This is your syllabus. Please read it completely and refer to it often.

Welcome to PSY 309!

Personality Psychology • Summer 2021

•••COURSE QUICK FACTS•••

Lectures: Dr. B love in every module!

Readings: Chewy! Mmmm, science. No textbook.

Viewings: Watch Ted talks; Dr. B bonus footage, demos; virtual tours...

Assessment: Module quizzes, a video assignment, self-graded journaling. No exams!

Efficiency: All asynchronous. Paced for summer session at (gulp!) a module every two days.

Buffer: Bonus quizzes to protect your grade in these uncertain times.

Unique #: 82865

Instructor: Kirsten Bradbury, Ph.D.
Email: bradbury@austin.utexas.edu

Watch for opportunities this summer for Zoom Meet & Greet Drop-In's with Dr. B!

Pay attention to the Course Announcements we post on Canvas!

Canvas Announcements are how we communicate with the class as a group and provide you with important information throughout the semester in an ongoing way. If you turn off notifications for Canvas Announcements (we do not recommend this), be sure to check the Announcements page often!!

•••COURSE DESCRIPTION•••

Lecture course covering a range of topics within Personality Psychology, including normal and abnormal development of personality across the life span; a variety of theories of personality and types of personality assessment that trace the history of psychological science; personality disorders from multiple etiological perspectives; and links between personality and other aspects of life, like health and relationships. Students are given the opportunity to try multiple forms of personality self-assessment, from Jung's symbolic analysis of archetypes to Seligman's strengths questionnaires. Using these assessments, students gain knowledge of themselves as well as engage in critical thinking around the development and accuracy of the various instruments. With a supportive pedagogical structure, reasonable workload expectations, and modern delivery, Dr. Bradbury makes it fun to apply the science of psychology to understanding personality.

•••TECHNICAL REQUIREMENTS•••

All students are required to have access to a **laptop** or **desktop computer**, running either *Windows* or *macOS* operating systems. (Tablets, smartphones, and Microsoft Surface devices are not advised or supported for this course.) Your computer should meet the following requirements:

- Modern and up-to-date operating system (macOS or Windows)
- Browser: Chrome (highly recommended), Safari or Firefox (If using Safari or Firefox, be prepared to download Chrome and use it.)
- 5 Mbps internet connection speed (check your speed here)
- Functional webcam and microphone
- Zoom installed and configured

Confirm that your computer is able to stream video by visiting https://www.laits.utexas.edu/tower/tech.php

Technical Support: If you experience a technical problem, click on the "Online Course Tech Support" item in the left-side navigation bar. The Online Course Tech Support chatbot, called "LAITS Bot", will assist with technical problems and can escalate your question to a human if it cannot readily answer your question.

•••COURSE REQUIREMENTS•••

Required Course Materials: All required readings are available online or provided through Canvas. No textbook. Everything you need to participate in the course is on Canvas, including lectures, readings, viewings, course administration materials (syllabus, course calendar), communication from the teaching team (announcements), assignment descriptions and submission, quizzes, grades, etc.

You will complete 10 modules. Each module covers a different topic within Personality Psychology and consists of a lecture and/or additional viewings, readings, a journaling assignment, and a quiz. Additional modules will be made available for optional learning opportunities!

Lectures can be viewed anytime. No required class meetings, neither Zoom nor in person. These are videos of Dr. B teaching the concepts of the class and explaining assignments, often with slides shown within the lecture. Other course materials can also be accessed as you like, on your own schedule.

Quizzes each consist of 10 multiple-choice items. Quizzes cover material from the lecture, readings, and viewings for that module. Quiz questions range from very easy to very difficult and are not all answerable by memorization of material alone or direct reference to it. That is, some items will require *application*, *synthesis*, *interpretation*, *integration*, *or extension* of the material in order to be answered correctly. You will need to understand the material in order to do well on the quizzes, but you will not be under time or memorization pressure when you take them. The quizzes are not timed. You could let your friends "help" you when you take them, but you'll probably get higher grades if you take them on your own.

Journal Assignments are self-graded. You complete an assigned activity or exercise to deepen and extend your understanding of the module topic. At the end of the semester, you assign yourself a journaling grade. (This is on the honor system. You could cheat, but the only person you'd be ripping off is you.)

Video Assignment. You will complete a video assignment to introduce yourself to us and show us some of your understanding of personality psychology, by applying a theory of personality. This assignment will have clear criteria for completing it with a high grade and is designed to allow you to have fun with it and be creative. You submit it to us on Canvas through the Assignment link. You must keep your video to the time limit. Description and due date given on the Canvas Course Assignments Page. We love getting to know you through this assignment!

A note about course pacing: The course is designed to allow you to complete course requirements on your own schedule, without synchronous requirements that could conflict with other responsibilities throughout the week. However, summer courses are very condensed and must be worked on DAILY. The course calendar provides both a suggested schedule for completing the course most comfortably, as well as required deadlines for submitting assignments and completing quizzes. It will be a whirlwind tour but we hope you enjoy the ride!

Course Grades:

300 points total -1/3 quizzes, 1/3 journaling, 1/3 video assignment. Quizzes: We count your best 10 of 12. 10 x quizzes @ 10 points each = 100 points Journal Assignments: You give yourself up to 100 points for your efforts on 10 assignments = 100 points Video Assignment: 100 points

To calculate your course grade, we add together your points earned and <u>divide by three</u>, to yield a percentage score that can be converted to a letter grade according to this chart.

A = 93-100

A-= 90-92 B+= 86-89 B= 83-85 B-= 80-82 C+= 76-79 C= 70-75 D= 60-69 F= <60

Percentage course grades are calculated to two decimal places and rounded to the nearest whole number, such that, for example, the lowest A- is 89.50 (rounds to 90).

•••COVID-19 POLICIES•••

Q: What should I do if I think I might have COVID?

A: The number one priority is for you to take care of yourself and get well. If you are ill, stay home. Avoid people as much as possible. Rest, drink plenty of water, monitor your symptoms, and call the UHS 24-hour Nurse Advice Line at **512-475-6877** for advice about how to get medical care. Get tested: https://www.healthyhorns.utexas.edu/coronavirus_testing.html

Here is the World Health Organization's advice on caring for yourself or someone else with COVID-19 at home:

https://apps.who.int/iris/rest/bitstreams/1292529/retrieve

https://www.who.int/publications/i/item/home-care-for-patients-with-suspected-novel-coronavirus-(ncov)-infection-presenting-with-mild-symptoms-and-management-of-contacts

Put your health and the health of your loved ones first.

We will work with you on any missed work or other academic issues. Always let us know if you are ill or encountering any other COVID-related interference with your performance in this course. We understand how horrible the virus is and how much trouble it can cause in people's lives in a wide variety of ways. We will do anything we can to accommodate your situation, if we know what it is.

What should I do if I don't have COVID but it is messing with my course performance anyway?

Always let us know if you are encountering any interference with your performance in this course, be it directly or indirectly. We understand how horrible the virus is and how much trouble it can cause in people's lives in a wide variety of ways. We will work with you on any missed work or other academic issues. Email us.

•••IMPORTANT NOTICES•••

The University of Texas at Austin provides upon request appropriate academic accommodations for qualified students with disabilities. For more information, contact the Office of the Dean of Students at 471-6259, 471-4641 TTY. We care about all our students' learning abilities. Please let us know if we can improve the learning environment for you or otherwise assist you in achieving the highest level of success you can in this course. If you have accommodations, send us an email to let us know and we will assist you in implementing them for this course.

Title IX Reporting

Title IX is a federal law that protects against sex and gender-based discrimination, sexual harassment, sexual assault, sexual misconduct, dating/domestic violence and stalking at federally funded educational institutions. UT Austin is committed to fostering a learning and working environment free from discrimination in all its forms. When sexual misconduct occurs in our community, the university can:

- 1.Intervene to prevent harmful behavior from continuing or escalating.
- 2. Provide support and remedies to students and employees who have experienced harm or have become involved in a Title IX investigation.
- 3. Investigate and discipline violations of the university's relevant policies.

Under Senate Bill 212 (SB 212), the professor and TAs for this course are <u>required</u> to report for further investigation any information they receive concerning incidents of sexual harassment, sexual assault, dating violence, and stalking committed by or against a UT student or employee. Federal law and university policy also requires reporting incidents of sex- and gender-based discrimination and sexual misconduct (collectively known as Title IX incidents). This means we cannot keep confidential information about any such incidents that you share with us. If you need to talk with someone who can maintain confidentiality, please contact University Health Services (512-471- 4955 or 512-475-6877) or the UT Counseling and Mental Health Center (512-471-3515 or 512-471-2255). We strongly urge you to make use of these services for any needed support.

Diversity Statement

The Department of Psychology values the richness and open dialogue that diversity brings to our community. Diversity refers to individual differences that broadly include ability, age, culture, ethnicity, gender, nationality, race, religion, sexual orientation, and socioeconomic status. We appreciate that diversity enriches both the departmental social climate and the scope and depth of the department's research mission.

As a department, we are fully committed to a journey of inclusion and justice for all students from groups that are marginalized or minoritized. We acknowledge this has not always been the case to the extent that it should have been. Our department is in the process of diversifying and creating identity safety for all students.

In keeping with the department's values, I am committed to creating a learning environment that is safe and supportive of your identity and perspective. In addition, I will honor your request to address you by a name and gender pronoun you use (she/he/they/ze, etc). If you need additional support, these are some of the available resources on campus.

Division of Diversity and Community Engagement https://diversity.utexas.edu/
Gender and Sexuality Center https://diversity.utexas.edu/genderandsexuality/
Multicultural Engagement Center https://diversity.utexas.edu/multiculturalengagement/

We welcome <mark>ALL students to PSY309. We're going, to have a</mark> fantastic summer session

See course calendar, below!

•••COURSE CALENDAR•••

PSY309 Personality • SUMMER 2021 • Dr. Bradbury • bradbury@austin.utexas.edu • Calendar as of 06/01/2021 • Everything is in Canvas.

Week by Week	Recommended Pacing of Modules	Required Deadlines!
Now	Module 0. Intro to course, Dr. B, Syllabus	Module 0 must be completed before accessing Module 1.
Th June 3 –	Module 1. The Riddle of Personality	Quizzes 1 & 2 – due W Jun 9; available until W Jun 16*
W June 9	Module 2. Personality Tests: Ethics & Methods	Journaling Activities 1 & 2 – complete on your own by W Jun 9
Th Jun 10 –	Module 3. Freudian Personality Theory	Quizzes 3 & 4 – due W Jun 16; available until W Jun 23*
W June 16	Module 4. Jung & the Myers-Briggs	Journaling Activities 3 & 4 – complete on your own by W Jun 16
Th Jun 17 –	Module 5. Maslow & Humanism	Quizzes 5 & 678 – due W Jun 23; available until W Jun 30*
W June 23	Module 678. The Big 5 Catch-Up Module	Journaling Activities 5 & 678 – complete on your own by W Jun 23
Th Jun 24 –	Module 9. Individual Differences in Personality	Video Assignment due M Jun 28; available until W Jun 30*
W June 30	Module 10. Positive Psychology & Personality	Quizzes 9 & 10 – due W Jun 30 available until W Jul 7*
		Journaling Activities 9 & 10 – complete on your own by W Jun 30
Th Jul 1 -	Bonus: Module 11. Personality Disorders	Quizzes 11 & 12 – due M Jul 5; available until W Jul 7*
W Jul 7	Bonus: Module 12. Personality & Health	Journaling Activities 11 & 12 – complete on your own by M Jul 5
		Journaling self-grade for all journaling activities due M July 5; available until W July 7*

*There are NO PENALTIES for quizzes or assignments submitted on Canvas after the "due" date but before the "available until" deadline.

Enjoy the course!