

LARRY BROWNSTEIN, Ph. D.

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Present Positions: Licensed Psychologist with the Center for Rational Living –
Austin, Texas

Senior Lecturer, University of Texas at Austin

Education:

B.S. May, 1967 – University of Houston
Major: Psychology; Minor: Philosophy, English

M.A. August, 1968 – University of Oklahoma
Major: Counseling; Minor: Educational Admin.

Ph.D. May, 1977 – University of Texas at Austin
Counseling Psychology

Work Experiences:

1987 to present Licensed Psychologist, Center for Rational Living

Position Functions: individual and family therapy using RET and other therapeutic methods; specializing in clients who are having difficulty with anger, guilt, depression or high anxiety or difficulties with communication, sexuality or sexual identity.

1988 to present Senior Lecturer, University of Texas at Austin

Position Functions: full teaching and administrative responsibilities for classes of "Human Sexuality and Relationships."

1979 to 1985 Trainer/Consultant, James Bowman and Associates

Position Functions: developed and presented training programs in the areas of counseling skills and sexuality for family planning providers across the states of Texas and Louisiana. Program content included achieving comfort with sexuality counseling skills, value clarification and communication skills.

1978 to 1985 Director of Counseling and Clinic Services Planned Parenthood of Austin - Position Functions: Administratively responsible for all counseling and in-house educational programs. Personally responsible for provision of all problem counseling cases and sexual problem screening/ short term counseling.

Publication:

Dissertation: Anger and Frustration Related to Cognitive Evaluation, 1977

"Anger and Frustration Related to Cognitive Evaluation," Journal of Rational Living, Spring 1981, Vol. 16, No.1.

Some Presentations:

"How to Communicate Rationally with Friends and Family," to the Ethical Society of Austin. September, 2000

"Trauma Brain Injury: Challenges for Intimacy and Sexuality" to case managers and direct care givers of brain injured. San Marcos, Texas; April, 2001.

"Anger Management Using RET Cognitive Restructuring." To the Ninth Annual RET workshop at the University of Texas, 1982

Some Training Experiences:

"Reality Therapy in Action," with William Glasser; completed 2000.

"Logotherapy, Psychology, Spirituality, and Ethics," presented by the Victor Frankle Institute of Logotherapy; completed 1999.

"Love and Relationships," with Sam Keen; completed 1997.

"Workshop on Clinical Hypnosis," presented by the American Society of Clinical Hypnosis; completed 1994.

"The Humor Option," presented by Mental Health Association of Austin and Christian Hagesth, M.D.; completed 1987.

"Special Problems in the Practice of RET," with Albert Ellis; completed 1982.

"Primary Certificate Program in RET," with Albert Ellis, Richard Wessler, Virginia Waters and William Golden of the RET Institute; completed 1979.

"New Advances in RET," with Albert Ellis; completed 1978.

"Treatment of Sexual Inadequacies," with Masters and Johnson and Koladny at Masters and Johnson Institute; one week training; completed 1978.

"Sexuality and Adolescents," with Sol Gordon; completed 1977.

"Human Sexuality, Marital and Family Therapy," with Albert Ellis; completed 1975.

"Rational-Emotive Therapy," with Albert Ellis; completed 1974.