

CURRICULUM VITAE**Aaron B. Rochlen**

Professor

Counselor Education/Counseling Psychology

Department of Educational Psychology

University of Texas at Austin

1 University Station: D5800

I. BIOGRAPHICAL INFORMATION**A. EDUCATION**

University of Maryland at College Park	Ph.D.	2000	Counseling Psychology
University of Maryland at College Park	M.A.	1997	Counseling Psychology
University of Michigan at Ann Arbor	B.A.	1992	Psychology/Spanish

LICENSURE

Completed psychology licensure requirements in Texas, December, 2002

B. PROFESSIONAL EXPERIENCE

Clinical Professor Department of Educational Psychology The University of Texas at Austin	2021 (August – Present)
Full Professor Department of Educational Psychology The University of Texas at Austin	2012 -2021
Training Director Counseling Psychology Program The University of Texas at Austin	2013 – 2018
Chief Academic Information Officer College of Education The University of Texas at Austin	2012 - 2013
Associate Professor Department of Educational Psychology The University of Texas at Austin	2006 - 2012
Program Chair/M.Ed. Program Counselor Education Department of Educational Psychology The University of Texas at Austin	2007 - 2011
Assistant Professor Department of Educational Psychology The University of Texas at Austin	2000-2006

Psychology Intern
 University Counseling Center 1999-2000
 George Washington University, Washington D.C.

C. PROFESSIONAL MEMBERSHIPS

American Psychological Association
 APA Division 17 Counseling Psychology (Awarded Fellow Status – August 2016)
 APA Division 51 Men and Masculinity (Awarded Fellow Status – August 2016)

II. RESEARCH, PUBLICATIONS, AND OTHER SCHOLARLY ACTIVITIES

Overview of Research Program

As a tenure-track faculty my research primarily focused on men and masculinity, with a particular emphasis on men's mental health, gender roles, and help-seeking patterns. I initiated research to address help-seeking alternatives, non-traditional work/career roles, men and depression, and engaging men as partners in healthy prenatal health care. I've also conducted research documenting the negative physical and psychological consequences (e.g., depression, anxiety, relationship problems) associated with adherence to the traditional male role. I've also had several students with interests in gay men's mental health, with several students initiating work on the construct of heterophobia (including an instrument development project).

I've also conducted research on the use and application of technology within the practice of psychotherapy. I've co-published an instrument of attitudes toward online counseling services and have used this measure related studies. An emerging research interest is in the area of social media usage among health care professionals, including the relevant ethical considerations in navigating social media with clients. Earlier in my career, I published research in the areas of career counseling and the use of dreams in therapy.

Several of my articles have been published in the APA Journal, *Psychology of Men and Masculinity*. In 2009, via an independent, peer-reviewed article (Wong et al., 2010), I was identified as the top contributor to this journal (based on total published articles). In an earlier peer-reviewed APA presentation, I was identified as one of the 10 most productive scholars in Counseling Psychology (Goodyear et al., 2008).

My research has been featured on the UT home page three times. These stories which have received significant national attention have been archived and are reviewable at:

2012 http://www.utexas.edu/features/2012/01/09/faculty_dads/ (Male Work/Family Conflict)
 2008 <http://www.utexas.edu/features/2008/index.html> (Stay-at-Home Fathers)
 2005 <http://www.utexas.edu/features/archive/2005/mental.html> (Men and Depression)

A. Books

Rochlen, A. B., & Rabinowitz, F. (2014). *Breaking Barriers in Counseling Men: Insights and Innovations*. Routledge Publishing. New York, New York.

This edited book includes personal and engaging contributions from nationally recognized scholars and clinicians with in the psychological treatment needs of men. For many years men's under-utilization of psychological help support services has been well documented. Further, many authors have emphasized the lack of fit between the traditional practice of psychotherapy and the culture surrounding traditional masculinity, of which most boys and men have been influenced. The focus of the book addresses this issue, by providing clear descriptions of "outside the box" approaches that

arguably have greater appeal and effectiveness for a greater number of men in need of help. The chapters are divided into three sections: Approaches, Modalities, and Special Populations. Chapter contributors share their own personal paths as clinicians including their successes, struggles that have led them to their recommended clinical guidelines.

Rochlen, A. B. (2007). *Applying Counseling Theories* (with accompanying interactive website). Prentice-Hall. Columbus, Ohio. (269 pages)

This book and supplemental materials focuses on the application of counseling theories in a range of counseling settings. The book and supplemental materials provide students with a unique and missing component to the current counseling textbook options, namely a user-friendly guide for how therapists bridge the gap between learning and applying theory. This project is unique in that the book and website are used together and include simulated material that students can use to practice applying the theories. After reviewing each case, students have the opportunity to review how experts, representing the different theoretical approaches, and the authors to the chapters responded to the same set of questions. The book and supplemental materials are intended for undergraduates, masters, and doctoral students in counseling or counseling theories courses.

B. Book Chapters

Rochlen, A. B., & McKelley, R. S. (2015). Furthering Fatherhood: What we know and what we need to know. In J. Wong and S. Wester (Eds.). *Handbook of the Psychology of Men and Masculinity* (pp. 525-549). APA Publications: Washington, D.C.

Provence, M. & Rochlen, A. (2017). Sexual orientation dynamics in group therapy. In K. Nadal (Ed.), *The SAGE encyclopedia of psychology and gender* (Vol. 4, pp. 1544-1545). Thousand Oaks, CA: SAGE Publications Ltd. doi: 10.4135/9781483384269.n

Rochlen, A. B., (2011). What clients talk about and what they don't. In J. Carlson & J. Kotler (Eds.). *Duped: Lies and deception in psychotherapy* (pp. 91-98). Routledge: NY, NY.

Hill, C. E., & Rochlen, A. B. (2009). Working with dreams: A Cognitive-Experiential Model. In S. Krippner (Ed.). *Perchance to dream: The frontiers of dream psychology* (pp. 71-80). Nova Science Publishers, Inc: NY, NY.

Rochlen, A. B., & McKelley, R. (2009). Working therapeutically with stay-at-home fathers. In C. Z. Oren & D. C. Oren's (Eds.). *Counseling fathers: Practical, theoretical, and cultural perspectives*. (pp. 207-230). Routledge: NY, NY.

Wong, Y. J., & Rochlen, A. B. (2008). Re-envisioning Men's Emotional Lives: Stereotypes, Struggles, and Strengths. In S. Lopez (Ed.). *The positive psychology perspective series* (pp. 149-165). Greenwood Publishing Group. Westport, CT:

Hill, C. E., & Rochlen, A. B. (2006). Trabajo con sueños: Un Modelo Experimental Cognitivo. In S. Krippner and R. Andwandter (Eds.). *El Lenguaje de la Noche*. (pp. 149-158). RIL Editores: Providencia, Santiago de Chile.

Rochlen, A. B. (2004). Using dreams to work with male clients In C. Hill (Ed.). *Dream work in therapy: Facilitating exploration, insight, and action*. (pp. 187-202). American Psychological Association: Washington, DC.

Hill, C. E., & Rochlen, A. B. (2004). The Hill Cognitive-Experiential Model of Dream Interpretation. In R. Rosner, W. Lyddon, and A. Freeman (Eds.). *Cognitive Therapy and dreams*. (pp. 75- 89). Springer Books: NY, NY.

- Rochlen, A. B. (2000) Brief review of the attitudes toward career counseling scale (ATCCS). In J. Maltby and C. A. Lewis (Eds.). *A handbook of psychological tests* (785-788). Edwin Mellen Press: Wales, UK.
- Rochlen, A. B., & Hill, C. E. (1999). Exploring a terrifying dream. In S. Krippner and M. Waldman (Eds.). *Dreamscaping* (pp. 56-68). Agoura, CA: Roxbury Park/Lowell.
- Hill, C. E., & Rochlen, A. B. (1999). A cognitive-experiential model for working with dreams in psychotherapy. In L. Vandekreek and T. Jackson (Eds.), *Innovations in clinical practice: A sourcebook* (467-480). Sarasota, FL: Professional Resource Press.

C. Articles

- Caporale-Berkowitz, N. A., Boyer, B. P., Lyddy, C. J., Good, D. J., Rochlen, A. B., Parent, M. C. (2021). Search Inside Yourself: Investigating the Effects of a Widely Adopted Mindfulness-At-Work Development Program. *International Journal of Workplace Health Management*, 14(6), 593-604.
- Nadeau, M. N., Caporale-Berkowitz, N., Rochlen, A. B. (2021). Improving self-compassion through an online program. A randomized controlled trial. *Journal of Counseling & Development*, 99, 47-57
- Knox, S., Rochlen, A.B., Connelly, J., Clinton, N., Butler, M., Lineback, S. (2020). How therapists navigate Facebook with clients. *Training and education in professional psychology*, 14(4), 265-276.
- Nadeau, M. N., Rochlen, A. B., & Tyminski, R. (2019). The psychology of shoplifting: Development of a New Typology for Repeated Shoplifting. *International journal of offender therapy and comparative criminology*, 63 (13), 2338-2355
- Provence, M., Parent, M. C., Rochlen, A.B., & Chester, M. (2019). Development of the Gay Male Heterophobia Scale. *Psychology of Men and Masculinity*, 20(1), 44-54
- Parent, M. C., Gobble, T. D., & Rochlen, A. B. (2019). Social media behavior, toxic masculinity, and depression. *Psychology of Men and Masculinity*, 20, 3, 277-287
- Nadeau, M. M., & Rochlen, A. B. (2018). Adaptive mechanisms of self-compassion in predicting depression symptoms. *Mindfulness & Compassion*, 3, 77-102.
- Reilly, E. D., Awad, G., Kelly, M. M., & Rochlen, A. B. (2018). The relationship among stigma consciousness, perfectionism, and mental health in engaging and retaining STEM women. *Journal of Career Development*, 46, 4, 440-454.
- Mackert, M., Guadagno, M., Lazzard, A., Donovan, E., Rochlen, A., Garcia, A., Damasio, M. J., and Crook, B. (2018). Engaging Men in Prenatal Health via eHealth: Findings from a National Survey. *JMIR Pediatrics and Parenting*. (2) 1, e7. *JMIR Pediatrics and Parenting*
- Scheinfeld, D. E., Rochlen, A. B., Russell, M. L. (2017). The Intersection of Masculinity and Outward Bound Programming on Psychosocial Functioning for Male Military Veterans. *Psychology of Men and Masculinity*, 18 (4), 400-408.
- Mackert, M., Donovan, E. Lazard, A. J., Guadagno, M. A., Garcia, A. A., Rochlen, A. B., & Damasio, M. J. (2017). Engaging Men in Prenatal Health Promotion: A Pilot Evaluation of Targeted e-Health Content. *American Journal of Men's Health*, 1 (3), 719-725.

- Nadeau, M. M., Balsan, M. J., Rochlen, A. B. (2016). Men's depression: Endorsed experiences and expressions. *Psychology of Men and Masculinity*, 17(4), 328-335.
- Chester, M. Sinnard, M. T., Rochlen, A. B., Nadeau, M. M., Balsan, M., & Provence, M. (2016). Gay Men's Experiences Coming Out Online: A Qualitative Study. *Journal of Gay and Lesbian Social Services*, 28(4), 317-335.
- Provence, M., Rochlen, A. B., Chester, M., & Smith, E. (2014). "Just one of the guys": A qualitative study of gay men's experiences in mixed-sexual orientation men's groups. *Psychology of Men and Masculinity*.
- Reilly, E. D., Rochlen, A. B., & Awad, G. (2014). Men's self-compassion and self-esteem: The moderating roles of shame and masculine norm adherence. *Psychology of Men and Masculinity*.
- Kravitz, R. L., Epstein, R. M., Bell, R. A., Rochlen, A. B., Duberstein, P., Riby, C. H., Caccamo, A. F., Slee, C. K., Cipri, C. S., & Paterniti, D. A., (2013). An academic-marketing collaborative to promote depression care: A tale of two cultures. *Patient Education in Counseling*, 90 (3), 411-419.
- Guadagno, M. A, Mackert, M & Rochlen, A. B. (2013). Improving prenatal health: Setting the agenda for increased male involvement. *Journal of Men's Health*, 7(6), 523-526
- Wade, C. J. & Rochlen, A. B. (2013). Masculinity, Identity, and the Health and Well-Being of African American Men. *Psychology of Men and Masculinity*, 14(1) 1-6.
- Dunn, M. G., Rochlen, A. B., & O'Brien, K. B. (2013). Employee, mother, and partner: An exploratory investigation of working women with stay at home fathers. *Journal of Career Development*. 40 (1) 3-22.
- Kearney, L. K., & Rochlen, A. B. (2012). Mexican American and Caucasian University Men's Experience of Sexual Harassment: A preliminary report. *Psychology of Men and Masculinity*. 13 (3) 264-269.
- Reddick, R. J, Rochlen, A. B., Grasso, J., Reilly, E., & Spikes, D. D. (2012). Academic fathers pursuing tenure: A qualitative study of work-family conflict, coping strategies, and departmental culture. *Psychology of Men and Masculinity*, 13(1), 1-15.
- Kravitz, R. L., Paterniti, D. A., Epstein, R. M., Rochlen, A. B., Bell, R. A., & Cipri, C., Fernandez y Garcia, E. Feldman, M. D., & Duberstein, P. (2011). Relational barriers to depression help-seeking in primary care. *Patient Education in Counseling*, 82(2) 207-213.
- O'Loughlin, R. E., Duberstein, P. R., Veazie, P. J., Bell, R. A., Rochlen, A. B., Fernandez y Garcia, E., & Kravitz, R. L. (2011). Role of the Gender-Linked Norm of Toughness in the Decision to Engage in Treatment or Depression. *Psychiatric Services*, 62(7) 740-746.
- Scheinfeld, D. E., Rochlen, A. B., & Buser S. J, (2011). Adventure Therapy: A supplementary group therapy approach for men. *Psychology of Men and Masculinity* 12(2), 188-194.
- Land, L., Rochlen, A. B., & Vaughn, B. (2011). Correlates of adult attachment avoidance: Men's avoidance of intimacy in romantic relationships. *Psychology of Men and Masculinity* 12(1), 64-76.
- Epstein, R. M., Duberstein, P. R., Feldman, M. D., Rochlen, A. B., Bell, R. A., Kravitz, R. L., Cipri, C., Becker, J. D., Bamonti, P. M., & Paterniti, D. A., (2010) "I didn't know what was wrong:" How people with undiagnosed depression recognize, name and explain their distress. *Journal of General*

Internal Medicine, 25(9), 954-961.

- Rochlen, A. B., McKelley, R. A., & Whittaker, T. W. (2010). Stay-at-home fathers' reasons for entering the role and stigma experiences: A preliminary report. *Psychology of Men and Masculinity*, 11(4), 7-14.
- Rochlen, A. B., Paterniti, D. A., Epstein, R. M., Duberstein, P. R., Willeford, L. C., & Kravitz, R. L. (2010). Barriers in diagnosing and treating men with depression: A focus group report. *American Journal of Men's Health*, 4(2), 167-175.
- Bell, R. A., Paterniti, D. A., Azari, R., Duberstein, P. R., Epstein, R. M., Rochlen, A. B., Johnson, M. D., Orrange, S. E., Slee, C., & Kravitz, R. L., (2010). Encouraging patients with depressive symptoms to seek care: A mixed methods approach to message development. *Patient Education and Counseling*, 78(2), 198-205.
- McKelley, R. A., & Rochlen, A. B. (2010). Conformity to masculine role norms and preferences for therapy or executive coaching. *Psychology of Men and Masculinity*, 11(1), 1-14.
- Petsch, P., & Rochlen, A. B. (2009). Children of incarcerated parents: Implications for school counselors. *Journal of School Counseling*, 7(40), retrieved from <http://www:jsc.montant.edu/articles/v7n40.pdf>.
- Hobza, C. L., & Rochlen, A. B. (2009). Gender role conflict, drive for muscularity, and the impact of ideal media portrayals on men. *Psychology of Men and Masculinity*, 10(2), 120-130
- Wong, Y. J., & Rochlen, A. B., (2009). The potential benefits of expressive writing for male college students with varying degrees of restrictive emotionality. *Psychology of Men and Masculinity*, 10(2), 149-159.
- Rochlen, A. B., Good, G. E., Carver, T. A., (2009). Predictors of gender-related barriers, work, and life satisfaction among men in nursing. *Psychology of Men and Masculinity*, 10(1), 44-56.
- Rew, L., Rochlen, A. B., Murphey, C. (2008). Health Educators' Perceptions of a Sexual Health Intervention for Homeless Adolescents. *Patient Education and Counseling*, 72, 71-77.
- Wendlandt, N., & Rochlen, A. B. (2008). Addressing the College to Work Transition: Implications for University Career Counselors. *Journal of Career Development*, 35, 129-150.
- Rochlen, A. B., Suizzo, M., McKelley, R. A., & Scaringi, V. (2008). "I'm just providing for my family:" A qualitative study of stay-at-home fathers. *Psychology of men and masculinity*, 9(4), 193-206.
- Rochlen, A. B., McKelley, R. A., Suizzo, M., & Scaringi, V. (2008). Predictors of relationship satisfaction, psychological well-being, and life satisfaction among stay-at-home fathers. *Psychology of Men and Masculinity*, 9(1), 17-28.
- McKelley, R., & Rochlen, A. B. (2007). The Practice of Coaching: Exploring Alternatives to Therapy for Counseling Resistant Men. *Psychology of Men and Masculinity*, 8(1), 53-65.
- Mahalik, J. R., & Rochlen, A. B. (2006). Men's likely coping responses to clinical depression: What are they and do masculinity norms predict them? *Sex Roles*, 55, 659-667.
- Wong, Y. J., Pituch, K., & Rochlen, A. B. (2006). Men's Restrictive Emotionality: An Investigation of Associations with Other Emotion-Related Constructs, Underlying Dimensions, and Anxiety. *Psychology of Men and Masculinity*, 7(2) 113-126.
- Rochlen, A. B., McKelley, R., & Pituch, K. (2006). A preliminary examination of the Real Men. Real Depression campaign. *Psychology of Men and Masculinity*, 7(1), 1-13.

- Rochlen, A. B., & Hill, C. E. (2005). Gender role conflict and the process and outcome of dream work with men. *Dreaming*, 15(4), 227-239.
- Rochlen, A. B., Whilde, M. R., & Hoyer, W. D. (2005). Real Men. Real Depression: Overview, theoretical implications, and research considerations. *Psychology of Men and Masculinity*, 6(3), 186-194.
- Mallen, M. J., Vogel, D. L., & Rochlen, A. B. (2005). The Practical Aspects of Online Counseling: Ethics, Training, Technology, and Competency. *The Counseling Psychologist*, 33, 776-818.
- Mallen, M. J., Vogel, D. L., Rochlen, A. B., & Day, S. X. (2005). Online Counseling: Reviewing the literature from a counseling psychology framework: *The Counseling Psychologist*, 33, 819-871.
- Liu, W. M., Rochlen, A. B., & Mohr, J. J. (2005). Real and Ideal Gender Role Conflict: Exploring Psychological Distress Among Men. *Psychology of Men and Masculinity*, 6(2), 137-148.
- Rochlen, A. B. (2005). Introduction: Men in (and out) of therapy: New directions and remaining challenges. *Journal of Clinical Psychology*, 61, 627-631.
- Rochlen, A. B., & Hoyer, W. D. (2005). Marketing Mental Health to Men: Theoretical and practical considerations. *Journal of Clinical Psychology*, 61, 675-684.
- Rochlen, A. B., Rude, S. & Baron, A. (2005). The relationship of client stages of change to working alliance and outcome in short-term counseling. *Journal of College Counseling*, 8(1), 52-64.
- Wong, Y. J., & Rochlen, A. B. (2005). Demystifying the inexpressive male: New directions and implications for counseling and research. *Psychology of Men and Masculinity*, 6(1), 62-72.
- Rochlen, A. B., Beretvas, S. N., & Zack, J. S. (2004). The on-line and face-to-face counseling attitudes scales: A validation study. *Measurement and Evaluation in Counseling and Development*, 37(2), 95-111.
- Rochlen, A. B., & Mahalik, J. R. (2004). Women's Perceptions of Male Partners' Gender Role Conflict as a Predictor of Psychological Well-Being and Relationship Satisfaction. *Psychology of Men and Masculinity*, 5(2), 147-157.
- Rochlen, A. B., Land, L. N., & Wong, Y. J. (2004). Male restrictive emotionality and evaluations of online versus face-to-face counseling. *Psychology of Men and Masculinity*, 5(2), 190-200.
- Rochlen, A. B., Milburn, L., & Hill, C. E. (2004). Examining the process and outcome of career counseling for different types of career counseling clients. *Journal of Career Development*, 30(4), 263-275.
- Kearney, L. K., Rochlen, A. B., & King, E. B. (2004). Male gender role conflict, sexual harassment tolerance, and the efficacy of a psychoeducative training program. *Psychology of Men and Masculinity*, 5, 71-82.
- Rochlen, A., Zack, J., & Speyer, C. (2004). Online therapy: Review of relevant definitions, debates, and current empirical support. *Journal of Clinical Psychology*, 60, 269-283
- Hill, C. E., Rochlen, A. B., Zack, J. S., McCready, T., & Dematatis, A. (2003). Working with dreams using the Hill cognitive-experiential model: A comparison of computer-assisted, therapist empathy, and therapist empathy + input conditions. *Journal of Counseling Psychology*, 50, 211-220.
- Rochlen, A. B., & O'Brien, K. M. (2002). Men's Reasons For and Against Seeking Help for Career-Related Concerns: A preliminary Investigation. *The Journal of Men's Studies*, 11, 55-64.

- Rochlen, A. B., Blazina, C., & Raghunathan, R. (2002). Gender Role Conflict, Attitudes Toward Career Counseling, Career Decision-Making and Perceptions of Career Counseling Advertising Brochures. *Psychology of Men and Masculinity*, 3(2) 127-137.
- Hill, C. E., & Rochlen, A. B. (2002). The Hill Cognitive-Experiential Model of Dream Interpretation. *Journal of Cognitive Psychotherapy*, 16, 75-69.
- Rochlen, A. B., & O'Brien, K. M. (2002). The relation of male gender role conflict and attitudes toward career counseling to interest in and preferences for career counseling styles." *Psychology of Men and Masculinity*, 3(2), 9-21.
- Rochlen, A. B. (2001). Men and career counseling: New perspectives and directions for clinicians and administrators. *The Texas Psychologist*, 52, 18-23.
- Hill, C. E., Kelley, F. A., Davis, T. L., Crook, R. E., Maldonado, L. E., Turkson, M. A., Wonnell, T. L., Suthakaren, V., Zack, J. S., Rochlen, A. B., Kolchakian, M. R., & Codrington, J. N. (2001). Predictors of outcome of dream interpretation sessions: Volunteer client characteristics, dream characteristics, and type of interpretation. *Dreaming*, 11, 53-72.
- Hill, C. E., Zack, J. S., Wonnell, T. L., Hoffman, M. A., Rochlen, A. B., Goldberg, J. L., Nakayama, E. Y., Heaton, K. J., Kelley, F. A., Eiche, K., Tomlinson, M. J., & Hess, S. (2000). Structured Brief Therapy with a Focus on Dreams or Loss. *Journal of Counseling Psychology*, 47, 90-101.
- Gelso, C. J., Hill, C. E., Mohr, J. J., Rochlen, A. B., & Zack, J. (1999). Describing the face of transference: Psychodynamic therapists' recollections about transference in cases of successful long-term therapy. *Journal of Counseling Psychology*, 46, 257-267.
- Mohr, J. J., & Rochlen, A. B. (1999). Measuring attitudes regarding bisexuality in lesbian, gay male, and heterosexual populations. *Journal of Counseling Psychology*, 46, 353-369.
- Rochlen, A. B., Mohr, J. J., & Hargrove, B. K. (1999). Development of the attitudes toward career counseling scale. *Journal of Counseling Psychology*, 46, 196-206.
- Rochlen, A. B., Ligiero, D. P., Hill, C. E., & Heaton, K. J. (1999). Effects of training in dream recall and dream interpretation skills on dream recall, attitudes, and dream interpretation outcome. *Journal of Counseling Psychology*, 46, 27-34.
- Heaton, K. J., Hill, C. E., Peterson, D. A., Rochlen, A. B., & Zack, J. S. (1998). A comparison of therapist-facilitated and self-guided dream interpretation sessions. *Journal of Counseling Psychology*, 45, 115-122.
- Krippner, S., Winkler, M., Rochlen, A. B., & Sandhu, D. (1998). Gender, National, and Regional differences in a content analysis of 799 dream reports from research participants in Argentina, Brazil, and the United States. *Interamerican Journal of Psychology*, 32, 71-97.
- Rochlen, A. B., Hoffmann, R., & Armitage, R., (1998). EEG correlates of dream recall in depressed outpatients and healthy controls. *Dreaming*, 8(2), 109-124.
- Armitage, R., Rochlen, A. B., Fitch T., Trivedi M., & Rush, A.J. (1995). Dream recall and major depression: A preliminary report. *Dreaming*, 5(3), 189-198

D. Published Abstracts

- Rew, L., Rochlen, A. B., Murphey, C. (2008). Health Educators' Perceptions of a Sexual Health Intervention for Homeless Adolescents. *Journal of Adolescent Health*, 42, 516-517.

E. Papers at National Research Conferences

- Caporale-Berkowitz, N., Boyer, B. P., Nadeau, M. M., Rochlen, A. R. (2019, November). A Combined Mindfulness and Emotional Intelligence Workplace Intervention: A Preliminary Report. Work, Stress & Health. Philadelphia, PA. Poster.
- Caporale-Berkowitz, N., Nadeau, M. M., & Rochlen, A. B. (2019, August). A preliminary evaluation of an online, self-guided self-compassion intervention. Poster presented at the annual meeting of the American Psychological Association. Chicago, IL.
- Gobble, T. D., Parent, M. C., & Rochlen, A. B. (2018, August). “*Social Media Behavior, Toxic Masculinity, and Depression.*” Poster presented at the annual meeting of the American Psychological Association. San Francisco, CA.
- Rochlen, A. B. (2018, August). Discussant on symposium entitled, “*Will Boys Really Just Be Boys? Emerging Issues in Masculinity.*” Chair: M. Meghan Davidson. San Francisco, CA.
- Mackert, M., Donovan, E. Lazard, A. J., Guadagno, M. A., Garcia, A. A., Rochlen, A. B., & Damasio (2016, November). “*Engaging men with Prenatal Health Content: A User-experience focused approach to E-Health.*” Poster to be presented at the Successes and Failures in Telehealth Conference in Auckland, New Zealand
- Nadeau, M. M., Rochlen, A. B., & Bauer, T. (2016, August). “*Strong words: Men’s subjective experiences and expressions of depression.*” Poster presented at the annual meeting of the American Psychological Association. Denver, Colorado.
- Nadeau, M. M., Rochlen, A. B., & Neff, K. (2015, August). *Mechanisms of self-compassion in preventing depression and its chronicity.* Poster presented at the annual meeting of the American Psychological Association. Toronto, Canada.
- Rochlen, A. B. (2015, August). Discussant on symposium entitled, “*Recent Methodological Advances in the Psychology of Men and Masculinity.*” Chair: Dr. Ron Levant. Toronto, Canada.
- Rochlen, A. B. (2015, August). Chair on symposium entitled, “*Alternative depression Symptomatology and Patterns for Men.*” Toronto, Canada.
- Scaringi, V. & Rochlen, A. B. (2013, August). *Eating disorders among college women: The role of competition and relational aggression.* Poster presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Rabinowitz, F. E. & Rochlen, A. B. (2013, August) Co-Chairs: *Masked depression in African-American men: A Clinical Demonstration.* Symposium conducted at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Provence, M., & Rochlen, A. B. (2012, August). *Gay men in mixed-orientation groups: A qualitative study.* Poster presented at the annual meeting of the American Psychological Association, Orlando, FL.
- Rabinowitz, F. E. & Rochlen, A. B. (2012, August) Co-Chairs: *Masked depression in men: A*

Clinical Demonstration. Symposium conducted at the annual meeting of the American Psychological Association, Orlando, FL.

- Good, G. E., Rochlen, A. B., & Mackowiak, C. (2012, April). *Men in elementary education: Life satisfaction and gender-related work barriers.* Poster presented at the annual American Educational Research Association conference, Vancouver, Canada.
- Reilly, E. D., Grasso, J. R., & Rochlen, A. B. (2011, August) *Strain, conflict, and coping among male academics with young children.* In C. Z. Oren & D. C. Oren (Co-Chair) Context Matters: Fathers across settings. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
- Rochlen, A. B., (2011, August). "*Outside" the box: Alternative group therapy approaches for men.* Symposium conducted at the annual meeting of the American Psychological Association, Washington D.C.
- Rochlen, A. B., (2011, August). *Directions and goals for D51 over the next decade.* Participant in President led discussion held at the annual meeting of the American Psychological Association, Washington D.C.
- Dunn, M. G., Rochlen, A. B., & O'Brien, K. M. (2011, August). Employee, mother, and partner: An Exploratory Investigation of Working Women with Stay-at-Home Fathers. Poster presented at the annual meeting of the American Psychological Association.
- Rochlen, A. B. (2011, January). Discussant on film and dialogue of "Killing us softly 4: Advertising's image of Women." Film and discussion held at National Multicultural Conference and Summit, Seattle, WA.
- Grasso, J. R., Reilly, E. D., Spikes, D., Reddick, R. J., & Rochlen, A. B., (2010, August). *A balancing act: Men raising young children and pursuing tenure.* Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.
- Scheinfeld, D., Rochlen, A. B., & Buser, S. (2010, August). *Adventure therapy: An alternative therapeutic intervention for men.* Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.
- Rochlen, A. B. (2010, August). *How personal narratives become professional interests: Psychologists studying masculinity.* Chair. Symposium conducted at the annual meeting of the American Psychological Association, San Diego, CA.
- Rochlen, A. B., (2010, August). *Men and Masculinity: Lessons learned from Pink, Carl, and You.* Presidential address conducted at the annual meeting of the American Psychological Association, San Diego, CA.
- Rochlen, A. B., (2009, August). *Discussant for C. Oren and D. Oren's "Male psychology Doctoral Students."* Symposium conducted at the annual meeting of the American Psychological Association, Toronto, Canada.
- Rochlen, A. B., & McKelley, R. (2009, August). *Men in nursing: Gender role conflict and gender-related work barriers.* In J. M. O'Neil & G. E. Good (Co-Chair). Gender role

conflict studies of football athletes, male nurses, and undergraduate students. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, Canada.

- McKelley, R. A., & Rochlen, A. B. (2008, August). *The Practice of Coaching as an alternative to therapeutic interventions for men*. In M. R. Whorley & A. Mansfield (Chair), Novel non-psychotherapeutic interventions with men. Symposium conducted at the annual meeting of the American Psychological Association, Boston, MA.
- McKelley, R. A., & Rochlen, A. B. (2008, February). *Men's and women's reasons for and against seeking help through executive coaching*. Paper presented at the 19th Annual Mid-Winter Conference for the Society of Consulting Psychology. Austin, TX.
- Land, L., & Rochlen, A. B. (2008, August). *Predictors of men's discomfort with intimacy*. In M. R. Whorley & A. Mansfield (Chair), Novel non-psychotherapeutic interventions with men. Symposium conducted at the annual meeting of the American Psychological Association, Boston, MA.
- Wong, Y. J., & Rochlen, A. B. (2008, August). *Writing for health: The potential benefits of Expressive writing for men*. In M. R. Whorley & A. Mansfield (Chair), Novel non-psychotherapeutic interventions with men. Symposium conducted at the annual meeting of the American Psychological Association, Boston, MA.
- Rochlen, A. B. (2008, August). *Discussant for A. Smiler's "Mixed messages, mixed behavior: Acquiring and (not) enacting "Traditional" masculinity*. Symposium to be conducted at the annual meeting of the American Psychological Association, Boston, MA.
- Good, G. E., & Rochlen, A. B. (2007, August). *Emerging themes of masculinity in the media and advertising*. Co-Chair of symposium conducted at the annual meeting of the American Psychological Association, San Francisco, CA.
- Rochlen, A. B., & McKelley, R. A. (2007, August). A video-based demonstration of conformity to masculine role norms. In G. Good and A. Rochlen's, "*Emerging themes of masculinity in the media and advertising*." Co-Chair of symposium conducted at the annual meeting of the American Psychological Association, San Francisco, CA.
- Rochlen, A. B., McKelley, R. A., Scaringi, V., & Suizzo, M. A. (2007, August). *Stay at home fathers: Predictors of psychological well-being and relationship satisfaction*. Presented in C. Oren's, "New directions in fatherhood research." Symposium conducted at the annual meeting of the American Psychological Association, San Francisco, CA.
- Hobza, C. L., & Rochlen, A. B. (August, 2007). *Gender role conflict and the impact of ideal media portrayals on men*. Poster presented at the Annual Convention of the American Psychological Association (APA), San Francisco, CA.
- Rochlen, A. B., Suizzo, M. A., Scaringi, V., Bredow, A., & McKelley, R. A., (August, 2007) *A qualitative study of stay-at-home fathers*. Presented in C. Oren's, "New directions in fatherhood research." Symposium to be conducted at the annual meeting of the American Psychological Association, San Francisco, CA.
- Rochlen, A. B. (2006, August). Chair for Invited Speaker Eric Hipple. Presentation entitled, *NFL quarterback turned mental health advocate*. Invited Address conducted at the annual meeting of the American Psychological Association, New Orleans, LA.

- Rochlen, A. B. (2006, August). Discussant for S. Cochran's *Qualitative and clinical perspectives on depression in men*. Symposium conducted at the annual meeting of the American Psychological Association, New Orleans, LA.
- Rochlen, A. B. (2006, August). Discussant for M. Kiselica's *Toward a positive psychology of boys, men and masculinity*. Symposium conducted at the annual meeting of the American Psychological Association, New Orleans, LA.
- Rochlen, A. B., Hill, C. E., & Chiao, H. (2005, August). *Gender Role Conflict and the Process and Outcome of Dream Work with Men*. In J. O'Neil and G. Good's (co-chair) *Gender-Role Conflict Research Studies: Assessing Contextual, Therapeutic and Interpersonal Variables*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
- Rochlen, A. B., McKelley, R., & Rude, S. S. (2005, August). *Evaluation of the male type Depression criteria: A preliminary investigation*. In S. Cochran's (Chair): *Men and Depression: New Findings, New Questions*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
- Rochlen, A. B. (2005, August). *Men and depression: New perspectives in practice, health -care promotion, and research*. Symposium (presidential plenary program) conducted at the annual meeting of the American Psychological Association, Chicago, IL.
- Moore, L., & Rochlen, A. B. (2004, November). *Working with dreams*. Workshop presented at annual Texas Psychological Association Conference, San Antonio, TX.
- Rochlen, A. B. (2004, August). Invited discussant in J. O'Neil & Good, G.'s (Co-Chair) *Gender role conflict research: Four Empirical studies and new research paradigm*. Symposium conducted at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Rochlen, A. B., & McKelley, R. (2004, August). *Marketing mental health to men: The Real Men. Real Depression campaign*. In M. Addis's (Chair) *New directions in men's mental health*. Symposium conducted at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Rochlen, A. B. (2003, August) *Gender role conflict research: Innovative uses, applications, and directions*. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, Canada.
- Mahalik J., & Rochlen, A. B. (2003, August) *Women's perceptions of male partner's gender role conflict*. In A. Rochlen's (Chair), *Gender role conflict research: Innovative uses, applications, and directions*. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, Ontario.
- Liu, W., Rochlen, A. B., & Mohr, J. (2003, August). *Gender Role Conflict: Testing the Discrepancy Theory and Psychological Health*. In A. Rochlen's (Chair), *Gender role conflict research: Innovative uses, applications, and directions*. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, Ontario.
- Wong, J., Land, L. & Rochlen, A. B. (2003, August). *Gender role conflict and evaluations of on-line*

and face-to-face counseling. In A. Rochlen's (Chair), Gender role conflict research: Innovative uses, applications, and directions. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, Ontario.

- Rochlen, A. B., (2002, August). *The appeal and relative efficacy of online counseling: Preliminary findings.* Symposium conducted at the annual meeting of the American Psychological Association, Chicago, IL.
- Kearney, L., King, E., & Rochlen, A. B. (2002, August). *Gender role conflict and harassment training efficacy: A preliminary investigation.* Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Hill, C. E., Rochlen, A. B., Zack, J. S., McCready, T., & Dematatis, A. (2002, July). *Therapists vs. computers: Are therapists needed for dream interpretation?* Paper presented at the Annual Conference of the Society of Psychotherapy Research, Santa Barbara, CA.
- Rochlen, A. B., Raghunathan, R., Blazina, C., & Miller, S. (2001, August) *Gender role conflict and perceptions of career counseling advertising brochures.* In J. O'Neil's (Chair), Gender Role Conflict Research: Testing New Constructs and Dimensions Empirically. Symposium conducted at the annual American Psychological Association, San Francisco, CA.
- Rochlen, A. B., O'Brien, K. M., & Gillihan, L. (2001, March). *Gender role conflict, attitudes toward career-counseling, and men's reasons for and against seeking help for career-related concerns: A preliminary investigation.* In C. Blazina's (Chair), Critical Perspectives on masculine gender. Symposium to be conducted at the annual meeting of the Division of Counseling Psychology, Houston, TX.
- Rochlen, A. B. (2001, March). *New research perspectives of online counseling.* Presented at the NASW (National Association of Social Work) Austin Spring Conference. Sponsored by the University of Texas at Austin.
- Krippner, S., & Rochlen, A. B. (2001, February). *Identificacion y tratamiento en el trastorno del sueno.* Presented at the Institute of Medicine and Technology of advanced professionalism. Sponsored by the University of Juarez, the Catholic University and the Juarez Medical Association.
- Rochlen, A. B. (2001, February). *El uso de los sueños en el asesoramiento y la psicoterapia.* Presented at the Institute of Medicine and Technology of advanced professionalism. Sponsored by the University of Juarez, the Catholic University and the Juarez Medical Association.
- Rochlen, A. B. & O'Brien, K. M. (2000, August). *Men gender role conflict, attitudes toward career counseling, and preferences for career counseling styles.* In J. O'Neil's (Chair), New directions in gender role conflict research. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
- Hill, C. E., Kelley, F. A., Davis, T. L., Crook, R. A., Maldonado, L. E., Turkson, M. A., Wonnell, T. L., Suthakaran, V., Zack, J. S., Rochlen, A. B., Kolchakian, M. R., & Codrington, J. N. (2000, August). *Predictors of outcome of dream interpretation.* In C. Hill's (Chair), Research on dream interpretation. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
- Mohr, J. J., & Rochlen, A. B. (1999, August). *Attitudes toward bisexual women and men:*

Conceptualization, measurement, and correlates. In R. C. Fox's (Chair), Current research on bisexuality. Symposium conducted at the annual meeting of the American Psychological Association, Boston, MA.

Heaton, J., Hill, C. E., Peterson, D. A., Rochlen, A. B., & Zack, J. (1997, June). *Self-help vs. therapist guided dream interpretation.* Paper presented at the annual meeting of the Association for the Study of Dreams, Asheville, NC

Rochlen, A. B. (1997, June). Suggestions for increasing student involvement in ASD. In M. Potts (Chair), *Task force for graduate studies in dreams.* Symposium presented at annual conference of the Association for the Study of Dreams, Asheville, NC.

Rochlen, A. B., Ligiero, D., Hill, C. E., & Heaton, K. J., (1997, August). *The effects of training on dream recall and dream interpretation sessions.* Poster presented at the annual conference of the American Psychological Association, Chicago, IL.

Gelso, C., Hill, C. E., Mohr, J., Rochlen, A. B., & Zack, J. (1997, August). *A qualitative study of the successful use of transference in long-term psychotherapy.* Symposium presented at the annual conference of the American Psychological Association, Chicago, IL.

Rochlen, A. B., Armitage, R., & Neff, P. (1996, July). *The progressive effects of weight loss dream content: A preliminary report.* Presented at the annual meeting of the Association for the Study of Dreams, Berkley, CA.

Rochlen, A. B. (1995, August). Cross-cultural comparison of gender differences in dream content. In S. Krippner's *Gender Differences in Dream Reports: Cross-cultural and intercultural investigations.* Symposium conducted at the meeting of the American Psychological Association, New York, NY.

Rochlen, A. B., & Armitage, R. (1995, June). *Pre- and post-awakening EEG correlates of dream recall in depressed outpatient and normal controls.* Paper presented at the annual meeting of the Association for the Study of Dreams, New York, NY.

Krippner, S., Winkler, M., Rochlen, A. B., & Sandhu, D. (1995, July). *A cross-cultural study of gender differences in dream content: Argentina, Brazil, USA.* In M. Castillo (Chair), Aspects of gender in different cultures. Symposium conducted at the XXV Inter-American Congress of Psychology, San Juan, Puerto Rico.

F. Editorships and Translations

Editor Experience

Psychology of Men and Masculinity, Guest Co-Editor 2013
Special Issue on African American Men & Masculinity

Journal of Clinical Psychology, Guest Editor Volume 60 (2004)
Special Issues on Men and Therapy

Editorial Board Appointments

Psychology of Men and Masculinity* 2004 - Present
Journal of Career Development 2005 - 2009

Ad Hoc Reviewer

American Journal of Men's Health	2009 - Present
Journal of Men's Studies	2004 - Present
Journal of Counseling Psychology	2001 – Present

G. Research and Training Grants

Significant National Grants:

October 2015	Consultant on funded CDC U01 grant entitled, “Tailored Activation in Primary Care to Prevent Suicide Behaviors in Middle-Aged Men.” PI: Dr. Anthony Jerant: UC Davis.
October 2013	Co-PI on submitted (not funded) NIMH grant entitled, “Men as Health Advocates in Prenatal Health Care Among Underserved Populations”: R21 submission direct and indirect costs at \$406,560.
November 2007	Co-investigator on NIMH funded project, “ <i>Targeted and Tailored Messages to Enhance Depression Care.</i> ” PI: Dr. Richard Kravitz Direct and indirect costs for UT: Year 1: \$91,000
November 2008	Co-investigator on NIMH funded project, “ <i>Targeted and Tailored Messages to Enhance Depression Care.</i> ” PI: Dr. Richard Kravitz Direct and indirect costs for UT: Year 2: \$18,500

Other Funding:

January 2010	Received \$750 Special Research Grant from the University of Texas to support research on academic fathers
April 2009	Received “Fast Tex” grant from the Center of Instructional Technologies to support the development of an interactive helping skills website
April 2009	Received College of Education “Vision Award” to support the development of an interactive website (with Dr. Chris McCarthy) to practice and evaluate student’s helping skills
June 2008	Received College of Education Deans Fellow Award (2008-2009)
October 2006	Received “Fast TEX” support grant from the Center of Instructional Technologies for an interactive website (with Dr. Stephanie Rude) on clinical diagnosis
October 2006	Received \$750 Special Research Grant from the University of Texas to support research on stay-at-home fathers.
October 2004	Received \$750 Special Research Grant from the University of Texas to continue addressing research on men and depression

March 2004	Received College of Education sponsored “VISION Award” for a proposal to create new interactive software (or website) for theories of counseling psychology courses
March 2003	Received University and Departmental Travel Grants for presentation of research at Annual APA Conference - Honolulu, Hawaii.
March 2003	Received University and Departmental Travel Grants for presentation of research at Annual APA Conference - Toronto, Canada.
October 2002	Received Dean’s Technology Integration Award from College of Education - University of Texas. Granted for a web based program for theories of counseling psychology courses
April 2002	Received honorable mention and cash award for interactive web-based counseling theories project from Center for Instructional Technologies.
March 2002	Received University and Departmental Travel Grants for presentation of research at Annual American Psychological Association Chicago IL.
December 2001	Received Summer Research Assignment from the for a proposal entitled “Men’s underutilization of counseling services: A systematic program of research”
October 2001	Received \$750 Special Research Grant from the University of Texas to continue addressing research on attitudes toward online counseling.
March 2001	Received University and Departmental Travel Grants for Presentation of Research at Annual American Psychological Association – San Francisco, CA.
April 2001	Received “Fast TEX” support grant from the Center of Instructional Technologies. Grant offered to help faculty members integrate technology into their coursework and research.
October 2000	Received \$750 Special Research Grant from the University of Texas to conduct a study assessing men’s interest in career counseling.
March 1999	Received a dissertation grant from the National Career Development Association (NCDA) to investigate men’s interest in and preferences for different styles of career counseling

H. Citations of Work

An analysis of my publications conducted independently yielded h-indexes of **15** and **39** respectively using Web of Science and Google Scholar (Publish or Perish): September, 2018.

I. & J. Creations and Inventions Related to Field of Expertise/Published Websites

I have created three different interactive websites that are used for different class projects and affiliated with different textbooks. These projects have been supported by different internal and external sources of funding: These can be reviewed below:

A. <http://theories.brookscole.com/> (Name: counsell1 Password: theoriessite)

B. <http://www.edb.utexas.edu/faculty/rochlen/TheoriesApp/index.html>

C. <http://www.edb.utexas.edu/psychopathologypractice/>

K. Media Interviews and/or Op-Ed Projects

Not playing sports this fall could impact athletes mental health, psychologist says <i>Daily Texan – Myah Taylor</i>	September, 2020
Boyce steps away from football to prioritize mental health <i>Daily Texan – Myah Taylor</i>	August, 2020
The Loss Of A Handshake: An Opportunity For Connection <i>Austin American Statesman and covered in several papers</i>	April, 2020
The Real March Madness: The loss of sports and distraction <i>College of Education: In Context</i>	March, 2020
Joker: Making us look at our own “Bad Guy,” that’s good <i>Waco Tribune-Herald</i>	November, 2019
A Man’s Guide To Therapy <i>Men’s Health – Philip Eli</i>	August, 2018
Social Media Usage Among Students: Emerging Trends <i>Galveston Newspaper</i>	September, 2016
Changing Tables Shifting Roles (Op-Ed) <i>Published in numerous national outlets including Houston Chronicle</i>	June, 2015
It’s Time to Unmask, Masked Depression <i>Published in numerous national outlets including Huffington Post</i>	August, 2014
Chicago Tribune, Dawn Turner Trice <i>Do-it-yourself Dads, Fathers as chief caregivers</i>	February, 2014
Washington Post, Suzanne Livingston <i>Reverse economic gender dynamics at home</i>	October, 2013
KPCC, Southern California Public Radio <i>Sports “Hate”: Psychological Implications</i>	October, 2012
Dallas Morning News, Daphne Howland <i>Men and Depression</i>	June, 2012
CNN.com Health Section, Thom Patterson <i>Mike Wallace, Men and Depression</i>	April, 2012
Chicago Tribune, John Keilman <i>Male-Only Country Clubs On the Decline</i>	February, 2012

"To the Point" with Warren Ulney, Public Radio/NPR <i>Shifting Gender Roles</i>	January 2012
Huffington Post, Vicki Larson <i>Men, Divorce, Parenting</i>	December, 2011
Elle Canada Magazine, Greg Hudson <i>Men and Un-Employment</i>	September 2011
Only 3 Degrees: Networking Online Radio Show <i>Stay-at-home fathers</i>	September 2011
KGO News/ABC Radio San Francisco <i>Stay-at-home fathers</i>	June 2011
The Morning Call, Allentown, PA <i>Stay-at-home fathers</i>	June 2011
Wall Street Journal, Amy Chozick <i>Evolving Media Messages Regarding Men & Masculinity</i>	June 2011
New York Times, Ben Carey <i>Men in Therapy/Male Therapists</i>	April 2011
Fatherhood Documentary, Director, Mike Denning <i>Stay-at-Home Fathers</i>	April 2011
Kids5First.org Podcast, Lauren Moglen, Santa Clara, CA <i>Stay-at-Home Fathers</i>	March 2011
Medscape (#1 Medical Application), Megan Brooks <i>Men and Depression</i>	March 2011
Rebel Magazine, Craig Morgan <i>Stay-at-Home Fathers</i>	November 2010
Suite 101.com, Maria Foley <i>Male Trailing Spouse</i>	August 2010
USA Today Weekend Magazine, Jean Chatsky <i>Women Breadwinners (Women Out-Earning Men)</i>	July 2010
New York Press, Rochana Rapkins <i>Men and Help-Seeking</i>	June 2010
University of Texas Press Release, Kay Randall <i>Psychotherapy with Men Conference</i>	June 2010
The Secret Lives of Men, Chris Blazina <i>National Psychotherapy with Men Conference</i>	May 2010
The Early Show/CBS News, Alana Anyes <i>Stay-at-Home Fathers</i>	April 2010
USA Weekend Magazine, Arielle McGowen <i>Economic Impact on Mens' and Women's Parenting Roles</i>	April 2010

Daily Texan, Priscilla Totiyapungrasert <i>Shifting Gender roles for working mothers</i>	April 2010
East Bay Express, Caitlin Esch <i>Stay-at-Home Fathers Gender Roles</i>	March 2010
National Public Radio, Yuki Noguchi <i>Stay-at-Home Fathers and Shifting Gender Roles</i>	March 2010
Canadian Broadcasting Association, Cameron Phillips <i>Stay-at-Home Fathers and Shifting Gender Roles</i>	October 2009
Omaha-World Herald, Chris Burbach <i>Stay-at-Home Fathers</i>	October 2009
Veja Magaizine (Top selling Brazilian magazine) <i>Stay-at-Home Fathers and Male Gender Roles</i>	September 2009
The Globe and Mail (Canadian Newspaper), Adriana Barton <i>Conceptual Shifts in Fathering</i>	August 2009
Dallas News, Eric Aasen <i>Fatherhood and Economy: Shifting Roles and Expectations</i>	July 2009
USA Today, Sharon Jayson <i>Evolving Norms and Models of Fatherhood</i>	June 2009
DadLabs, Clay Nichols <i>Stay-at-Home Fathers</i>	June 2009
Valley Morning Star (Harlingen TX), Corey Ryan <i>New Models of Fatherhood</i>	June 2009
Associated Press, Kamala Lane <i>Impact of Economy and Layoffs on Men's Lives</i>	March 2009
Childhood Matters (Radio), Will Courtenay <i>Impact of Economy and Layoffs on Men's Lives</i>	March 2009
The Secret Lives of Men (Radio), Chris Blazina <i>Stay-at-Home Fathers and Father Involvement</i>	March 2009
Boston Globe, Maggie Jackson <i>Impact of Economic Hardship on Men's Lives</i>	February 2009
Greatdad.com, John Thompson <i>Stay-at-Home Fathers</i>	February 2009
Cosmopolitan Magazine, Holly Eagleson <i>New Trends in Relationships SAHFs</i>	October 2008
Chicago Tribune, Barbara Rose <i>SAHFs/Non-Traditional Work and Family Roles</i>	October 2008
Wall Street Journal, Melody Lan <i>SAHF/Non-Traditional Work Roles</i>	October 2008

Bay View Compass (Milwaukee WI) <i>Stay-at-Home Fathers</i>	August 2008
KXAN Television, Kate Weidaw <i>Online Counseling</i>	July 2008
ABC News, Betsy Stark <i>New Trends in Fatherhood</i>	June 2008
The Dad Show (Radio and TV thedadshow.com) <i>Stay-at-Home Fathers</i>	June 2008
Lebanon Daily News, John Latimer <i>Stay-at-Home Fathers</i>	June 2008
Boston Globe, Maggie Jackson <i>Stay-at-Home Fathers</i>	June 2008
New Jersey Star Ledger, Greg Sitz <i>Stay-at-Home Fathers</i>	June 2008
San Francisco Chronicle, Andrea Abney <i>Fatherhood Research</i>	May 2008
Daily Texan, Lauren Winchester <i>Stay-at-Home Fathers</i>	April 2008
Nikkei Newspaper (Japanese paper), JiJiri Inose <i>Men in Non-Traditional Work Roles</i>	February 2008
NBC Today Show, Matt Lauer <i>Stay-at-Home Fathers</i>	March 2008
KXAN Television, Kate Weidaw <i>Stay-at-Home Fathers</i>	February 2008
USA Today, Laura Vanderkam <i>Traditional Masculinity and Men and Relationships</i>	February 2008
DadLabs and Fit Pregnancy Magazine, Clay Nichols <i>Stay-at-Home Fathers</i>	January 2008
CKLW Radio – Detroit, Ron Stang <i>Stay-at-Home Fathers</i>	January 2008
Wisconsin Public Radio, Ben Merens <i>Fathering Research “At Issue with Ben Merens”</i>	October 2007
Evolution of Dad Film Documentary, Dana Glazer <i>Evolving Themes in Fatherhood; Stay-at-Home Fathers</i>	October 2007
Cosmopolitan Magazine, Theresa O’Rourke <i>Men and Depression</i>	November 2007
ABC News Radio, Eddie M. LeClair <i>Stay-at-Home Fathers Research</i>	August 2007

USA Today, Marilyn Elias <i>Stay-at-Home Fathers Research “Don’t Call Him Mr. Mom”</i>	August 2007
Time Magazine, Lisa Cullen <i>Emerging themes in fatherhood</i>	July 2007
Munhwa Broadcasting Corp; Korea, Maria Park <i>Stay-at-Home Fathers Research</i>	July 2007
MSNBC.com, Victoria Clayton <i>Stay-at-Home Fathers Research</i>	June 2007
Austin Statesman Austin, Bob Banta <i>Stay-at-Home Fathers Research</i>	June 2007
KTBC Fox 7 News Austin, Criag Lucie <i>Stay-at-Home Fathers Research</i>	May 2007
San Jose Mercury News, Chris O'Brien <i>Stay-at-Home Fathers Research</i>	April 2007
KFAB Omaha, Nebraska, Roger Olson <i>Stay-at-Home Fathers Research</i>	April 2007
Mancow Show syndicated nationally <i>Stay-at-Home Fathers Research</i>	April 2007
WPRO Providence Rhode Island, Reina Smith <i>Stay-at-Home Fathers Research</i>	April 2007
The Judith Warner Show XM Satellite Radio <i>Stay-at-Home Fathers Research</i>	April 2007
Agence France-Press <i>Stay-at-Home Fathers Research</i>	April 2007
Newsweek Magazine, Temma Ehrenfeld <i>Online Counseling</i>	January 2006
CNN Headline News (TV) <i>Online Counseling</i>	January 2006

III. TEACHING EFFECTIVENESS

A. CLASSROOM TEACHING

Course Instructor Surveys: Since my first semester at UT, I have had courses evaluated through the MEC/CIS. *Since being promoted to Associate Professor (2006) Course and Instructor ratings have averaged 4.39 and 4.39, respectively.* See below summaries for data since 2006.

Current Areas of Teaching: Theories of Counseling Psychology (undergraduate and graduate), Practicum in Counseling M.Ed. and Ph.D.), and Research Design and Methods.

Graduate Classes**EDP 381: Theories of Counseling Psychology**

	<i>Class Rating</i>	<i>Instructor Rating</i>
Fall 2006	3.80	3.80
Fall 2007	4.30	4.40
Fall 2008	3.70	3.80
Fall 2010	4.10	4.40
Fall 2011	4.10	4.10
Fall 2012	3.70	3.70
Fall 2013	3.80	3.90
Fall 2014	4.10	4.20
Fall 2019	4.40	4.20

EDP 481: Practicum in Counseling, M.Ed.

	<i>Class Rating</i>	<i>Instructor Rating</i>
Summer 2006	4.60	5.00

EDP 381: Practicum in Counseling, Ph.D.

	<i>Class Rating</i>	<i>Instructor Rating</i>
Spring 2006	4.80	4.60
Fall 2006	4.60	4.70
Spring 2007	4.30	4.00
Spring 2008	4.30	4.20
Spring 2010	4.20	4.60
Spring 2011	4.70	4.60
Spring 2012	4.30	4.30
Spring 2013	4.80	4.80
Fall 2014	4.30	4.30
Spring 2014	3.80	4.00
Spring 2015	4.00	3.89
Summer 2016	4.30	4.50
Spring 2016	4.50	4.30
Spring 2017	4.50	4.30
Spring 2018	4.40	4.60
Spring 2019	4.40	4.20
Spring 2020	3.70	4.00
Spring 2021	4.80	4.60
Spring 2022	4.60	4.60

EDP 384: Ethics in Counseling

	<i>Class Rating</i>	<i>Instructor Rating</i>
Fall 2017	2.50	2.30
Fall 2016	2.60	2.80
Fall 2015	2.90	3.33

EDP 384: Research Design/Methods for Practitioners

	<i>Class Rating</i>	<i>Instructor Rating</i>
Spring 2006	3.90	4.10
Spring 2007	3.90	4.10

Spring 2008	4.30	4.20
Spring 2010	4.30	4.20
Spring 2011	3.70	3.50
Spring 2012	3.40	3.80
Spring 2013	3.10	3.50
(new version of this class below:)		
Fall 2016	2.20	2.60
Fall 2017	2.90	3.00
EDP 382D: History and Systems of Psychology		
Fall 2020	4.00	4.00
Fall 2022	4.25	4.50
EDP 382D: Career Development		
Fall 2020	4.00	4.10
Spring 2021	3.60	3.30

Undergraduate Classes

EDP 367: Individual Counseling & Psychotherapy	<i>Class Rating</i>	<i>Instructor Rating</i>
Summer 2006	4.20	4.40
Summer 2007	4.90	5.00
Fall 2007	4.50	4.60
Fall 2008	4.50	4.60
Summer 2009	4.90	5.00
Summer 2010	4.60	4.80
Fall 2010	4.30	4.30
Fall 2011	4.50	4.70
Fall 2012	4.30	4.50
Fall 2013	4.60	4.70
Fall 2015	3.90	4.00
Spring 2019	4.50	4.50
Fall 2019	4.90	4.70
Fall 2020	4.70	4.70
Fall 2021	4.80	4.70
Spring 2022	4.69	4.74
UGS 302: Movies and Mental Health (Signature Class)		
Fall 2021	5.00	4.80
Fall 2022	4.40	4.37
Spring 2023	4.47	4.35

* Based on 1 Course, due to receipt of a Deans Fellow & Modified Instructional Leave

** Based on 2 Courses (Spring, 2011) - year in progress

INC = Incomplete Data for Year

Additional Teaching Evaluations

Peer Evaluations: A peer evaluation of my teaching was conducted by Drs: Rude, Ainslie, and Manaster during the Spring Semester, 2002. A second peer evaluation of my teaching was conducted by Drs. McCarthy, Drum, and Weinstein in during the Spring Semester, 2005. A third peer evaluation of my teaching was conducted by Drs. Drum (Chair), McCarthy, and Schallert in the Spring Semester, 2011. Summary comments can be reviewed in my supplemental materials.

Center of Teaching Effectiveness Evaluations: At my request, Dr. Karron Lewis, Associate Director of the Center for Teaching Excellence conducted an evaluation of my teaching during Summer Session I, 2004.

B. INVITED LECTURES/PRESENTATIONS:

Keynote Address: Stay-at-Home Fathers Convention What are your wives saying? Key findings from new research	October 2011
UT Counseling Psychology Colloquium <i>How to give a killer research-based presentation</i>	April 2011
UT Human Development & Culture Colloquium <i>Men in Non Traditional Career and Family Roles</i>	April 2011
UT Counseling & Mental Health Center <i>Men and Depression</i>	May 2010
Texas Child Study Center <i>Men and Depression</i>	April 2010
University of Texas: EDP 381 <i>Academic Writing Overview</i>	March 2010
University of Texas: EDP 367 <i>Existential Psychotherapy: Theory and Practice</i>	February 2010
At-Home Dads National Conference, Omaha, NE Keynote Address: <i>Developments in Research on Stay-at-home Dads</i>	November 2009
University of Texas Social Psychology Program Colloquium <i>Evolving Masculine Gender Roles & Stay-at-Home Fathers</i>	November 2009
University of Texas: Women and Gender Studies Course <i>Men, Masculinity, and Mental Health</i>	October 2008
Stay-at-Home Dads Group, Dallas, TX <i>A Hands-on Review of Research on Stay-at-Home Fathers</i>	April 2008
University of Texas Club: Women in Psychology <i>Developments in Men and Masculinity Research</i>	April 2008
University of Nevada Las Vegas: Educational Psychology <i>Evolving masculinity: Men, Media, Mental Health</i>	March 2008
At-Home Dads National Convention, Kansas City, MS Keynote Address: <i>Stay-at-home dads: What we know and don't know</i>	November 2007
University of Texas Clinical and Social Psychology Programs	October 2007

Stay-at-Home Fathers Research

2007 National Psychotherapy with Men Conference, Northridge, CA Keynote Address: <i>Who Are Those Masked Men? Diagnosis and Treatment of Depressed Men</i>	June 2007
University of Illinois, Champaign: Theories Course <i>Case Conceptualization: Using the Interactive Counseling Psychology Website</i>	September 2007
Texas State University: Love and Relationships Course <i>Masculinity Messages and Men's Challenges and Struggles in Relationships and With Depression</i>	November 2006 November 2007
Univ. of Nebraska: "Real Men, Real Depression" Campaign Launch Keynote: <i>Men and Depression and the RMRD Materials Training for mental health workers, Men and Depression</i>	October 2006
University of Texas Center for Women and Gender Studies <i>Men and Depression Seminar</i>	April 2006
Austin Jewish Business Network <i>Men, Masculinity, & Help-Seeking</i>	March 2006
St. Edwards University: Social Work Course <i>Men's Issues in Treatment: Considerations for Social Work</i>	October 2005, 2003
University of Texas: EDP 367 <i>Existential Psychotherapy: Theory and Practice</i>	February 2005
Clinical Psychology Brown Bag <i>Introduction to Self Psychology</i>	January 2005
Texas State University Undergraduate Course <i>Men and Masculinity: Challenges Associated with Intimacy and Romantic Relationships</i>	September 2004
University of Texas Career Exploration Center <i>Career Counseling for Men: New Directions and Considerations</i>	April 2004
University of Illinois, Champaign <i>Case Conceptualization: Using the Interactive Counseling Website</i>	February 2004
University of Missouri, Columbia: Colloquium <i>Introduction to Self-Psychology</i>	November 2002
University of Texas: EDP 367 <i>Existential Psychotherapy: Theory and Practice</i>	October 2002, 2003, 2004
Clinical Psychology Brown Bag Seminars <i>Counseling Men: Research & Clinical Implications</i>	September 2002
University of Texas: Research Methods in Counseling <i>Using Analogue Designs for Counseling Research</i>	March 2002, 2003, 2004, 2005, 2008
University of Texas: Gender Issues Seminar	April 2002, 2003

*An Overview of Recent Research and Theory Pertaining to
Masculinity and Counseling Male Clients*

University of Texas: Advanced Doctoral Level Assessment
Career Counseling Assessment: Theory & Procedures

March 2003

University of Texas Counseling Center
Counseling Male Clients: Research & Practice

March 2003

C. DISSERTATION, PROSPECTUS AND REPORT DIRECTION

I have advised 14 doctoral students in the Counseling Psychology Program:

Graduates:

Erin Morpeth (2022)
Sam Pitasky (2022)
Michael Balsan (2020)
Matt Chester (2018)
Mark Provence (2016)
Erin Reilly (2016)
Joe Grasso (2014)
David Scheinfeld (2014)
Cody Hobza (2013)
Vanessa Scaringi (2012)
Elizabeth Morray (2010)
Ryan McKelley (2008)
Lee Land (2008)
Joel Wong (2007)

Current Employment:

N/A
N/A
Austin, TX Private Practice
Dallas VA
Texas State Counseling Center
VA Research Fellowship
VA Quality Scholar at San Francisco VA Med Center
Psychology Postdoctoral Fellow, Director of Research, Austin
Diversified Investments, Austin, TX
Private Practice, Austin TX
Counseling Center Psychologist
Associate Professor, University of Wisconsin, LaCrosse, WI
Staff Psychologist, St. Edwards University, Austin, TX
Associate Professor, Indiana University, Bloomington, IN

I. DISSERTATION COMMITTEE SERVICE (2000-present)

A: Chair:

Complete:

Sam Pitasky (2022)	
Erin Morpeth (2022)	
Michael Balsan (2019)	
Miranda Nadeau (2018)	
Matt Chester (2017)	
Mark Provence (2016)	
Erin Reilly (Co-Chair) (2015)	
Joe Grasso (Co-Chair) (2013)	
David Scheinfeld, Counseling (2013)	
Vanessa Scaringi, Counseling (2012)	Cody Hobza, Counseling (2012)
Elizabeth Morray, Counseling (2010)	Ryan McKelley, Counseling (2008)
Lee Land, Counseling (2008)	Joel Wong, Counseling (2007)
Arshia Ebrahimi, (Co-Chair) Counseling (2006)	

D. OTHER RECENT INSTRUCTION EXPERIENCES

A. Program Development

From 2000-2003 I served as a consultant to the “Instituto de Medicina y Tecnologia Avanzada de la Conducta.” This institute, based in Juarez, Mexico aims to provide training seminars and workshops directed by Physicians and Psychologists to health care professionals in the Juarez Community.

B. University Extension Program Instructor

From 2008-2011, I have taught an intercession course through the UT Extension program. This unique course focuses on adjustment and cultural considerations for Saudi Arabian Engineering students. The focus of my course is on skills for successful transition to university life.

IV. SERVICE TO DEPARTMENT, COLLEGE, UNIVERSITY, AND ELSEWHERE

Service within the Department

Spring, 2021	Chair, Search Committee CE Clinical Director
Fall, 2020	Chair, Associate Professor Merit Review Committee
Fall, 2018	Chair, Associate Professor Merit Review Committee
Fall, 2018	Community Liason Communications Office, College of Education
Fall, 2017	Full Professor Merit Review Committee Member
Fall, 2017	Chair, Director of Clinical Training Faculty Search Committee
Fall, 2017	Chair Student Affairs Committee
Fall, 2017	Chair Teaching Evaluation Committee – Chris McCarthy
Fall, 2016	Chair Teaching Evaluation Committee – Delida Sanchez
Summer 2016 -	Chair, New Faculty Member Search
Summer 2013 -	Program Director, Counseling Psychology Program
Summer 2013	Member, Department Leadership Team
Fall 2010 - Fall 2012	Coordinated Departmental Website Re-Design Project
Fall 2010 - 2011	Member, Department Coordination Team
Fall 2007 - 2011	Chair, Counselor Education Program
	Chair, Admissions for Med Program
Spring 2006 - 2009	Member, Outstanding Doctoral Dissertation Award (Chair of Committee, Spring 2008)
Fall 2007 - present	Member, Academic Policies Committee
Spring 2004 - present	Member, Graduate Student Professional Development Award Committee (Served as Chair of Committee, 2007)
Spring 2003 - Fall, 2007	Member, Educational Psychology Human Subject Review Committee
Spring 2003 - present	Chair, Counseling Psychology Student Excellence in Research Award (initiated award idea)
Spring 2003 - 2005	Co-Chair, Ph.D. Admissions Committee
Fall 2004	Co-Chair, Internship Placement of Doctoral Students

Fall 2001	Member, New Faculty Search Committee (CP)
Fall 2000 - present	Member, Graduate Student Counsel committee
Fall 2000 - 2006	Member, M.Ed. admissions Committee

Service within the College

April 2014	Open Websites Faculty Advisory Group
July 2013	Search Committee Member – Communication Director
September 2013	Search Committee Member – College Web Programmer/Designer
January 2012 -	Appointed Chief Academic Information Officer
May 2011	Appointed College Representative for university-wide i-Tunes initiative
January 2009	Coordinated with Drs. Marilyn Kameen and Mary Steinhardt to Recruit College of Education Faculty for student-athlete focus groups

Service within the University

2018	Men and MasculinUTies Special Task Force
2016	Campus Carry Committee Member for Department
2014 -	Steering Committee Member, Healthy Masculinities Project
2009-2012	Chair, Outstanding Dissertation Award Selection Committee – Area B
2011	Graduation "Reader" & Marshall (May, 2011)
2006 - 2009	Member, Faculty Parking Appeals Committee
2005 - 2006	Consultant to John Dalton, Assistant Dean of Students and Director of Student Judicial Services. Responsibilities include consulting on cases of male students exhibiting a range of problematic behaviors.
2002 - 2003	Faculty advisor, local chapter of Zeta Psi fraternity
2001	University of Texas Faculty representative, MASA (Men Against Sexual Assault) university sponsored undergraduate organization
2001 - 2003	Faculty Advisor, University of Texas Chapter of the National Society of Collegiate Scholars. This organization is an honor society for high achieving Freshman and Sophomore undergraduates.
July 2004	Affiliate, Center for Women's and Gender Studies
2005	Member, Women & Health Planning Committee, Department of Social Work (Chair, Dr. Dorie Gilbert)
2004	Faculty Representative Director, Gender and Sexuality Center search committee (center opened August, 2004)

National Service

April 2017	Advisory Council Member – Bulb – Digital portfolios for academic use
August 2016	Reviewer for APA – Division Guidelines for the Psychological Practice for Boys and Men (published in 2018)
August 2015 -2018	National Board Member – CCPTP – Council of Counseling Psychology Training Programs
September 2013	Chair of Search Committee – Editor/Psychology of Men and Masculinity
August 2011	Appointed Director of Communications & Technology Division 17 (Counseling Psychology), American Psychological Association
November 2010	Member, Division 17/APA Awards and Recognition Committee
2010 (Full Year)	President, APA division 51 (Men and Masculinity)
June 2010	Chair, National Psychotherapy of Men’s Conference - Held June 5th 2010 in Austin TX (250 registrations, 15 speakers)
February 2010	Search Committee Member, Psychology of Men & Masculinity Editor
January 2008	Nominated to attend, APA Division Leadership Conference APA
August 2006	Program Director, APA division 51 (Men and Masculinity) for National APA conference to be held in New Orleans Louisiana

V. OTHER RECOGNITION/AWARDS

December 2021	Creative Teaching Engagement Award – Signature Courses for Movies and Mental Health: Department of Undergraduate Studies
August 2015	Awarded Fellow Status – Division 17 (Counseling Psychology) and Division 51 (Psychology of Men and Masculinity).
April 2010	Identified as most productive scholar in PMM (Psychology of Men and Masculinity - APA Journal) over a 8 year period – Determination based on a content analysis peer-reviewed publication (Wong et al. 2010)
August 2008	Identified as of the top 10 most productive scholars (tied for 5 th) in Counseling Psychology – Determination based on an H-Index-based analysis presented at the American Psychological Association Conference (Goodyear, Tracey, Claiborn, Lichtenberg & Wampold, 2008)
May 2008	Texas Blazers Faculty Excellence Award University of Texas: Austin
April 2008	Bronze Award (\$1000) for Teaching with Technology from the Award from the UT Division of Instructional Innovation and Assessment (co-coordinated with Dr. Stephanie Rude).

February 2007	Nominated for UT Hamilton Book Award Applying Counseling Theories: An online case based approach (Rochlen 2007)
May 2006	Silver Award (\$1500) for Teaching with Technology from the award from the University of Texas Division of Instructional Innovation and Assessment (online case conceptualization project).
August 2005	Researcher of the year Division 51 Psychology of Men and Masculinity
April 2002	Honorable Mention with a financial award from the Innovative Instructional Technology Awards Program at the University of Texas at Austin. Award provided for submission entitled “The implementation of an interactive client conceptualization web site into a theories of counseling psychology course.”
August 2001	Barbara Kirk Dissertation Award - Awarded for Outstanding Graduate Student Research (one national award annually) - Sponsored by Division 17 (Counseling Psychology APA)
May 2000	Outstanding Graduate Student Award from the Council of Counseling Psychology Training Programs (one national award annually) Award aimed at recognizing outstanding student-initiated research
April 2000	Bruce Fretz Research Award (for research productivity) from the Counseling Psychology Program at the University of Maryland
October 1999	Havron Award (Excellence in Psychology - Teaching Research and Service) from the Department of Psychology at the University of Maryland