

This is your syllabus. Please read it completely and refer to it often.

Welcome to PSY 309! • Personality Psychology • 1st Summer Session 2023

Instructor: Kirsten Bradbury, Ph.D.

Email: bradbury@austin.utexas.edu

Watch for opportunities for livestreamed Q&A's with Dr. B!

Teaching Assistants (TA's) Names and Emails and office hours information (Zoom) to be announced in the first week of class.

Pay attention to the Course Announcements we post on Canvas! Be sure you are receiving notifications of these announcements. This is how we communicate with the class and provide you with important information throughout the semester in an ongoing way.

- **COURSE DESCRIPTION** • Lecture course covering a range of topics within Personality Psychology, including normal and abnormal development of personality across the life span; a variety of theories of personality and types of personality assessment that trace the history of psychological science; personality disorders from multiple etiological perspectives; and links between personality and other aspects of life, like health and relationships. Students are given the opportunity to try multiple forms of personality self-assessment, from Freud's symbolic analysis of dreams to Seligman's strengths questionnaires. Using these assessments, students gain knowledge of themselves as well as engage in critical thinking around the development and accuracy of the various instruments. With a supportive pedagogical structure, reasonable workload expectations, and modern delivery, Dr. Bradbury makes it fun to apply the science of psychology to understanding your personality.
- **TECHNICAL REQUIREMENTS** •

All students are required to have access to a **laptop** or **desktop computer**, running either **Windows** or **macOS** operating systems. (Tablets, smartphones, and Microsoft Surface devices are not advised or supported for this course.) Your computer should meet the following requirements:

- Modern and up-to-date operating system (macOS or Windows)
- Browser: Chrome (highly recommended), Safari or Firefox (If using Safari or Firefox, be prepared to [download Chrome\(Links to an external site.\)](#) and use it.)
- 5 Mbps internet connection speed ([check your speed here\(Links to an external site.\)](#))
- Functional webcam and microphone
- Zoom installed and configured

Confirm that your computer is able to stream video by visiting <https://www.laits.utexas.edu/tower/tech.php> ([Links to an external site.](#))

Technical Support: If you experience a technical problem, click on the "Online Course Tech Support" item in the left-side navigation bar. The Online Course Tech Support chatbot, called "LAITS Bot", will assist with technical problems and can escalate your question to a human if it cannot readily answer your question.

- **COURSE REQUIREMENTS** •

Required Course Materials: All required readings are available online or provided through Canvas. No textbook. Everything you need to participate in the course is on Canvas, including lectures, readings, viewings, course administration materials (syllabus, course calendar), communication from the teaching team (announcements), assignment descriptions and submission, quizzes, grades, etc.

The course is divided into 12 modules. Each module covers a different topic within Personality Psychology and consists of a lecture and/or additional viewings, readings, a free-writing/journaling assignment, and a quiz.

Lectures can be viewed anytime. No required class meetings, neither Zoom nor in person. These are videos of Dr. B teaching the concepts of the class and explaining assignments, often with slides shown within the lecture. Other course materials can also be accessed as you like, on your own schedule.

Quizzes each consist of 10 multiple-choice items. Quizzes are "open notes/open book" and cover material from the lectures, readings, and viewings for that module. Quiz questions range from very easy to very difficult and are not all answerable by memorization of material alone or direct reference to it. That is, some items will require *application, synthesis, interpretation, integration, or extension* of the material in order to be answered correctly. You will need to understand the material in order to do well on the quizzes, but you will not be under time or memorization pressure when you take them. The quizzes are not timed. You could even let your friends "help" you when you take them, but you'll probably get higher grades if you take them on your own!

Free Writing/Journaling Assignments are self-graded. You complete an assigned activity or exercise to deepen and extend your understanding of the module topic, write about the topic, and assign yourself a grade for that writing assignment. (This is on the honor system. You could cheat, but these assignments are so fun you won't want to cheat yourself out of doing them!)

2 Video Assignments comprise a major part of your grade. You will complete two brief videos, one to introduce yourself and the other applying a theory of personality to real life. These assignments have clear criteria for completing them with a high grade and are designed to allow you to have fun with them and be creative. You submit them to us on Canvas through the Assignment link. You must keep your videos to the time limit and use a supported file type. Detailed descriptions and due dates are given on the Canvas Course Assignments Page. You must hand in your videos on or near their due dates because we need time to watch and grade them all!

A note about course pacing: The course is designed to allow you to complete course requirements on your own schedule, without synchronous requirements that could conflict with other responsibilities throughout the week. However, it does take some hours. *If you like a condensed pace, Summer Session is for you!* **Modules are intended to be worked on at a pace of one module about EVERY TWO DAYS (excluding weekends and some holidays)!!!**

Modules include several hours of materials (lectures, readings, online exercises) as well as a quiz and writing assignment. AND you have two video assignments to complete with firm due dates. The **course calendar** provides both a suggested schedule for completing the course most comfortably, as well as deadlines for submitting all required work.

Course Grades:

300 points total

Quizzes: We count your best 10 of 12. 10 x quizzes @ 10 points each = 100 points

Module Writing Assignments: You give yourself up to 10 points for each assignment. We count your best 10 of 12 = 100 points

2 Video Assignments: 2 @ 50 points each = 100 points

To calculate your course grade, we add together your points earned and divide by three, to yield a percentage score that can be converted to a letter grade according to this chart.

A = 93-100

A- = 90-92

B+ = 86-89

B = 83-85

B- = 80-82

C+ = 76-79

C = 70-75

D = 60-69

F = <60

Percentage course grades are calculated to two decimal places and rounded to the nearest whole number, such that, for example, the lowest A- is 89.50 (rounds to 90).

Extra Credit: There will be no EC work assigned at the end of the summer session (there isn't time). However, we usually assign opportunities for an EC point once or twice during the session. EC points do not count toward your final grade in terms of your Canvas Total (this would bring the course points over 300, which is math we don't like to do). Instead, we use these points to represent extra participation on your part -- if at the end of the term, your grade is on the borderline with the next highest grade (i.e., within less than 3 course points, i.e., less than one grade point), **and** we see you completed the EC points, we can give your grade that tiniest bump. Our goal is to keep your summer sunny. Work with us!

•IMPORTANT NOTICES•

The University of Texas at Austin provides upon request appropriate academic accommodations for qualified students with disabilities. For more information, contact the Office of the Dean of Students at 471-6259, 471-4641 TTY. We care about all our students' learning abilities. Please let us know if we can improve the learning environment for you or otherwise assist you in achieving the highest level of success you can in this course. If you have accommodations, send us an email to let us know and we will assist you in implementing them for this course.

Title IX Reporting

Title IX is a federal law that protects against sex and gender-based discrimination, sexual harassment, sexual assault, sexual misconduct, dating/domestic violence and stalking at federally funded educational institutions. UT Austin is committed to fostering a learning and working environment free from discrimination in all its forms. When sexual misconduct occurs in our community, the university can:

1. Intervene to prevent harmful behavior from continuing or escalating.
2. Provide support and remedies to students and employees who have experienced harm or have become involved in a Title IX investigation.
3. Investigate and discipline violations of the university's relevant policies.

Under Senate Bill 212 (SB 212), the professor and TAs for this course are **required** to report for further investigation any information they receive concerning incidents of sexual harassment, sexual assault, dating violence, and stalking committed by or against a UT student or employee. Federal law and university policy also requires reporting incidents of sex- and gender-based discrimination and sexual misconduct (collectively known as Title IX incidents). **This means we cannot keep confidential information about any such incidents that you share with us. If you need to talk with someone who can maintain confidentiality, please contact** University Health Services (512-471- 4955 or 512-475-6877) or the UT Counseling and Mental Health Center (512-471-3515 or 512-471-2255). We strongly urge you to make use of these services for any needed support.

Diversity Statement

The Department of Psychology values the richness and open dialogue that diversity brings to our community. Diversity refers to individual differences that broadly include ability, age, culture, ethnicity, gender, nationality, race, religion, sexual orientation, and socioeconomic status. We appreciate that diversity enriches both the departmental social climate and the scope and depth of the department's research mission.

As a department, we are fully committed to a journey of inclusion and justice for all students from groups that are marginalized or minoritized. We acknowledge this has not always been the case to the extent that it should have been. Our department is in the process of diversifying and creating identity safety for all students.

In keeping with the department's values, I am committed to creating a learning environment that is safe and supportive of your identity and perspective. In addition, I will honor your request to address you by a name and gender pronoun you use (she/he/they/ze, etc). If you need additional support, these are some of the available resources on campus.

Division of Diversity and Community Engagement <https://diversity.utexas.edu/> (Links to an external site.)

Gender and Sexuality Center <https://diversity.utexas.edu/genderandsexuality/> (Links to an external site.)

Multicultural Engagement Center <https://diversity.utexas.edu/multiculturalengagement/> (Links to an external site.)

We welcome ALL students to PSY309. We're going to have a fantastic semester!!

Course Calendar (subject to change): **Be sure to read your Canvas Announcements**

Please, keep up the pace we recommend in this Calendar: Summer Classes Move FAST!

Day by Day

DO THIS

Due Dates!

5/31

Module 0. Complete pre-class activities

Module 0 must be completed before accessing Module 1.

6/1	Module 1. The Riddle of Personality	Module 1 assignments are late (with no penalty) after 6/2 but available until 7/5
6/2	Complete Journaling Activity 1 and Quiz 1	
6/5	Module 2. Ethics and Psychometrics	Module 2 assignments are late (with no penalty) after 6/6 but available until 7/5
6/6	Complete Journaling Activity 2 and Quiz 2	
6/7	Module 3. Freudian Personality Theory	Module 3 assignments are late (with no penalty) after 6/8 but available until 7/5
6/8	Complete Journaling Activity 3 and Quiz 3	
6/9	Module 4. Jung & the Myers-Briggs	Module 4 assignments are late (with no penalty) after 6/12 but available until 7/5
6/12	Complete Journaling Activity 4 and Quiz 4	
		Video Assignment #1 due M 6/12 by 8PM (available until W 6/14 at 8pm)
6/13	Module 5. Maslow & Humanism	Module 5 assignments are late (with no penalty) after 6/14 but available until 7/5
6/14	Complete Journaling Activity 5 and Quiz 5	
6/15	Module 678. The Big 5 Mega Module	Module 678 assignments are late (with no penalty) after 6/16, available until 7/5
6/16	Complete Journaling Activity 678 and Quizzes 678	

6/20	Module 9. Positive Psychology & Personality	Module 9 assignments are late (with no penalty) after 6/22 but available until 7/5
6/21	Complete Journaling Activity 9 and Quiz 9	
6/22	Module 10. Individual Differences in Personality	Module 10 assignments are late (with no penalty) after 6/24 but available until 7/5
6/23	Complete Journaling Activity 10 and Quiz 10	
6/26	Module 11. Big Personalities in Psychology: Loftus, Pennebaker, and Dwek	Module 11 assignments are late (with no penalty) after 6/28 but available until 7/5
6/27	Complete Journaling Activity 11 and Quiz 11	Video Assignment #2 due M 6/26 by 8PM (available until W 6/28 at 8pm)
6/28	Module 12. Social & Personality Factors in Health	Module 12 assignments are late (with no penalty) after 6/30 but available until 7/5
6/29	Complete Journaling Activity 12 and Quiz 12	
6/30	Wrap it Up!! All assignments must be completed by 5:00PM on the last class day, W July 5. There is no Final Exam. NO extensions are possible during Summer (there really isn't any extra time to give you!)	ALL JOURNALING ASSIGNMENTS AND ALL QUIZZES CLOSE W 7/5 @ 8:00PM
7/5		