

N255C

Adult Health Nursing II

Joshua Thomas, DNP, RN, CNE

#58815



Fall 2023

The University of Texas at Austin

School of Nursing

The University of Texas at Austin
School of Nursing
N255C Adult Health Nursing IIA
Fall 2023

Unique #: 58815

Course Credit: 2 semester hours

Time and Room: Friday, 1100-1300. Room 1.112, starting 08/21/2023

Placement in Curriculum: 2nd Semester, Junior Year

Prerequisites: N127P, N224, N226, N227, N325, N325P

Faculty: Joshua Thomas, DNP, RN, CNE

Pronouns: he/him/his

Office: NUR 4.164

Phones: 254-563-5285 (Cell)

E-mail: jmthomas@austin.utexas.edu

Office (Student) Hours: Wednesday 0900-1200 or by appointment

Course Description: Advanced concepts and theories to promote and restore health of adults with biological problems and related physiological and psychological responses.

Course Objectives: At the conclusion of this course the student will be able to:

1. Examine selected societal, environmental, and technological trends that affect the health of adults.
2. Explain self-care processes which promote and restore health in adult clients.
3. Explain nursing care, which would promote health in adult clients who are experiencing chronic stress related to physiological and psychological alterations.
4. Explain nursing care which would promote health in adult clients who are experiencing acute stress related to physiological and psychological alterations.
5. Select and integrate appropriate research findings in the study of adult health.

Evaluation Methods: The course grade will be computed from grades earned on 4 UWorld NCLEX prep assignments, 3 exams, and a comprehensive Final Exam. The percentage formula will be used to score exams. **There is no extra credit in this course. Your grade is strictly determined by your exam and participation results. You must have a final grade of 75% or better to pass the course. You must take the final exam to pass the course.**

Course Grade Breakdown: Three Exams (30 questions)	60% of total grade
Comprehensive Final Exam (75 questions, 25% new material, 75% old material)	20% of total grade
UWorld Questions (4 sets)	10% of total grade
In Class Activities	10% of total grade

A = 100-89.5

B = 89-79.5

C = 79-74.5

D = 74-65

F = Below 65

Exams: Exams will consist of multiple-choice NCLEX-style questions. Students will have the opportunity to review their examinations following posting of the exam results by appointment. All exams will be given in class via Canvas with Honorlock. Arrangements can be made on a case by case basis **BEFORE** an exam is given to take it at another time only with the instructor's permission, as documented by an email. Cheating on exams will not be tolerated. Anyone caught cheating will automatically be dropped from the course with a failing grade. Students are not permitted to copy exam questions. You must have your own computer and sufficient bandwidth for taking the exams.

Honorlock Testing Software: All exams in this course will be administered in Canvas using [Honolock remote proctoring software](#). To use Honorlock, your computer must have a working webcam and microphone and you must use Google Chrome as your Web browser.

Exam and course grades will be posted on Canvas, which students may access at <http://courses.utexas.edu> (using UT EID). Students will have the opportunity to review their completed exams by appointment following posting of the exam results.

UWorld Assignments: (10% of course grade): You are required to complete four UWorld quizzes that are weighted equally (2.5% each) for participation in the final grade. The quizzes completed using the UWorld platform and are open-book quizzes, intended to enhance your practice in answering NCLEX-style questions related to concepts in this course.

UWorld assignments may be completed as many times as required to achieve a **75% minimum**. Achievement of this minimum must be completed by the due date to receive full credit (10 points) for the quiz. These assignments are CREDIT or NO CREDIT only. There will be No Make-Ups. No credit will be given if less than 75% is not obtained by the due date.

UWorld Assignments are due the day before exams on the same topic area:
Set #1 Thursday September 14 by 1700

Set #2 Thursday October 12 by 1700

Set #3 Thursday November 9 by 1700

Set #4 Thursday December 7 by 1700

In Class Activities: There will be in class activities worth 5 points each. The lowest 3 grades will be dropped. There are no make-ups for these activities.

Required Textbook:

Harding, M.M., Kwong, J., Roberts, D., Hagler, D., & Reinisch, C. (2020). *Lewis's Medical-Surgical nursing: Assessment and Management of Clinical Problems* (11th ed.). St. Louis: Elsevier, Inc.

Required Technology:

Laptop, UWorld subscription & Honorlock

Optional Textbooks:

Medical dictionary of student's choosing
Current drug reference of student's choosing
Lab & diagnostic test reference of student's choosing
NCLEX review text of student's choosing
NCLEX strategy text of student's choosing

Selected Course and School of Nursing Policies

Statement on Learning Success: Your success in this class is important to me. We all learn differently, and everyone struggles sometimes. You are not, ever, the only one having difficulty! If there are aspects of this course that prevent you from learning or exclude you, please let me know as soon as possible. Together we will develop strategies to meet both your needs and the requirements of the course. I also encourage you to reach out to the student resources available through UT and I am happy to connect you with a person or Center if you would like.

Student Responsibility: Content of this course builds on basic entry-level knowledge of normal human anatomy and physiology. It is the student's responsibility to review the anatomy and physiology as necessary in order to be able to understand course content and to meet the objectives of this course.

Expectations regarding attendance: Attendance at all class sessions is expected. Professional behavior dictates that students arrive on time for all class meetings and stay for the entire class period. Students who miss class or who are late are responsible for obtaining from their peers any information presented and announcements made.

Completion of exams at assigned times is required. If a student must unavoidably miss an exam or be late, it is the responsibility of the student to **notify the faculty before exam time** and to contact the faculty as soon as possible to arrange for make-up of the exam. Arrangements may be made on a case-by-case basis **BEFORE** an exam is given to take it at another time with the instructor's permission, as documented by an email. Alternate forms of examination may be utilized in the make-up exam. If procedures are

not followed, a grade of zero (0) will be assigned. Make-up exams will not be scheduled during class time.

During examinations, cell phones and cameras are strictly prohibited, as are notes and books. Cell phones are to be turned OFF, and not placed in vibrate, or silent mode during exams. Students with family or employment needs for emergency telephone access during exam times must make arrangements with faculty prior to testing.

Professionalism: Behavior that is disruptive to the learning or teaching of the class will not be tolerated. The Standards, Policies and Procedures for Professional Behavior and Clinical Performance document is located in the Forms & Policies folder for students, faculty, and staff on the School of Nursing's Intranet Community site. This document provides nursing students and faculty with clear expectations and procedures to address professional behavior and clinical performance concerns. Policies about how professional behavior and clinical performance may affect progression in the program are also addressed. The ultimate goal is to help students complete the program successfully and to be fully prepared to practice in their respective professional nursing roles.

Names and Pronouns: Class rosters are provided to the instructor with the student's legal name, unless they have added a "chosen name" with the registrar's office, which you can do so [here](#). I will gladly honor your request to address you by a name that is different from what appears on the official roster, and by the pronouns you have asked to be used for you (she/he/they/ze, etc). Please advise me of any changes early in the semester so that I may make appropriate updates to my records. For instructions on how to add your pronouns to Canvas, visit [this site](#). Professional courtesy and sensitivity are especially important with respect to individuals and topics dealing with differences of race, culture, religion, politics, sexual orientation, gender identity & expression, and nationalities. More resources available on the Gender and Sexuality Center's website, www.utgsc.org.

Use of Canvas: This course uses Canvas, a Web-based course management system available at <https://courses.utexas.edu>. Canvas will be used to distribute course materials, communicate and collaborate online, and post grades. Students will be responsible for checking the Canvas course site regularly for class work and announcements. As with all computer systems, there are occasional scheduled downtimes as well as unanticipated disruptions. Notification of these disruptions will be posted on the Canvas login page. Scheduled downtimes are not an excuse for late work. If there is an unscheduled downtime for a significant period of time close to a due date, adjustments may be made by the course faculty. Canvas support is provided by the ITS Help Desk at 475-9400 Monday through Friday 8 am to 6 pm, so plan accordingly.

University Electronic Mail Notification Policy: The University (including course faculty) will exercise the right to send e-mail communications to all students, and the University will expect that e-mail communications will be received and read in a timely manner. Every student must provide the University with his or her official e-mail address using the on-line update form in UT Direct. The student's official e-mail address is the destination to which the University and course faculty will send official e-mail communications. It is the responsibility of every student to keep the University informed of changes in his or her official e-mail address; consequently, e-mail returned to the University with "User Unknown" is not an acceptable excuse for missed communication. Students are expected to check e-mail on a frequent and regular basis in order to

stay current with University- related communications. It is recommended that e-mail be checked daily, but at a minimum, twice per week. The complete text of this policy and instructions for updating your e-mail address are available at:

<http://www.utexas.edu/its/policies/emailnotify.html>.

Student Conduct Policy: Students and faculty in the School of Nursing each have responsibility for maintaining an appropriate learning environment. Faculty has the responsibility to treat students with understanding, dignity, and respect and to guide the teaching/learning process. Students are expected to refrain from verbal and nonverbal behaviors that may be distracting to others such as arriving late, side conversations, note passing, text messaging, checking email or surfing the internet, and answering call phones or pagers. Students who persistently engage in behaviors that are disruptive to the teaching/learning process may be required to leave the classroom. Students may bring food and drink into the classroom but must remove all trash and empty containers from the classroom upon leaving. Violations of this may result in a ban of all food and drink in the classroom. For further information, refer to Institutional Rules on Student Services and Activities, Chapter 11: Student Discipline and Conduct:

<http://catalog.utexas.edu/general-information/appendices/appendix-c/student-discipline-and-conduct/>

Student learning support services: The School of Nursing and the University offer several learning support services for students. Students should contact the Office of Learning Enhancement Services at http://www.utexas.edu/nursing/academics/services_les.html or 232-4775 to request assistance regarding study skills, test-taking skills, or other academic support. Writing support is available through the Undergraduate Writing Center located in the Flawn Academic Center 211

(471-6222). The Counseling and Mental Health Center can be reached at <http://cmhc.utexas.edu/> or 471-3515, or in person at SSB 5th Floor Monday - Friday, 8:00 AM – 5:00 PM.

Class Recordings: Class recordings are reserved only for students in this class for educational purposes and are protected under FERPA. The recordings should not be shared outside the class in any form. Violation of this restriction by a student could lead to Student Misconduct proceedings.

Use of Class Materials: The materials used in this class, including, but not limited to, exams, quizzes, Kahoots! and homework assignments are copyright protected works. Any unauthorized copying of the class materials is a violation of federal law and may result in disciplinary actions being taken against the student. Additionally, the sharing of class materials without the specific, express approval of the instructor may be a violation of the University's Student Honor Code and an act of academic dishonesty, which could result in further disciplinary action. This includes, among other things, uploading class materials to websites for the purpose of sharing those materials with other current or future students.

Emergency Evacuation:

<https://sps.austin.utexas.edu/sites/nursing/fs/Shared%20Documents/Forms/AllItems.aspx?RootFolder=%2Fsites%2Fnursing%2Ffs%2FShared%20Documents%2FFaculty%20and%20Staff%20%2D%20Policy>

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ms%2FBuilding&FolderCTID=0x012000EECDD63487F6E74F8D5AD38067BCDE51&View={21B42C36-F30C-4937-9D1A-BD4691ACD72D}](http://www.utexas.edu/safety/21B42C36-F30C-4937-9D1A-BD4691ACD72D)

The following recommendations regarding emergency evacuation from the Office of Campus Safety and Security, 512-471-5767, <http://www.utexas.edu/safety/> Occupants of buildings on The University of Texas at Austin campus are required to evacuate buildings when a fire alarm is activated. Alarm activation or announcement requires exiting and assembling outside. Familiarize yourself with all exit doors of each classroom and building you may occupy. Remember that the nearest exit door may not be the one you used when entering the building. Students requiring assistance in evacuation shall inform their instructor in writing during the first week of class.

In the event of an evacuation, follow the instruction of faculty or class instructors. Do not re-enter a building unless given instructions by the following: Austin Fire Department, The University of Texas at Austin Police Department, or Fire Prevention Services office. Link to information regarding emergency evacuation routes and emergency procedures can be found at: www.utexas.edu/emergency

Selected University Policies

Religious Holy Days: By [UT Austin policy](#), you must notify me of your pending absence as far in advance as possible of the date of observance of a religious holy day. If you must miss a class, an examination, a work assignment, or a project in order to observe a religious holy day, you will be given an opportunity to complete the missed work within a reasonable time after the absence.

Academic Integrity: Each student in the course is expected to abide by the University of Texas Honor Code: “As a student of The University of Texas at Austin, I shall abide by the core values of the University and uphold academic integrity.” Plagiarism is taken very seriously at UT. Therefore, if you use words or ideas that are not your own (or that you have used in previous class), you must cite your sources. Otherwise you will be guilty of plagiarism and subject to academic disciplinary action, including failure of the course. You are responsible for understanding UT’s Academic Honesty and the University Honor Code which can be found at the following web address: http://deanofstudents.utexas.edu/sjs/acint_student.php

Q Drop Policy: If you want to drop a class after the 12th class day, you’ll need to execute a Q drop before the Q-drop deadline, which typically occurs near the middle of the semester. Under Texas law, you are only allowed six Q drops while you are in college at any public Texas institution. For more information, see: <http://www.utexas.edu/ugs/csacc/academic/adddrop/qdrop>

University Resources for Students

There are also a range of resources on campus:

Services for Students with Disabilities: The university is committed to creating an accessible and inclusive learning environment consistent with university policy and federal and state law. Please let me know if you experience any barriers to learning so I can work with you to ensure

you have equal opportunity to participate fully in this course. If you are a student with a disability, or think you may have a disability, and need accommodations please contact Disability and Access (D&A). Please refer to D&A's website for contact and more information: <http://diversity.utexas.edu/disability/>. If you are already registered with D&A , please deliver your Accommodation Letter to me as early as possible in the semester so we can discuss your approved accommodations and needs in this course.

Student Emergency Services (SES): Student Emergency Services in the Office of the Dean of Students helps students and their families during difficult or emergency situations. Assistance includes outreach, advocacy, intervention, support, and referrals to relevant campus and community resources. If you need to be absent from class due to a family emergency, medical or mental health concern, or academic difficulty due to crisis or an emergency situation, you can work with Student Emergency Services. SES will document your situation and notify your professors. Additional information is available at <https://deanofstudents.utexas.edu/emergency/> or by calling 512-471-5017.

Counseling and Mental Health Center: We all benefit from support during times of struggle. Know you are not alone. If you are experiencing signs of stress, anxiety, depression, academic concerns, loneliness, difficulty sleeping, or any other concern impacting your well-being – you are strongly encouraged to connect with CMHC. The Counseling and Mental Health Center is located on campus and provides a wide variety of mental health services to UT students including crisis services, counseling services with immediate support and well-being resources. Additionally, CARE Counselors are located within each of the academic schools and colleges. These counselors are familiar with the concerns that are unique to their unit's students. For more information on CMHC, visit cmhc.utexas.edu or call 512-471-3515.

SON Care Counselor: The School of Nursing, in partnership with the Counseling and Mental Health Center, has a CARE counselor embedded within the Nursing program. It is common to need support when dealing with feelings and problems that seem beyond your control. CARE counselors support students in a number of different ways. Sometimes we help through a one-time meeting to talk about a specific concern. Other times we might offer short-term counseling. For students who want ongoing support, we can help you navigate connecting to other on-campus and off-campus resources.

University Health Services (UHS): Your physical health and well-being are a priority. University Health Services is the on-campus medical facility providing high quality medical care and patient education to UT students. Services offered include general medicine, specialty clinics including the gynecology clinic, sports medicine, nutrition services, allergy, immunization and travel health and physical therapy, an urgent care, a 24/7 nurse advice line, and a lab and radiology services. For additional information, visit healthyhorns.utexas.edu or call 512-471-4955.

The Sanger Learning Center: Did you know that more than one-third of UT undergraduate students use the Sanger Learning Center each year to improve their academic performance? All students are welcome to take advantage of Sanger Center's classes and workshops, private learning specialist appointments, peer academic coaching, and tutoring for more than 70 courses in 15 different subject areas. For more information, please visit <http://www.utexas.edu/ugs/slc> or call 512-471-3614 (JES A332)

Undergraduate Writing Center: <http://uwc.utexas.edu/>

Libraries: <http://www.lib.utexas.edu/>

ITS: <http://www.utexas.edu/its/>

Student Emergency Services: <http://deanofstudents.utexas.edu/emergency/>

Important Safety Information

If you have concerns about the safety or behavior of fellow students, TAs or professors, contact BCCAL (the Behavior Concerns and COVID-19 Advice Line) at <https://safety.utexas.edu/behavior-concerns-advice-line> or by calling 512-232-5050.

Confidentiality will be maintained as much as possible, however the university may be required to release some information to appropriate parties.

Classroom safety and covid-19

- For any illness, students should stay home if they are sick or contagious, not only to stop the spread, but also to prioritize their personal well-being.
- UHS provides [symptomatic COVID-19 testing](#) for students. Schedule your appointment by calling 512-471-4955 or online within the [MyUHS patient portal](#). Learn more about [symptomatic COVID-19 testing here](#).
- Disposable masks are available for students at the William C. Powers, Jr. Student Activity Center and Texas Union hospitality desks.
- The [exposure action chart](#) offers guidance on what to do if you have been exposed to someone who has COVID-19 or if you test positive. If you experience symptoms, stay home and isolate and follow the instructions for symptomatic in the chart.
- Stay up to date on [COVID-19 vaccinations](#) by getting all available boosters when eligible. Vaccines are available through University Health Services.
- Additionally, UHS maintains up to date resources on COVID-19, which can be found here:
- [COVID-19 Information and Resources](#)

Carrying of Handguns on Campus

Texas' Open Carry law expressly prohibits a licensed to carry (LTC) holder from carrying a handgun openly on the campus of an institution of higher education such as UT Austin. Students in this class should be aware of the following university policies:

- Students in this class who hold a license to carry are asked to [review the university policy regarding campus carry](#).
- Individuals who hold a license to carry are eligible to carry a concealed handgun on campus, including in most outdoor areas, buildings and spaces that are accessible to the public, and in classrooms.

- It is the responsibility of concealed-carry license holders to carry their handguns on or about their person at all times while on campus. Open carry is NOT permitted, meaning that a license holder may not carry a partially or wholly visible handgun on campus premises or on any university driveway, street, sidewalk or walkway, parking lot, parking garage, or other parking area.
- Per my right, I prohibit carrying of handguns in my personal office. Note that this information will also be conveyed to all students verbally during the first week of class. This written notice is intended to reinforce the verbal notification, and is not a “legally effective” means of notification in its own right.

TITLE IX DISCLOSURE

Beginning January 1, 2020, Texas Education Code, Section 51.252 (formerly known as [Senate Bill 212](#)) requires all employees of Texas universities, including faculty, report any information to the [Title IX Office](#) regarding sexual harassment, sexual assault, dating violence and stalking that is disclosed to them. Texas law requires that all employees who witness or receive any information of this type (including, but not limited to, written forms, applications, one-on-one conversations, class assignments, class discussions, or third-party reports) must report it to the [Title IX Coordinator](#). Before talking with me, or with any faculty or staff member about a Title IX related incident, please remember that I will be required to report this information.

Although graduate teaching and research assistants are not subject to Texas Education Code, Section 51.252, they are [mandatory reporters](#) under federal Title IX regulations and are required to report [a wide range of behaviors we refer to as sexual misconduct](#), including the types of misconduct covered under Texas Education Code, Section 51.252. Title IX of the Education Amendments of 1972 is a federal civil rights law that prohibits discrimination on the basis of sex – including pregnancy and parental status – in educational programs and activities. The Title IX Office has [developed supportive ways](#) and compiled [campus resources](#) to support all impacted by a Title IX matter.

If you would like to speak with a Case Manager for Support and Resources, who can provide support, resources or academic accommodations, in the Title IX Office, please email supportandresources@austin.utexas.edu. A Case Manager can also provide support, resources and accommodations for pregnant, nursing, and parenting students.

For more information about reporting options and resources, visit <http://www.titleix.utexas.edu/>, contact the Title IX Office via email at titleix@austin.utexas.edu, or call 512-471-0419.

If you want to speak with the Title IX Liaison at the School of Nursing for information on Title IX protections, reporting policies and procedures, and resources at UT Austin, contact Vinh Nguyen, Assistant Dean for Student Services, at vnguyen@nursing.utexas.edu or (512) 232-6577.

Campus Safety

The following are recommendations regarding emergency evacuation from the [Office of Campus Safety](#), 512-471-5767,

- Students should sign up for Campus Emergency Text Alerts at the page linked above.
- Occupants of buildings on The University of Texas at Austin campus must evacuate buildings when a fire alarm is activated. Alarm activation or announcement requires exiting and assembling outside.
- Familiarize yourself with all exit doors of each classroom and building you may occupy. Remember that the nearest exit door may not be the one you used when entering the building.
- Students requiring assistance in evacuation shall inform their instructor in writing during the first week of class.
- In the event of an evacuation, follow the instruction of faculty or class instructors. Do not re-enter a building unless given instructions by the following: Austin Fire Department, The University of Texas at Austin Police Department, or Fire Prevention Services office.
- For more information, please visit the [Office of Emergency Management](#).

The University of Texas at Austin
School of Nursing
N255C Adult Health Nursing II
Spring 2023

Class Schedule

Date	Topic
August 25	Orientation & Hematologic Disorders
September 1	Immune Response and Disorders
September 8	Diabetes Mellitus (DM) <i>UWorld #1 due Thursday 9/14/23 by 1700</i>
September 15	Exam #1 Covers Heme, Immune, & DM
September 22	Inflammatory & Infectious Cardiac Disorders
September 29	Coronary Artery Disease (CAD) & ACS
October 6	Acute Coronary Syndromes (ACS) <i>UWorld #2 due Thursday 10/12/23 by 1700</i>
October 13	Exam #2 Covers Inflammatory heart, CAD & ACS
October 20	Shock Syndromes
October 27	Heart Failure (HF)
November 3	Peripheral Venous Disease (PVD) <i>UWorld #3 due Wednesday 4/5/23 by 1700</i>
November 10	Exam #3 – Covers Shock, HF, & PVD
November 17	Concepts of Increased Intracranial Pressure
November 24	Thanksgiving Break
December 1	Stroke and Cerebral Hemorrhage <i>UWorld #4 due Thursday 11/30/23 by 1700</i>
April 27 8:00am-10:00am	Final Exam – 25% of grade (75 questions) <ul style="list-style-type: none"> • 25% new content (~20 questions on ICP & Stroke) • 75% old content (~55 questions all material prior to exam 3)