it cannot readily answer your question.

•••COURSE REQUIREMENTS•••

Required Course Materials: All required readings are available online or provided through Canvas. No textbook. Everything you need to participate in the course is on Canvas, including lectures, readings, viewings, course administration materials (syllabus, course calendar), communication from the teaching team (announcements), assignment descriptions and submission, quizzes, grades, etc.

You will complete 10 core modules (and 2 bonus modules). Each module consists of:

Lectures: Can be viewed anytime. No required class meetings, neither Zoom nor in person. These are videos of Dr. B teaching the concepts of the class. With slides.

Readings: Usually a scientific research article or two.

Viewings: Assorted videos other than the lecture, these viewings include you tube videos; Ted talks; demos; virtual tours; and other virtual activities.

Quizzes for each module are 10-item multiple choice and cover material from the lecture, readings, and viewings for that module. They can be accessed anytime.

After completing each module, you will complete an activity or thought exercise and record thought about it in your **journal**. This is self-graded, on the honor system. (You could cheat, but the only person you'd be ripping off is *you*.)

You will complete three brief **video assignments** throughout the semester, following specific guidelines for length and content. Students are encouraged to use these assignments as opportunities for growth and self-expression. Details TBA on Canvas.

Course Pacing: Complete one module per week to stay on pace. The course is designed to allow students to complete course requirements on their own schedule, without synchronous requirements that could conflict with other responsibilities throughout the week. However, the course is not designed to be completed in a very short time, far ahead of time, or 'all at once.' The course is meant to be nibbled throughout the semester, not binged at the beginning or end. Modules are intended to be worked on weekly, and some modules may not even be available until a couple weeks before their intended completion dates. The course calendar provides both a suggested

schedule for completing the course most appropriately, as well as required deadlines for submitting assignments and completing quizzes.

Please, no cheating. You must complete your quizzes independently and without assistance from or consultation with another person. Please study well enough for the quizzes so that you will not be tempted to consult your notes or other fact-checking sources during the quizzes. Assignments, regardless of modality, must be your own original, previously unpublished work. Don't risk it!! If you have any questions about what counts as cheating, we encourage you to check out the [student judicial services website](#), or ask us questions!

Course Grades:

200 points total –

10 x module quizzes worth 10 points each = 100 points

10 x self-graded activities (journal) worth 4 points each = 40 points

3 x short video assignments worth 20 points each = 60 points

To calculate your course grade, we add together your points earned and divide by two, to yield a percentage score that can be converted to a letter grade according to this chart.

A = 93-100

A- = 90-92

B+ = 86-89

B = 83-85

B- = 80-82

C+ = 76-79

C = 70-75

D = 60-69

F = <60

Percentage course grades are calculated to two decimal places and rounded to the nearest whole number, such that, for example, the lowest A- is 89.50 (rounds to 90).

Extra Credit Week: Need more points? After Thanksgiving, you can pull up your grade by as much as 10 percentage points with a combination of these options:

- Take alternative quizzes for some modules, including modules 11 and 12.
- Do additional assignments.
- Create animations/stop-motion films to accompany short segments of lecture audio.
- Tweet something appropriately topical to us @TheDrBShow

Details to be announced on Canvas later in the semester. We do not accept Extra Credit work until *after we calculate grades* (see course calendar for details). **If you already have an A, please do not submit Extra Credit assignments!**

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•••COVID-19 POLICIES•••

Q: What should I do if I think I might have COVID?

A: The number one priority is for you to take care of yourself and get well. If you are ill, stay home. Avoid people as much as possible. Rest, drink plenty of water, monitor your symptoms, and call the UHS 24-hour Nurse Advice Line at **512-475-6877** for advice about how to get medical care. Get tested:

https://www.healthyhorns.utexas.edu/coronavirus_testing.html

Here is the World Health Organization's advice on caring for yourself or someone else with COVID-19 at home:

<https://apps.who.int/iris/rest/bitstreams/1292529/retrieve>

[https://www.who.int/publications/i/item/home-care-for-patients-with-suspected-novel-coronavirus-\(ncov\)-infection-presenting-with-mild-symptoms-and-management-of-contacts](https://www.who.int/publications/i/item/home-care-for-patients-with-suspected-novel-coronavirus-(ncov)-infection-presenting-with-mild-symptoms-and-management-of-contacts)

Put your health and the health of your loved ones first.

We will work with you on any missed work or other academic issues. Always let us know if you are ill or encountering any other COVID-related interference with your performance in this course. We understand how horrible the virus is and how much trouble it can cause in people's lives in a wide variety of ways. We will do anything we can to accommodate your situation, if we know what it is.

What should I do if I'm not sick but COVID is messing with my course performance anyway?

We will work with you on any missed work or other academic issues. Always let us know if you are encountering any interference with your performance in this course, be it directly or indirectly. *We understand how horrible the virus is and how much trouble it can cause in people's lives in a wide variety of ways.* We will do anything we can to accommodate your situation, if we know what it is. Email us.

•••IMPORTANT NOTICES•••

The University of Texas at Austin provides upon request appropriate academic accommodations for qualified students with disabilities. For more information, contact the Office of the Dean of Students at 471-6259, 471-4641 TTY. We care about all our students' learning abilities. Please let us know if we can improve the learning environment for you or otherwise assist you in achieving the highest level of success you can in this course. If you have accommodations, send us an email to let us know and we will assist you in implementing them for this course.

Title IX Reporting

Title IX is a federal law that protects against sex and gender-based discrimination, sexual harassment, sexual assault, sexual misconduct, dating/domestic violence and stalking at federally funded educational institutions. UT Austin is committed to fostering a learning and working environment free from discrimination in all its forms. When sexual misconduct occurs in our community, the university can:

1. Intervene to prevent harmful behavior from continuing or escalating.
2. Provide support and remedies to students and employees who have experienced harm or have become involved in a Title IX investigation.
3. Investigate and discipline violations of the university's relevant policies.

Under Senate Bill 212 (SB 212), the professor and TAs for this course are **required** to report for further investigation any information they receive concerning incidents of sexual harassment, sexual assault, dating violence, and stalking committed by or against a UT student or employee. Federal law and university policy also requires reporting incidents of sex- and gender-based discrimination and sexual misconduct (collectively known as Title IX incidents).

This means we cannot keep confidential information about any such incidents that you share with us. If you need to talk with someone who can maintain confidentiality, please contact University Health Services (512-471- 4955 or 512-475-6877) or the UT Counseling and Mental Health Center (512-471-3515 or 512-471-2255). We strongly urge you to make use of these services for any needed support.

Diversity Statement

The Department of Psychology values the richness and open dialogue that diversity brings to our community. Diversity refers to individual differences that broadly include ability, age, culture, ethnicity, gender, nationality, race, religion, sexual orientation, and socioeconomic status. We appreciate that diversity enriches both the departmental social climate and the scope and depth of the department's research mission.

As a department, we are fully committed to a journey of inclusion and justice for all students from groups that are marginalized or minoritized. We acknowledge this has not always been the case to the extent that it should have been. Our department is in the process of diversifying and creating identity safety for all students.

In keeping with the department's values, I am committed to creating a learning environment that is safe and supportive of your identity and perspective. In addition, I will honor your request to address you by a name and gender pronoun you use (she/he/they/ze, etc). If you need additional support, these are some of the available resources on campus.

Division of Diversity and Community Engagement <https://diversity.utexas.edu/>
 Gender and Sexuality Center <https://diversity.utexas.edu/genderandsexuality/>
 Multicultural Engagement Center <https://diversity.utexas.edu/multiculturalengagement/>

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We welcome ALL students to PSY352. We're going to have a fantastic semester!!

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●●●COURSE CALENDAR●●●

This calendar may be revised!! Updates will be announced on Canvas.
 Modules will be available at least a week ahead of their suggested completion date.

PSY352 Abnormal • Fall 2020 • Dr. Bradbury • bradbury@austin.utexas.edu • Calendar as of 08/17/2020 • **Everything is on Canvas.**

Date	Topics/Modules/EVENTS	Graded Stuff	Materials & Notes
By F Aug 28	Intro to course, syllabus Introductions		Pre-course materials must be complete before accessing Module 1
By F Sept 4	Module 1 Definitions of Abnormality Assessment & Diagnosis	Quiz 1 Journaling 1	Lecture (with slides) Readings & Viewings
By F Sept 11	Module 2 Models & Theories of Abnormal Behavior Ethics	Quiz 2 Journaling 2 Assignment 1 due F Sept 11 by 5:00PM	Lecture (with slides) Readings & Viewings
By F Sept 18	Module 3 Anxiety Disorders	Quiz 3 Journaling 3	Lecture (with slides) Readings & Viewings
By F Sept 25	Module 4 Stress & Coping	Quiz 4 Journaling 4	Lecture (with slides) Readings & Viewings
By F Oct 2	Module 5 Mood Disorders	Quiz 5 Journaling 5	Lecture (with slides) Readings & Viewings
By F Oct 9	Module 6 Psychosis & Schizophrenia	Quiz 6 Journaling 6	Lecture (with slides) Readings & Viewings
By F Oct 16	Module 7 Personality Disorders	Quiz 7 Journaling 7	Lecture (with slides) Readings & Viewings
By F Oct 23	Module 8 Sleep & Dreaming Sleep Disorders	Quiz 8 Journaling 8 Assignment 2 due F Oct 23 by 5:00PM	Lecture (with slides) Readings & Viewings
By F Oct 30	Module 9 Careers in Mental Health	Quiz 9 Journaling 9	Lecture (with slides) Readings & Viewings

	Abnormal Psychology in Medical Settings		
By F Nov 6	Module 10 Abnormal Psychology in Forensic Settings	Quiz 10 Journaling 10	Lecture (with slides) Readings & Viewings
By F Nov 13	Module 11 (bonus) Gender Identity, Sexual Health & Sexual Disorders	Assignment 3 due F Nov 13 by 5:00PM	Lecture (with slides) Viewings: SCTK
By F Nov 20	Module 12 (bonus) Eating Disorders Motivation	Quizzes 1-10 due by this date to count toward your grade! Journaling self-grade due	Lecture (with slides) Viewings: Grad School 101 videos
W Nov 25	Thanksgiving Break Begins		
By F Dec 4	Tentative course grades announced by today	If you're happy with your grade, you're done!	If you're not happy with your grade, participate in Extra Credit Week!
By F Dec 11	Complete bonus module quizzes and additional assignments to pull up your grade by today.	All Extra Credit work is due by F DEC 11 @ 5:00PM	
By F Dec 18	Final Grades submitted to the Registrar		

We're going to have a great semester!! @TheDrBShow