

Chris Brownson, Ph.D.**Work**

The University of Texas at Austin
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EDUCATION**The University of Texas at Austin****Ph.D., Counseling Psychology (APA Accredited) & Quantitative Methods (Specialization in Psychometrics), 2001**

Dissertation: *Working Fathers' Participation in Parenting: An Exploration of Dominant Discourses and Paternal Participation*

M.A., Program Evaluation, 1997

Master's Report: *Working Fathers' Involvement in Dual-Earner Families*

B.A., Psychology and History Honors, Summa Cum Laude, 1992

Thesis: *From Curer to Custodian: A History of the Austin State Hospital, 1857-1880*

LICENSE

Licensed Psychologist: Texas, License #3-1885 2002 - present

APPOINTMENTS

Clinical Professor of Educational Psychology 2022 - present
 Clinical Associate Professor of Educational Psychology 2008- 2022
 Faculty Fellow, Institute for Urban Policy Research and Analysis 2017 - present
 The University of Texas at Austin

National Academies of Sciences Committee on Supporting the Whole Student: 2019 - 2021
 Mental Health, Substance Abuse, and Well-being in Higher Education

University of Texas System Chancellor's Health Fellow 2014-15

PROFESSIONAL EMPLOYMENT

Associate Vice President for Health and Well-being 2011 – present

The University of Texas at Austin
 Portfolio includes University Health Services, Counseling and Mental Health Center, Recreational Sports (as of 2023), the Longhorn Wellness Center, the Center for Students in Recovery, and SHIFT with 260+ professional employees and 1,000+ student employees, a combined annual budget exceeding \$30M, and 450,000 square feet of indoor space and 40 acres of outdoor space across 13 different facilities. Lead mental health and well-being initiatives totaling \$30M across all 13 academic and health institutions in the UT System since 2012.

Director, Counseling & Mental Health Center (CMHC) 2006 – 2023

The University of Texas at Austin

Oversaw the Center's 75+ administrators, staff, psychiatrists, psychologists, social workers, professional counselors, and trainees who supervise, implement, and support the delivery of counseling and mental health services and programs to a diverse student body, including: individual clinical services, psychiatric services, integrated health services, group services, crisis counseling, education and outreach, interpersonal violence prevention, mental health and well-being promotion, internship/practicum/residency/nursing/ pharmacy training programs, and quality improvement program. Under my leadership we initiated the diversity counseling and outreach specialists (DCOS) program, the mental health assistance and response team (M-HART, a collaboration with UTPD), embedded counselors in academic residence (CARE) program, the integrated health (IH) program, Well-Being in Learning Environments program, Thrive@UT App, brief assessment and referral team, a case management team, peer support program, intensive outpatient program with Ascension Seton, MindBody Labs, student advisory committee, and Be That One suicide prevention program.

Director, The National Research Consortium of Counseling Centers in Higher Education

2004 - present

Lead a team of counseling psychology graduate students, affiliated faculty, and external colleges and universities on large, national studies related to college mental health. Led two national studies (each with 70+ IHEs) on college student distress, help-seeking, and suicide and a national longitudinal study on the intersection of student well-being and academic success with 18 IHEs.

National Mental Health Consultant, Teach For America (TFA)

2006 – 2015

New York, NY

Provided consultative services to TFA national and regional staff supporting the mental and organizational health of over 50 regions and nearly 12,000 diverse corps member teachers. Led team of EDP doctoral students funded by \$25,000/year grant from Teach For America to UT College of Education.

Psychologist, Private Practice

2002 – 2007

Austin, TX

Provided individual adult psychotherapy and smoking cessation services. Provided consultation services to health care systems and hospitals.

Assistant Director of Integrated Healthcare and Research, CMHC

2004 – 2006

Program Coordinator of Behavioral Health, CMHC

2002 – 2004

The University of Texas at Austin

Designed, implemented, coordinated, and administered the Integrated Health Program (IHP), which expanded in size from 0.5 FTEs to 3.5 FTEs in three years, and provided psychological services (crisis, consultation, individual, and group) as part of an interdisciplinary treatment team to diverse college students in collaboration with University Health Services (UHS). Co-created a mind-body group intervention and created a Mind-Body Biofeedback Lab as part of a stress management program. Created and supervised an integrated health psychology internship program. Designed and implemented a peer review program. Oversaw all research conducted in CMHC. Served as Interim Clinical Director.

Staff Counselor and Senior Staff Psychologist, CMHC

2001 – 2002

The University of Texas at Austin

Provided mental health services to university community including individual, couple, crisis, and group counseling. Developed and provided outreach and consultation on anger management, stress

reduction, family issues, sexual assault, and other mental health topics. Supervised interns and practicum students in both individual and group counseling. Served on CMHC Diversity Task Force.

Post-Doctoral Employment, Behavioral Health Consultants 2001 – 2002
Austin, TX

Provided comprehensive outpatient smoking cessation services which included clinical hypnosis, cognitive-behavioral techniques, relaxation training, and stress management. Consulted for healthcare professionals on smoking cessation. Lectured on health and mental health issues for patients and healthcare professionals.

Psychology Intern, CMHC 2000 – 2001
The University of Texas at Austin
Successfully completed the agency's 2,000 hour APA-accredited doctoral internship program.

Group Instructor, Austin Stress Clinic 1998 – 1999
Austin, TX
Taught 12-week domestic violence prevention classes for a culturally diverse, court-referred population focusing on anger management, stress management, relaxation, communication skills, problem solving, and personal relationships.

Psychological Evaluator, Assessment Associates of Austin, 1996 – 1998
Joel Forgas, Ph.D., and Tom Anderson, Ph.D.
Austin, TX
Conducted over 70 psychological evaluation batteries. Administered and interpreted neuropsychological, cognitive, intelligence, academic, and personality tests. Conducted Medicaid and Texas Rehabilitation Commission evaluations to a culturally diverse clientele.

Career Counselor, The University of Texas at Austin Career Exploration Center 1997
Austin, TX
Provided career counseling and assessment to university students.

Elementary School Teacher, Teach For America 1993 – 1995
Compton, CA
Taught fifth grade to bilingual students in inner-city Los Angeles. Served as PTA Vice President and Grade-level Chairperson. Developed and initiated numerous enrichment and educational programs, such as an after-school tutoring program. Trained and advised first-year teachers.

CONSULTATION AND PROGRAM EVALUATION

Expert Witness 2021 - present
Harvard University

American College Health Association Peer Reviewer 2016 – present
Site visitor/consultant for U.S. college and high school health and counseling centers (Portland State University, Abilene Christian University, Phillips Andover Academy)

University of Houston
Counseling Center Review, Texas State University 2017
San Marcos, TX
Reviewed programs, operations, and policies of counseling center and provided recommendations.

Counseling Center Review, University of Texas at Dallas 2016
Dallas, TX

Reviewed programs, operations, and policies of counseling center and provided recommendations.

Program Evaluation Consultant, Emory University 2010 – 2013
Atlanta, GA

Conducted internal program evaluation and consultation for counseling center's Emory Cares For You, a suicide prevention program funded by SAMHSA.

Program Evaluation Consultant, Pace University 2005 – 2011
New York, NY

Conducted internal program evaluation and consultation for counseling center's Project HOPE, a suicide prevention program funded by SAMHSA.

Program Evaluation Consultant, Marquette University 2006 – 2009
Milwaukee, WI

Conducted internal program evaluation and consultation for counseling center's Link for Life program, a suicide prevention project funded by SAMHSA.

Smoking Cessation Consultant, Seton Family of Hospitals 2003 – 2004
Austin, TX

Provided staff development and training to personnel for inpatient and outpatient smoking cessation services. Consulted in the development of a comprehensive smoking cessation program for patients differentially based on their readiness for change.

Program Evaluator, Round Rock Independent School District (ISD) 1998 – 1999
Round Rock, TX

Designed and conducted a program evaluation of Dyslexia Services which included developing and administering surveys, interviewing stakeholders, providing feedback, collecting and analyzing test data, and writing comprehensive evaluative reports. Developed and conducted in-service training for teachers/evaluators on proper academic test administration and interpretation.

Item Writing Consultant, Dell Computer Corporation 1998
Austin, TX

Designed assessments for on-line training to sales personnel on computer systems.

Program Evaluator, Austin Police Department (APD) and Austin ISD 1997
Austin, TX

Designed and implemented an evaluation for a \$750,000 gang prevention grant. Interviewed police officers, observed "gang suppression" training, collected and analyzed all quantitative and qualitative data, and synthesized the results into a report for the U.S. Department of Justice.

TEACHING EXPERIENCE AT UT AUSTIN

Seminar on Professional Issues for Psychologists & Social Workers (part of APA Accredited Internship Training Program), AYs 2013-14 through 2022-23

EDP 385C, Academic and Student Affairs in Higher Education (Instructor Rating 4.5; Course Rating 3.7), Spring 2022

EDP 385C, Academic and Student Affairs in Higher Education (Instructor Rating 4.7; Course Rating 4.7), Spring 2021

EDP 385C, Academic and Student Affairs in Higher Education, (Instructor Rating 4.9; Course Rating 4.6), Spring 2019

EDP 385C, Academic and Student Affairs in Higher Education, (Instructor Rating 4.5; Course Rating 4.4), Spring 2017

Lecturer/Teaching Assistant (1996-2000), graduate and undergraduate statistics, research design, psychometrics, and measurement and evaluation courses. Taught interactive SPSS course as part of EDP 482K.

GRANTS, DEVELOPMENT, AND OTHER FUNDING

SPONSORED RESEARCH FUNDING

Hogg Foundation Grant, \$398,000 2017 - 2020

Co-PI for Well Being in Learning Environments, a program designed to develop and study how to increase well-being in the college classroom in collaboration with faculty at UT.

OSP# 201702066

Name and Affiliation of Principal Investigator: Katy Redd

Teach For America/UT College of Education Collaboration, \$50,000 2013-2015

PI on a 2-year project that provided training opportunities to graduate students in the Counseling Psychology program who worked as mental health consultant trainees to Teach For America.

OSP #: 201302405 and 201402590

GIFTS AND OTHER EXTERNAL AWARDS OR CONTRACTS

UT System Board of Regents, \$16,500,000 2022 - present

PI on an allocation to lead the implementation and evaluation of seven mental health and well-being initiatives to the academic and health institutions in the UT System, including telehealth services, after-hours crisis lines, online sexual assault and high-risk drinking prevention, faculty and staff training for intervening with students in distress, suicide prevention training, well-being app development, college health benchmarking.

Hildebrand Foundation, \$3,600,000 2018 – present

PI along with 3 other UT administrators, secured gift to create SHIFT, an initiative that engages the UT community to change the culture of campus substance use from one of misuse to one of well-being.

Name and Affiliation of the Other Principal Investigators: Susan Hochman, Brent Iverson, Lori Holleran Steiker, UT Austin

Brian L. Harlan Memorial Endowment for Suicide Prevention, \$620,000 2011 - present

Actively and regularly add funding to this dynamic endowment used to fund CMHC's suicide prevention efforts.

UT System Board of Regents, \$5,995,000 2018 – 2022

PI on an allocation to lead the implementation and evaluation of 9 well-being initiatives to the academic and health institutions in the UT System, including after-hours crisis lines, bystander intervention initiatives, collegiate recovery programs, online sexual assault and high-risk drinking

prevention, early intervention for alcohol misuse, well-being app development, college health benchmarking, alcohol and consent initiative, and engaging men in sexual assault prevention.

UT System Board of Regents, \$2,398,800 2015 – 2018

PI on an allocation to lead implementation of on-line alcohol prevention, early intervention for high risk drinking, and centers for students in recovery at all UT System academic institutions.

UT System Board of Regents, \$2,552,268 2014 – 2018

PI on an allocation to lead implementation of after-hours crisis lines and bystander intervention initiatives for all fourteen academic and health institutions in the UT System.

UT System Board of Regents, \$942,000 2012 - 2015

PI on an allocation to lead implementation of establishment of centers for students in recovery at all nine UT System academic institutions.

INTERNAL RESEARCH FUNDING

Longhorn Innovation Fund for Technology, \$100,243 2014-15

Co-PI on grant from the University of Texas at Austin Information Technology Services to develop an iPhone app (Thrive @ UT) to enhance wellness in UT students.

Name and Affiliation of the Principal Investigator: Elana Bizer, UT Austin

Other Co-PIs: Ricardo Ainslie, UT Austin

PUBLICATIONS

Works in preparation, submitted, or under review

Morpeth, J.A. & Brownson, C. (under review). Demographic, clinical, and academic variables of college students hospitalized for psychiatric crises.

Book Chapter

Brownson, C. (2010). Conducting research in college and university counseling centers. In Kay, G. and Schwartz, V. (Eds.), *Mental Health Care in the College Community. England: John Wiley and Sons*, 325-42.

Journal Articles

Brownson, C., Boyer, B., Runyon, C., Boynton, A., Jonietz, E., Spear, B., Irvin, S., Christman, S., & Balsan, M., & Drum, D. (in press). Understanding student distress and academic success: Associations of malleable well-being factors with college students' academic performance and distress and suicidality.

Morpeth, J. E., Boyer, B. P., Pitasky, S. N., & Brownson, C. (in press). Perfectionism typologies among undergraduate and graduate students: prevalence and associations with psychosocial adjustment and academic performance. *Journal of American College Health*, DOI: 10.1080/07448481.2022.2128686

Cohen, D.A., McCormick, K., Stevens, L., Morpeth, E., Caporale-Berkowitz, N., Boyer, B., Brownson, C., Strakowski, S. (2023). Addressing university student mental health during the COVID-19 pandemic. *Journal of Technology in Human Services*, 41, 259-79. DOI: [10.1080/15228835.2023.2258513](https://doi.org/10.1080/15228835.2023.2258513)

- Caporale-Berkowitz, N. A., Boyer, B. P., Muenks, K. M., Brownson, C. B. (2022). Resilience, not Grit, Predicts Retention for Students Following Academic Probation. *Journal of Educational Psychology, 114*, 1654-69. <https://doi.org/10.1037/edu0000721>
- Wilson, T., Caporale-Berkowitz, N., Parent, M., & Brownson, C. (2021). Grit is associated with decreased mental health help-seeking among student veterans. *Journal of American College Health, 71*, 2025-30. DOI: [10.1080/07448481.2021.1953034](https://doi.org/10.1080/07448481.2021.1953034).
- Blosnich, J.R., De Luca, S., Lytle, M.C., & Brownson, C. (2020). Questions of faith: Religious affiliations and suicidal ideation among sexual minority young adult. *Suicide and Life-Threatening Behavior, 50*, 1158-66.
- De Luca, S., Lytle, M.C., Yueqi, Y., & Brownson, C. (2019). Help-seeking Behaviors and Attitudes of Emerging Adults: How College Students Utilize Internet and Traditional Resources During Times of Distress. *Journal of American College Health, 68*, 250-57.
- Lytle, M.C., Blosnich, J.R., De Luca, S.M., Brownson, C. (2018). Association of religiosity with sexual minority suicide ideation and attempt. *American Journal of Preventive Medicine, 54*, 644-51.
- Becker, M.S., Dong, S., Kronholz, J., & Brownson, C. (2018). Relationships between stress and psychosocial factors with sources of help seeking among international students. *Journal of International Students, 8*, 1636-61.
- Baams, L., De Luca, S.M., & Brownson, C. (2018). Use of health services among college students by sexual identity. *LGBT Health, 5*, 1-10.
- Drum, D., Brownson, C., Hess, E., Burton Denmark, A., Talley, A. (2017). College students' sense of coherence and connectedness as predictors of suicidal thoughts and behaviors. *Archives of Suicide Research, 21*, 169-184.
- De Luca, S., Franklin, C., Yueqi, Y., Johnson, S., & Brownson, C. (2016). The relationship between suicide ideation, behavioral health, and college academic performance. *Community Mental Health Journal, 52*, 534-40.
- Brownson, C., Drum, D., Becker, M.S., Saathoff, A., & Hentschel, E. (2016). Distress and Suicidality in Higher Education: Implications for Population-Oriented Prevention Paradigms. *Journal of College Student Psychotherapy, 30*, 98-113.
- Tran, K., Wong, J., Cokley, K., Brownson, C., Drum, D., Awad, G., Wang, M. (2015). Suicidal Asian American college students' perceptions of protective factors: A qualitative study. *Death Studies, 39*, 500-507.
- Lytle, M. C., De Luca, S., Blosnich, J., & Brownson, C. (2015). Associations of religious and racial/ethnic identities with suicidal ideations of gay, lesbian, bisexual, and questioning individuals, *Journal of Affective Disorders, 178*, 39-45.
- Wong, Y. J., Brownson, C., Rutkowski, L., Nguyen, C. P., & Becker, M. (2014). A

- mediation model of professional psychological help seeking for suicide ideation among Asian American and White American college students. *Archives of Suicide Research*, 18, 259-73.
- De Luca, S., Yueqi, Y., Lytle, M., & Brownson, C. (2014). The associations of race/ethnicity and suicidal ideation among college students: A latent class analysis examining precipitating events and disclosure patterns. *Suicide and Life Threatening Behaviors*, 44, 444-56.
- Brownson, C., Becker, M. S., Shaddick, R., Jaggars, S., & Nitkin-Kaner, Y. (2014). Suicidal behavior and help seeking among diverse college students. *Journal of College Counseling*, 17, 116-30.
- Brownson, C. (2012). Lessons from Campus: College Students and Mental Health. *Psychiatry Weekly*, Volume 7, Issue 17, 1-2. September 3, 2012.
- Brownson, C., Drum, D., Smith, S., & Denmark, A. (2011). Differences in suicidal experiences of male and female undergraduate and graduate students. *Journal of College Student Psychotherapy*, 25, 277-94.
- Wong, Y. J., Brownson, C., & Schwing, A. E. (2011). Risk and protective factors associated with Asian American students' suicidal ideation: A multi-campus, national study. *Journal of College Student Development*, 52, 396-408.
- Drum, D., Brownson, C., Denmark, A., & Smith, S. (2009). New data on the nature of suicidal crises in college students: Shifting the paradigm. *Professional Psychology: Research and Practice*, 40, 213-22.
- Tucker, C., Sloan, S., Vance, M., & Brownson, C. (2008). Integrated care in college health: A case study. *Journal of College Counseling*, 11, 173-83.
- Westheimer, J., Steinley-Bumgarner, M., & Brownson, C. (2008). Primary care providers' perceptions and experiences with an integrated healthcare model. *Journal of American College Health*, 57, 101-08.
- Brownson, C. (2007). Confidentiality Saves Lives. Commentary in *Student Health Spectrum*, November 2007, p.7.
- Brownson, C. (2007). From the chair: Wellness and prevention in college mental health. *American College Health Association Mental Health Section Newsletter*, Spring 2007
- Brownson, C. (2006). Further defining college mental health as a specialty area: The National Research Consortium of Counseling Centers in Higher Education. *Section on College and University Counseling Centers Newsletter*, Volume 2, Issue 2.
- Brownson, C. (2002). Counseling health psychology goes to college. *Counseling for Health*, 32, 3-4.
- Brownson, C. & Gilbert, L. A. (2002). The development of the Discourses About Fathers Inventory: Measuring fathers' perceptions of their exposure to discourses. *Psychology of Men and Masculinity*, 3, 85-96.

- Brownson, C. (2002). [Review of the book *FatherTime*.] *The Society for the Psychological Study of Men and Masculinity Bulletin*, 7, 17.
- Hartzler, B. & Brownson, C. (2001). The utility of change models in the design and delivery of thematic group interventions: Applications to a self-defeating behaviors group. *Group Dynamics: Theory, Research, and Practice*, 5, 191-199.
- Brownson, C. & Hartzler, B. (2000). *Defeating self-defeating behaviors: A thematic group treatment manual*. Austin: Clearinghouse, The University of Texas at Austin, 1-37.
- Brownson, C. (1999). Disrupting dominant discourses about paternal participation. *The Society for the Psychological Study of Men and Masculinity Bulletin*, 4, 17-18.
- Gilbert, L. & Brownson, C. (1998). Current perspectives on women's multiple roles. *Journal of Career Assessment*, 6, 433-448.
- Brownson, C. (1998). Disrupting dominant discourses about paternal participation. (Report No. NCRTL-CG-029-109). East Lansing, MI: National Center for Research on Teacher Learning. (ERIC Document Reproduction Service No. ED 427 275).
- Brownson, C. (1997, August). Rustlers and wranglers on the TPA ranch. *Texas Psychologist*, 32-34.
- Brownson, C. (1997, August). Ode to Frederica. *Texas Psychologist*, 28-30.

PRESENTATIONS, SYMPOSIA, PANELS, AND INVITED ADDRESSES

- Ethics in Counseling Center Work*. Invited panel at the Texas University Counseling Center Director Association Annual Conference, Galveston, April 19, 2023.
- Considerations in Suicide Prevention*. Invited address at the Galveston County Regional Higher Education Suicide Prevention Work Group, Virtual, March 30, 2023.
- Tough Questions for Counseling Services in the Post-Pandemic Era: Disrupting the Comfortable to Comfort the Disrupted*. Invited panel at the Lookout Mountain Group Annual Meeting, Denver, February 17, 2023.
- The (In)accessibility of Mental Healthcare*. Keynote address at the Southwest College Health Association Conference, Austin, January 4, 2023.
- Schools of Thought Volume II: Changing Needs, Changing Models*. Invited panel presentation for LifeWorks, Virtual, September 29, 2021.
- The Swinging Pendulum of "in loco parentis": Student Mental Health Issues and the Evolving Duty of Colleges and Universities to Keep Students Safe*. Panel presentation at the National Association of College and University Attorneys' Annual Conference, Virtual, June 22, 2020.
- College of Education Mental Health and Wellness Panel*. Panel presentation for UT College of Education students, faculty, and staff, March 4, 2020.

Student Mental Health: A Wise Investment for Institutional Leaders. Panel presentation at the American Association of Colleges & Universities Annual Meeting, Washington, D.C., January 24, 2020.

The Tension Between the First Amendment, Safety, and Inclusivity: Law, Policy, and the Role of Counseling Centers. Keynote panel presentation at the Association of University and College Counseling Center Director's Annual Meeting, San Antonio, October 20, 2019.

An Identity Crisis in College Counseling: Looking in the Mirror at our Fundamental Assumptions. Preconference panel presentation at the Association of University and College Counseling Center Director's Annual Meeting, San Antonio, October 19, 2019.

Beyond the Counseling Center: Using Research Findings to Improve College Students' Well-Being. Preconference panel presentation at the Association of University and College Counseling Center Director's Annual Meeting, San Antonio, October 19, 2019.

Academic Success, Well-being, and Faculty Prevention and Early Intervention Training: Current Findings and Applications from the National Research Consortium of Counseling Centers in Higher Education. Abstract presented at the Association of University and College Counseling Center Director's Annual Meeting, New Orleans, October 15, 2018.

From Student Suicidality to Flourishing: The Mental Health Determinants of Academic Success. Program presented at the American College Health Association Annual Meeting, Washington D.C., May 31, 2018.

Creating a Healthy Campus: Best Practices and Innovative Strategies from Winners of the Healthy Campus Award. Program presented at the American College Health Association Annual Meeting, Washington D.C., May 30, 2018.

Integral Care Community Forum: Youth Suicide Prevention. Invited address as part of a panel, Austin, April 2, 2018

College Student Suicidality, Well-being, and Academic Success. Program presented at the National Association of Student Personnel Administrators Annual Meeting, Philadelphia, March 6, 2018.

Panel on Mental Health: Mindfulness & Emotional Self-Regulation. Invited Panel Discussion to the Healthier Texas Summit, Austin, November 6, 2017.

Understanding Student Distress and Academic Success. Session presented at the American College Health Association Annual Meeting, Austin, June 3, 2017.

Mental Weatlh: UT Austin Experts on Research and Care in Mental Health. Invited Panel Discussion to The Texas Edge – Bringing the Best of UT to Dallas, April 26, 2017.

Creating a Healthy Campus: Best Practices and Innovative Strategies from Winners of the Healthy Campus Award. Invited Panel Discussion to Depression on College Campuses Conference, University of Michigan, March 21, 2017.

Putting Research into Practice in Higher Education. Invited address to UT Austin Department of Educational Psychology Quantitative Methods Colloquium. March 8, 2017.

Preparing Students Emotionally for College. Panel presented at SXSWedu, Austin, March 6, 2017.

Suicide Prevention and Mental Health: It's Not Just for Counseling Centers Anymore. Session presented at the NASPA Strategies Mental Health Conference, Austin, January 21, 2017.

College Student Well-being: Exploring the Relationships among Pre-existing Vulnerabilities, Distress, and Suicidality. Session presented at the NASPA Strategies Mental Health Conference, Austin, January 19, 2017.

Postvention: A Guide for Response to Suicide (and Disasters) on College Campuses. Session presented at the American College Health Association Annual Meeting, Orlando, May 27, 2015.

Advancing the Field of College Mental Health through Multi-Campus Collaborative Efforts. Invited spotlight panel at the Annual AUCCCD Conference, Chicago, November 8, 2014.

Book Talk: Don't Tell Me What To Do, Just Send Money, The Essential Parenting Guide to the College Years. Panel Participant at the University of Texas Parents Virtual Book Club, September 23, 2014.

Building Recovery from Within: How to Implement a Sustainable Collegiate Recovery Program that Unites the Campus Community. Session presented at the American College Health Association Annual Meeting, San Antonio, May 29, 2014.

Undergraduate and Graduate Student Coping and the Continuum of Distress and Suicide: Implications for Clinical Services and Population-oriented Intervention. Session presented at the American College Health Association Annual Meeting, San Antonio, May 28, 2014.

Director Swap: Creating Your Own Professional Development Through Immersion. Abstract presented at the Annual AUCCCD Conference, San Diego, CA, October 30, 2013.

Understanding Suicide Clusters on College Campuses: Institutional Responses and the Role of Means Restrictions at Two Campuses. Abstract presented at the Annual AUCCCD Conference, San Diego, CA, October 30, 2013.

Book Talk: Don't Tell Me What To Do, Just Send Money, The Essential Parenting Guide to the College Years. Panel Participant at the University of Texas Parents Virtual Book Club, September 24, 2013.

College Mental Health and Academic Outcomes. Invited symposium hosted by the Healthy Minds Network, June 26, 2013.

The Past, Present, and Future of Mental Health Services on Campus. Session presented at the American College Health Association ACHA Annual Meeting, Boston, MA, May 31, 2013.

An Up-to-Date Look at the Continuum of Distress, Suicidal Experiences, and Outcomes. Symposium presented at the American College Health Association ACHA Annual Meeting, Boston, MA, May 30, 2013.

Collaborative and Integrated Practices in College Health: Building Strength through Strategic Alliance. Invited plenary at the American College Health Association ACHA Annual Meeting, Boston, MA, May 30, 2013.

Meeting the Challenge: Trends in College Mental Health. Opening keynote speaker at the College Counseling Conference, TCCA Texas College Counseling Association and TCA Texas Counseling Association, Austin, May 19, 2013.

College Student Mental Health. Invited address to San Angelo Texas Exes, San Angelo, February 13, 2013.

Undergraduate and Graduate Students' Coping with Stressful Experiences: The Continuum of Distress, Suicidal Experiences, and Outcomes. Symposium presented at the Annual NASPA Mental Health Conference & Alcohol, Other Drug Abuse and Violence Prevention Conference, Fort Worth, January 17, 2013.

Undergraduate and Graduate Students' Coping with Stressful Experiences: The Continuum of Distress, Suicidal Experiences, and Outcomes. Symposium presented at the Annual Conference of the Association for University and College Counseling Center Directors Meeting, Newport, RI, October 24, 2012.

Book Talk: Don't Tell Me What To Do, Just Send Money, The Essential Parenting Guide to the College Years. Panel Participant at the University of Texas Parents Virtual Book Club, September 27, 2012.

Undergraduate and Graduate Students' Coping with Stressful Experiences: The Continuum of Distress, Suicidal Experiences, and Outcomes. Symposium presented at the Annual Meeting of the American College Health Association, May 2012.

Undergraduate and Graduate Students' Coping with Stressful Experiences: The Continuum of Distress, Suicidal Experiences, and Outcomes. C. Brownson (Chair), Symposium presented at the Texas University and College Counseling Center Conference, Waco, 2012.

College Student Mental Health. University of Texas Unions Advisory Council, November 4, 2011.

Critical Issues in Counseling Centers – Staff Psychologist, Director, and Student Affairs Perspectives. C. Brownson & A. Krasnow (Co-Chairs), Symposium presented at the Annual Meeting of the American Psychological Association, Washington, D.C., 2011.

Connections between Depression, Alcohol, and Suicide among College Students: What Little We Know, and Opportunities for Learning More. D. Eisenberg (Chair), Invited presentation at SAMHSA's An Integrated Response to Public Health Issues on College Campuses: Mental Health Promotion, Alcohol and Other Drug Prevention, and Suicide Prevention Meeting, Rockville, MD, August 2011.

Mental Health Trends and Needs of College Students. Invited presentation at the meeting of the Council of Student Services Vice Presidents, Austin, July 2011.

Higher Education Mental Health Alliance: An Introduction and Discussion. Presentation at the Annual Meeting of the American College Personnel Association, Baltimore, 2011.

Student Suicidality: Social Belongingness and Coping. Y.J. Wong (Chair), New Perspectives on Suicide Theory, Research, and Prevention. Symposium presented at the Annual Meeting of the American Psychological Association, San Diego, 2010.

- Identifying and Responding to University Students in Crisis.* C. Davis III and A. Krasnow (Chairs), Innovative Approaches in Suicide Prevention and Addressing University Students At-Risk for Harm to Self or Others. Symposium presented at the Annual Meeting of the American Psychological Association, San Diego, 2010.
- The Higher Education Mental Health Alliance: Putting Your Professional Organizations To Work For You.* Symposium presented at the Annual Conference of NASPA, Chicago, March, 2010.
- Help Seeking by College Students in Suicidal Crisis.* C. Brownson (Chair and Discussant). Discussion presented at the Annual Meeting of the American Psychological Association, Toronto, August, 2009.
- College and University Counseling Centers' Response to Campus Racial Incidents.* C. Brownson (Chair). Symposium presented at the Annual Meeting of the American Psychological Association, Toronto, August, 2009.
- The Higher Education Mental Health Alliance: Putting Your Professional Organizations to Work for You.* Symposium presented at the Annual Meeting of the American College Health Association, May, 2009
- Behavior Concerns Advice Line: A Collaborative Approach to Campus Violence Prevention.* Symposium presented at the University of Texas System Risk Management Conference, Galveston, April 2009.
- Counseling Services for Students of Color.* Invited presentation and discussion at the Consortium of High Achievement and Success Counseling Center Conference, Williams College, January 2009.
- Research Updates and Applications for Campuses Panel Discussion.* Invited plenary at the Garrett Lee Smith Suicide Prevention Grantee Annual Meeting, January 2009.
- The Evaluation of Gatekeeper Training Programs: Challenges and Resources.* Invited breakout session at the Garrett Lee Smith Suicide Prevention Grantee Annual Meeting, January 2009.
- Status of Student Mental Health in North America: Suicidal Crises in the United States.* Invited plenary at the China-U.S.-Canada Student Affairs Summit, Beijing, November 2008.
- Public Scrutiny in a Time of Change: What Counseling Centers Need from our Organizations (An Elements of Excellence Program).* T. Seals (Chair). Symposium presented at the 59th Annual Association of University and College Counseling Center Directors Conference, Fort Worth, October 2008.
- Suicidal Crises on College Campuses: Implications for Prevention.* Presentation at the Annual Meeting of the Southwest College Health Association, Austin, October 2008.
- Creating Communities that Care: The Behavior Concerns Advice Line.* J. Barber (Chair), Changing Face of Practice in University Counseling Centers. Symposium presented at

the Annual Meeting of the American Psychological Association, Boston, August, 2008.

Nature of Suicidal Crises in College Students. C. Brownson (Chair), Discussion presented at the Annual Meeting of the American Psychological Association, Boston, August, 2008.

Characteristics of Suicidal Crises in College Students: Implications for Suicide Prevention. Invited address to the Texas Suicide Prevention Symposium, San Antonio, June 2008.

Understanding Suicidality in Students in Higher Education. Invited address to Arizona State University Counseling Center and Student Affairs, 2008.

The Integrated Health Program: Bridging Two Cultures. Invited panelist on Henry Chung, M.D.'s symposium Putting the Pieces Together: What are the benefits and challenges of dissemination for the Collaborative Model in College Mental Health, NASPA Mental Health Conference, Tampa, January 2008.

Mental Health and College Counseling Center Issues for Latino College Students. Invited Address to the Latino Leadership Summit, Austin, October 20, 2007.

Optimizing Your Potential: A Mindfulness Based Intervention. T. Callandrillo (Chair), Group Counseling Interventions in University Counseling Centers: Innovations and Challenges. Symposium presented at the Annual Meeting of the American Psychological Association, San Francisco, August, 2007.

Suicidal Crises in College Students. An Invited Address at the Meeting of the Council of Student Services Vice Presidents, Austin, July 16, 2007.

Lessons Learned from Mental Health Crises on College Campuses. An Invited Presidential Panel at the Annual Meeting of the American College Health Association, San Antonio, May 31, 2007.

The Nature of Suicidal Crises in College Students: New Data and Implications. An Invited Address at the Annual Meeting of the American College Health Association, San Antonio, May 30, 2007.

The Nature of Suicidal Crises in College Students. Preconference Workshop presented at the American Association of Suicidology 40th Annual Conference, New Orleans, April 11, 2007.

The Nature of College Student Suicidal Crises: Implications for Counseling Center. Invited webinar with the Suicide Prevention Resource Center, April 9, 2007.

New Data on Student Suicidal Crises: Implications for Policy, Prevention, and Intervention. Presentation accepted for the National Association of Student Personnel Administrators and the American College Personnel Association, Orlando, April 2007.

Framework for Campus Mental Health Promotion and Suicide Prevention. Presented as part of an invited symposium at the SAMHSA Campus Suicide Prevention Grantee Technical Assistance Meeting, Gaithersburg, MD, January 2007.

Collaborations in Campus-wide Suicide Prevention: Examining the Data and Beginning the

Discussion. Presented at the Third Annual NASPA Mental Health Conference: Collaborations for Improved Mental Health and Wellness on College and University Campuses, Houston, TX, January 2007.

The Nature of Suicidal Crises in College Students. Presented at the annual meeting of the Association of University and College Counseling Center Directors, Vail, October 2006.

Counseling Psychology Mentoring Roundtable. Presented at the annual meeting of the American Psychological Association, New Orleans, 2006.

Primary Care Psychology: Unique Careers in Counseling Psychology. T. Campbell, C. Daood, and J. Jackson (Chairs), As a Young Counseling Psychologist, What Will I Look Like in a Decade. Conversation Hour presented at the annual meeting of the American Psychological Association, New Orleans, 2006.

Update on the Research Consortium Study on College Student Suicidal Ideation. Presentation at the annual meeting of the Association of University and College Counseling Center Directors, Minneapolis, October 2005.

Model for the Integration of Behavioral Health into Primary Care. C. Brownson (Chair), Primary Care Psychology in College Health. Symposium presented at the annual meeting of the American Psychological Association, Washington, D.C., 2005.

You and Counseling Psychology: Charting the Future. Roundtable presented at the annual meeting of the American Psychological Association, Washington, D.C., August 2005.

Mind Body Medicine in College Health. Presentation at the annual meeting of the American College Health Association, San Diego, May 2005.

Research Consortium of Counseling and Psychological Services in Higher Education Proposal for a Study on Suicidal Ideation. Presentation at the annual meeting of the Association of University & College Counseling Center Directors, Lake Tahoe, October 2004.

Administrative Considerations in the Collaboration between University Counseling Centers and Health Centers. Presentation at the annual meeting of the Association of University and College Counseling Center Directors, Lake Tahoe, October 2004.

Issues in Cooperation Among Primary Care, Psychiatry, and Counseling: Case Management and Prescribing Medications. Presentation at the annual meeting of the American College Health Association, New Orleans, May 2004.

Common Mental Health Issues on College Campuses. Presented to nurses at University Health Services for Continuing Nurses' Education, December 2003.

Intervening with Stages of Change for Dental Patients. Presented to dental hygienist students at Austin Community College, December 2003.

Opportunities and Challenges in Improving Access to Counseling Center Services. K. Lese (Chair), Cutting Edge Issues in University Counseling Centers. Conversation Hour presented at the annual meeting of the American Psychological Association, Toronto, August 2003.

Models of Collaboration and Integration among Primary Care, Behavioral Health, Psychiatrists and Psychologists. Presentation at the annual meeting of the American College Health Association, Miami Beach, 2003.

Train the Trainers Series: Smoking Cessation Counseling for Inpatient Populations. Presented to the Seton Hospital Network, January and February 2003.

Smoking Cessation in Primary Care. Presented to Medical Education Program for University Health Services of the University of Texas at Austin, October 2002.

Stress Management in Primary Care. Presented at University Health Services of the University of Texas at Austin, May 2002.

Helping Dental Patients Quit Smoking. Presented at monthly meeting of the Austin Dental Hygienists Association, April 2002.

Assessing and Intervening with Smokers in Inpatient Facilities. Presented as continuing education to Seton Hospital nurses and pulmonary/cardiac rehabilitation specialists, October 2001.

Communication Skills. Presented to Seton Hospital Heart Pre-Transplant Group, September 2001.

Redefining masculinity in the family: An exploration of paternal participation. L. Gilbert (Chair), Challenging Images of Masculinity. Symposium presented at the annual meeting of the American Psychological Association, San Francisco, 1998.

SELECTED MEDIA INTERVIEWS

Inside Higher Ed, Ashley Mowreader, August 2023
Creating a Systemwide Mental Health Solution

Minds & Memoirs (podcast), November 2022
Episode 2: The Signs and Symptoms of Mental Health

Quadcast (podcast) Mary Christie Institute, Marjorie Malpiede, August 2022
A Collaborative Approach to Student Wellness

Austin American Statesman, Megan Menchaca, July 2022
UT System Approves \$16.5M in Funding for Mental Health, Student Safety Initiatives

Alcalde, Robyn Ross, January/February 2022
Distress Signals: UT is Working to End the Stigma Surrounding Mental Health and Offer Support

Alcalde, Robyn Ross, November/December 2019
As Threats to Campus Safety Evolve, UTPD Tries to Stay Ahead of the Curve

Texas Health Journal, Susan Kirtz, April 2019
A Texas-Sized System of Support for College Student Health and Safety

New York Times, Brad Wolverton, February 2019
As Students Struggle with Stress and Depression, Colleges Act as Counselors

KXAN, Austin, February 2019

UT Mental Health Programs Getting a Major Funding Boost

KXAN, Austin, Alyssa Goard, December 2018

Testimony Reveals Gaps in Mental Healthcare for Kendrex White

The Daily Texan, Kayla Meyertons, October 2018

A UT Student Tries to Commit Suicide. Now what?

The Washington Post, Isaac Stanley-Becker, October 2018

Masculinity is Not a 'Mental Health Issue,' University of Texas Clarifies After Right-Wing Fury

The Chronicle of Higher Education, Katherine Mangan, October 2018

U. of Texas Overhauls Program on Masculinity to Avoid Stigma

U.S. News and World Report, Barbara Sadick, September 2018

How Student Can Find Mental Health Services on Campus

The Houston Chronicle, Chris Ferguson, May 2018

Is a New 'Masculinity' Program at UT Wrong About Men?

The Daily Texan, Maria Mendez, February 2018

Board of Regents Approve \$7.4 Million for Student Well-being Initiatives

Inside Higher Ed, Jeremy Bauer-Wolf, February 2018

Moving Away from Charging for Counseling

KVUE, Molly Oak, January 2018

UT Cuts Costs to On-campus Counseling

The Daily Texan, Stephanie Adeline, January 2018

Fenves Announces CMHC Counseling Sessions Will Now Be Fully Subsidized

The Daily Texan, Maria Mendez, January 2018

UT-Austin Remains One of the Few Texas Universities to Track Student Suicide Deaths

Associated Press, Collin Binkley, January 2018

Most Big Public Colleges Don't Track Suicides, AP Finds

Inside Higher Ed, Jeremy Bauer-Wolf, January 2018

Suicide Data: Mental Health Experts Say Collecting Data Around Student Suicide Can Be Helpful to Inform Administrators

The Chronicle of Higher Education, Sam Hoisington and Alexander Kafka, January 2018

After a Suicide, What Colleges Can Do to Protect the Public Health

Austin American Statesman, London Gibson, January 2018

UT Drops Fee for Student Counseling

Fox 7 News, Austin, Jennifer Kendall, January 2018

Student Outcry Led to Reduced Costs for Mental Health Services at UT

The Daily Texan, London Gibson, November 2017

Student Government Debates Resolution Declaring Campus 'Mental Health Crisis'

The Daily Texan, London Gibson, November 2017

Student Petition to Make Counseling Services Free Gets Over 2,700 Signatures

The Daily Texan, London Gibson, October 2017

UT Austin Remains One of the Only Top Schools in Texas to Charge Counseling Fees

KEYE-TV, Austin, Adela Uchida, May 2017

UT Counts on Students to Speak Up When Friends Struggle with Mental Health

Spectrum News-TV, Austin, Elizabeth Jeneault, May 2017

UT Stabbing Attack Puts Spotlight on Mental Health

KXAN-TV, Austin, Alyssa Goard, May 2017

UT Boosting Mental Health Support after Deadly Stabbing

The Daily Texan, Van Nguyen, November 2016

Second MindBody Lab opens in SAC

The Chronicle of Higher Education, Sarah Brown, September 2016

Colleges Add Mental Health Awareness to Crowded Orientation Lineup

The Daily Texan, Van Nguyen, August 2016

Counseling Services on Campus May Not Offer Immediate Services Due to Lack of Funding

Texas Tribune, Aneri Pattani, August 2016

Here's Why Texas Students Wait Weeks for Basic Mental Health Services

UT News, April 2016

University Leads Statewide Task Force to Create Suicide Prevention Video

UT News, February 2016

University Creates Mobile Application for Students to Help Manage the Ups and Downs of College Life

Yes!, Donna Jackel, November 2015

How College Students Are Resisting the Mental Illness Stigma

The Wall Street Journal, Sue Shellenbarger, October 2015

New Help for Homesick Students on Campus

The Shorthorn, Javier Giribet, September 2015

MavTalk Hotline Provides Immediate Assistance to Students in Crisis

The Daily Texan, Matthew Adams, September 2015

UT System to Fund Campus Safety Through Bystander Initiative

The Shorthorn, Matt Fulkerson, September 2015

Initiative Focuses Educating Bystanders About Crime

The Chronicle of Higher Education, Katherine Mangan, September 2015

Bystander Intervention: Not Just for Sexual Assault

Dallas Morning News, August 2015

Laws Aim to Increase Mental Health Awareness, Prevent Suicides at Colleges

Recovery Campus, Sonia Buchanan, April 2015

University of Texas Positioned to Serve as National Model for Alcohol Prevention and Education Programs

The Daily Texan, Josh Willis, February 2015

Board of Regents Approves \$2.4 Million for Alcohol Abuse Prevention and Recovery Programs

APA Monitor, Amy Novotney, September 2014

Students Under Pressure

KXAN-TV, Amanda Brandeis, August 2014

UT Regents Fund Crisis Intervention Programs Systemwide

UT System, August 2014

Regents Fund Crisis Intervention Programs; After-Hours Hotline

San Angelo Standard Times, March 2013

Mental Health on Minds of Many

News Radio KLBJ, December 2012

Program Helping UT Students Recover from Addiction and Abuse Expands to Other System Schools

Psychiatry Weekly, October 2012

Lessons from Campus: College Students and Mental Health

The Alcalde, Rose Cahalan, May/June 2012

Calm in a Crisis

The Boston Globe, Alli Knothe, May 2012

Boston College Sophomore's Death Ruled a Suicide by Medical Examiner; Sixth Boston-area Student to Take Own Life This School Year

Houston Chronicle, Melissa Ludwig and Jennifer Lloyd, September 2010

Death on UT Campus Sharpens Focus on Suicides

Associated Press, Heather Ainsworth, March 2010

Cornell, Campus of Gorges, Fights Suicide Stigma

The Chronicle of Higher Education, Piper Fogg, February 2009

Grad-School Blues

The Maneater, Catherine Rolfe and Charesse James, September 2008

Recent Study Shows Suicidal Thoughts are Common

UT News, August 2008

Suicidal Thoughts High Among Students

NBC News, August 2008

Half of College Students Consider Suicide

ABC News, Sharon Jayson, August 2008

More Than 50% of College Students Felt Suicidal

SELECTED PROFESSIONAL TRAINING

Governor's Executive Development Program, 2015

Selected to attend intensive 3 week training in executive leadership for state and university officials

Professional Biofeedback Certificate Program and Advanced Clinical Applications, 2003

Completed 48 hour training in general biofeedback and clinical applications

Pittsburgh Mind/Body Center, University of Pittsburgh School of Medicine, 2003

Accepted to NIH grant-funded week-long training: Behavioral Medicine Interventions

Harvard Mind/Body Medical Institute, 2002

Attended week long institute on Dr. Herbert Benson's Clinical Training in Mind/Body Medicine

Pittsburgh Mind/Body Center, University of Pittsburgh School of Medicine, 2002

Accepted to NIH grant-funded week-long training: Basic Pathways Linking Behavior and Disease

American Society of Clinical Hypnosis, 2001

Completed 20 hour basic level instruction in hypnosis applied to medical and psychological clinical practices.

QuitSmart Smoking Cessation Program, 2001

Became a certified leader of the QuitSmart Smoking Cessation Program. Trained with Robert Shipley, Ph.D., Duke University Medical Center, in the methods and principles underlying effective smoking cessation for individuals and groups.

JOURNAL REVIEWS/EDITORIAL BOARDS/OTHER REVIEWS

Journal of College Student Psychotherapy, 2015 – present, Editorial Board Member

Hispanic Journal of Behavioral Sciences, 2023, ad hoc reviewer

Collaborating with a Community Health Center to Provide Components of a College Health Program, 2020-21, reviewer for Hodgkins Beckley Consulting

Harvard Review of Psychiatry, 2012, ad hoc reviewer

Journal of American College Health, 2003 – 2007, Consulting Editor

Journal of American College Health, 2002 – 2003, ad hoc reviewer

American Psychological Association Press, 2001, ad hoc reviewer

Journal of Family Psychology, 1999, ad hoc reviewer

Men and Masculinities, 1998, ad hoc reviewer

Psychological Reports: Perceptual & Motor Skills, 1998, ad hoc reviewer

HONORS AND AWARDS

UT Austin Senate of College Councils S. R. 1920 Honoring Dr. Chris Brownson, April 2020

Texas Impact Award, Mental Health America of Texas, 2016

The Senate of the State of Texas Proclamation #430 commending my work on mental health issues in the State of Texas, 2016

The University of Texas at Austin received the inaugural Active Minds Healthy Campus Award, 2015

Association of University and College Counseling Center Directors Award for Excellence in Counseling Center Scholarship, 2012

The Eyes of Texas Award, University of Texas Students, 2007

Early Career Psychologist of the Year, American Psychological Association Division 17 Section on College Counseling Centers, 2004

Round Rock Independent School District Evaluation Fellowship, 1998 – 99

University Continuing Fellowship, 1996-97 and 1997-98

Livingston Fellowship, 1997-98

Bascombe Royall and Frances Fallon Fuller Scholarship, 1995-96

Phi Beta Kappa, 1992

LEGISLATIVE TESTIMONY

Texas House Select Committee on Mental Health, 2016

Testified as delegate from UT System on college student mental health

Texas Senate Higher Education Committee, 2015

Testified as a resource witness on SB 1624, relating to suicide prevention in higher education

SELECTED SERVICE – NATIONAL

Lookout Mountain Group, member, 2020 – present

American College Health Association AVP-AVC Steering Committee, 2020 - 2021

Led a team from UT Austin and Penn State University to create *State-by-state Guide to the Rules/Laws about Telehealth/Telemedicine Services Across State Lines for Mental Health and Medical Professionals* to respond to COVID-19 pandemic, 2020-21

National Academies of Sciences, Engineering, and Medicine Committee on Supporting the Whole Student: Mental Health, Substance Abuse, and Well-being in Higher Education, 2019 – 2021

Co-Chair of Association of University and College Counseling Center Directors Annual Conference, 2017 - 2019

The Jed Foundation Board of Advisors, 2012 - 2020

NCAA Task Force to Advance Mental Health Best Practices Strategies, 2017 – 2018

Leadership Team, The Symposium on Quality Improvement in College Health Leadership Committee (AHRQ & NYU), 2015

Tenure Review, Queen's College CUNY, 2014

Project Advisor for the Higher Education Mental Health Alliance's publication of *Postvention: A Guide for Response to Suicide on College Campuses*, 2014

Higher Education Mental Health Alliance – an Inter-Association Partnership

Member, 2008 – 2014

Chair, 2009 – 2011

Host, 2008 – 2009

Representative, Synarchy of Specialists in Counseling Psychology, 2009 – 2012

Member collaborator for the Higher Education Mental Health Alliance's publication of *Balancing Safety and Support on Campus: A Guide for Campus Teams*, 2012

Chair, Section of College and University Counseling Centers, Division 17, American Psychological Association, 2009 – 2010

Board of Directors, American College Health Association, 2007 - 2009

Chair, Mental Health Section, American College Health Association, 2006 – 2007

National Conference Program Planner, Mental Health Section, ACHA, New York, 2005 – 06

Treasurer, Division 17 Section for Counseling Health Psychology, American Psychological Association, 2004 – 06

Membership Committee Chair, Div 17 Section for Counseling Health Psychology, APA, 2003- 04

National Conference Program Co-Planner, Mental Health Section, ACHA, San Diego, 2004 – 05

Dorosin Lecture Search Committee Chair, ACHA, 2003 – 04

Local Recruitment, Teach For America, 1995 – 2000

SELECTED SERVICE – REGIONAL/STATE

Texas Suicide Prevention Council, higher education representative, 2020 – present

Texas State Board of Examiner's of Psychologists Written Examination Committee, 2016 - present

Texas University Counseling Center Directors (TUCCDA) Legislative Liaison, 2013 – 2022

TUCCDA Liaison to the Texas State Board of Examiners of Psychologists, 2019 - 2022

UT Austin and City of Austin/Austin Public Health COVID-19 Committee, member, 2020 – 2022

Co-Chair of TUCCDA Annual Conference, 2019

President of Texas University Counseling Center Director's Association, 2018-19

Chair of SB 1624 State Task Force, which created a suicide prevention video that any IHE in Texas could use to satisfy the requirements of the new law, 2015-16

UT System Task Force on Mental Health and Safety, member, 2013-14

UT System Ebola Working Group, member, 2014

Regional Advisory Board for Graduate Psychology Education Program: Integrated Behavioral Health Psychology Program in Primary Care for Underserved Populations, 2013-2016

Volunteer, Capital Area Mental Health Center, 1999 – 2002

Student Liaison, Capital Area Psychological Association, 2000 – 2001

SELECTED SERVICE - UNIVERSITY

Center for Societal Impact, Steve Hicks School of Social Work, advisory board member, 2023 – present

UT Campus Healthcare Entities Committee, co-founder, 2019 - present

International Oversight Committee, ex officio voting member, 2021 – present

Leadership Texas Selection Committee, 2012 - present

UT Campus Safety and Security Committee, 2006 - 2018

Student Services Building Committee, 2007 – 2020

COVID-19 University-wide Health and Wellness Working Group, member, 2020 – 2022

COVID-19 University-wide Investigative Committee, member, 2020 - 2022

COVID-19 University-wide Vaccination Hub Committee, member, 2020 - 2022

COVID-19 University-wide PCT and Clinical Testing Committee, member, 2020 – 2022

SHIFT Executive Committee, member, 2018 – 2022

Faculty Innovation Grants for Improving Social, Emotional, and Behavioral Health in Austin, Texas, Review Committee, 2022

Health Professions Pipeline Steering Committee Member, Community Integrated Health Initiative,

2018 – 2021

COVID-19 University-wide Mental Health and Well-being Committee, Co-Chair, 2020

COVID-19 Task Force Chairs Committee, 2020

Scooter Safety Management Workgroup, 2018 – 2020

University-wide Mental Health and Well-Being Symposium Planning Committee, member, emcee of the event, and panel moderator, 2019

MyUT Strategic Planning Committee, member, 2019

Cultivating Learning and Safe Environments Study Working Group, member, 2015-2019

Young, Gifted & @ Risk Symposium: Mental Health for Students of Color, Conference Steering Committee, 2018

Principal Team Member of Youth Substance Misuse and Addiction Pop-Up Institute: Toward Solving the Problem of Substance Misuse and Addiction Among Youth and Emerging Adults, 2017 - 2018

Student Deans Committee, member, 2006 – 2017

Member of the Campus Safety and Security Subcommittee of the Campus Carry Policy Working Group, 2015 – 2017

Departmental Review Committee (CMHC and UHS) Chair for IRB, 2012 - 2017

Undergraduate Management Council Plus (Part of 4 Year Graduation Rate Initiative), 2013 – 2016

Initiated the Opioid Abuse/Overdose Working Group (later called the Substance Safety and Overdose Prevention Committee), 2016

Student Ombudsperson Search Committee, member, 2016

Title IX Coordinator Search Committee, member, 2015

Dell Medical School Associate Dean for Student Affairs Search Committee, member, 2014

Dell Medical School ACGME Sub-Committee, member, 2013-14

Presidential Task Force to Review Sexual Harassment and Consensual Relationships Policy, 2013

Improving Student Withdrawal, Rematriculation and Retention Committee, Chair, 2012-2013

New Student Orientation Strategic Planning Committee and Pre-Orientation and Refresh Sub-committees, 2012 – 2013

Texas Student Media Director Search Committee, Chair, 2012

UT Tobacco Free Policy Working Group, member, 2012

Registrar's Working Group (re-write retroactive medical withdrawal policy), member, 2010 – 2012

Associate Registrar Search Committee, member, 2009

Behavior Concerns Advice Line Committee (Faculty Referral Task Force), 2007

Student Representative, Counseling Psychology Executive Committee, 1997 – 1999

DISSERTATION COMMITTEES (Students with * were mentored as part of my research lab)

*Sam Pitasky, current, UT Austin

Sarah Simi Cohen, *Try Celebrating Us, Not Our Trauma: The Community Building and Resistance Strategies of First-Generation, Low-Income Queer and Transgender Undergraduate Students in the Neoliberal Academy*, 2023, UT Austin

Travette Webster, *A Different World [Than Where You Come From]: Examining the Experiences of Black Undergraduate Students at Predominantly White Institutions Amid the Dual Pandemics*, 2023, UT Austin

*Erin Morpeth, *Voices of Students in Crisis: A Two-Part Exploratory Study of College Students Hospitalized for Psychiatric Distress*, 2022, UT Austin

*Norian Caporale-Berkowitz, *What should peer counselors be able and allowed to do? A Delphi Consensus study*, 2022, UT Austin

*Erika Jonietz, *Malleable mental health factors in undergraduate engineering students*, 2022, UT Health San Antonio

*Stuart Irvin, *Subjective well-being: Its structure, prevalence, and association with distress, suicidality and adverse childhood experiences in undergraduate and graduate students*, 2021, private practice

*Mike Balsan, *Embedding mental health counselors on a college campus: Assessing for early intervention effects*, 2020, private practice

*Sarah Christman, *Using sense of coherence to understand suicidality among American Indian and Alaska Native college students*, 2019, University of Utah

*Ashley Boynton, *The influence of meaning in life on the relationship between perfectionism and suicidality: Implications for interventions on college campuses*, 2017, private practice

*Benjamin Spear, *Examining the development of sense of coherence in the LGB college student population and its relationship with protecting against distress and suicidality*, 2017, Texas A&M University

*Elizabeth Wilson Hentschel, *College student growth after a stressful period: The effects of demographics and experiencing distress and suicidality on self-reported domains of growth*, 2016, private practice

Amanda Mabry Flynn, *Understanding the target audience: Using demographics and theory to develop communication campaigns for bystander intervention initiatives*, 2016, University of Illinois - UC

*Andrea Saathoff, *Towards an understanding of college student distress, suicidality, and connectedness*, 2014, private practice

*Marty Swanbrow Becker, *The impact of suicide prevention gatekeeper training on resident assistants*, 2013, Florida State University

*Elaine Hess, *Between suicidality and self: Effects of mindfulness on college students' entrance into and progression along the continuum of suicidality*, 2013, private practice

*Adryon Burton Denmark, *Why do suicidal students avoid seeking help? College students' self-reported reasons for concealing suicide ideation and their relationship to attempting suicide*, 2011, private practice

Debra Kissen Kohn, *Mindfulness training for intrusive thoughts*, 2010, private practice

James Pittman McGehee, *The development and implementation of a self-compassion intervention for adolescents: A pilot study*, 2010, private practice

- Kimberly Tran, Suicidal Asian American college students' perceptions of protective factors: A qualitative study, 2010, Fayetteville State University
- Jonathan Bert Hoopes, Acceptance and interpersonal functioning: Testing mindfulness models of empathy, 2009, Huntington VA Medical Center
- Chris Daood, Effects of individual secularity, institutional secularity and campus activity involvement on college student suicidal ideation and attempts, 2009 (Marquette University), Waukesha County Technical College
- Edgar Sanchez, A comparison of item exposure control procedures with the generalized partial credit model, 2008, American College Testing
- Scott Hosford, The relationship of perceived racism, neuroticism, negative affectivity, and coping strategies to blood pressure, stress symptoms, and health variables among Latino college students, 2007, Brigham Young University

OTHER STUDENT/POST DOC MENTORSHIP

- Trisha Miller, faculty co-advisor for doctoral student, 2022 – present, UT Austin
- Aradhita Gupta, master's student supervised as part of research team, 2022 – present, UT Austin
- Caroline Weppner, faculty co-advisor for doctoral student and UT System graduate assistant, 2021 – present, UT Austin
- Erin Morpeth, faculty co-advisor for doctoral student, 2018 – present, CMHC and UT System graduate assistant, UT Austin
- Sam Pitasky, faculty co-advisor for doctoral student, 2018 – present, UT Austin
- Brittany Boyer, Ph.D., CMHC post-doc, 2018-2019, UT Austin
- Steve Stone, CMHC and UT System graduate assistant, 2016-18, The Ohio State University
- Chris Runyon, CMHC graduate assistant and on research team, 2015-17, National Board of Medical Examiners
- Gustavo Molinar, Bridging Disciplines Faculty Mentor, 2016-17, Mental Health America of Greater Houston
- Ashley Boynton, CMHC and UT System graduate assistant, 2014 – 2016, private practice
- Janna Miller Greyson – doctoral student supervised as part of COE/Teach For America partnership, 2012-15, private practice
- Sally Lineback, doctoral student supervised as part of COE/Teach For America partnership, 2012-15, private practice
- Jenson Resier, doctoral student supervised as part of COE/Teach For America partnership, 2012-15, South Texas Veterans Healthcare System
- Joe Grasso, CMHC graduate assistant, 2009-13, Lyra Health
- Mark Provence, CMHC graduate assistant, 2010-12, Texas State University

CLINICAL SUPERVISION OF GRAD STUDENTS, PSYCHOLOGY INTERNS, & POST-DOCS

- Rachel Nitzarim, psychology intern, 2014-15, The Chicago School of Professional Psychology

Cynthia Baker, psychology intern, 2014-15
Alicia Enciso, post doc, 2014 (partial year), private practice
Richard Martinez, post doc, 2013-14, Texas State University
Adryon Burton Denmark, post doc, 2011-12, private practice
Thomas Smithyman, psychology intern, 2010-11, private practice
Leilana Romero, psychology intern, 2009-10, private practice
Sarah Porter, psychology intern, 2006-07, Austin Community College
Elizabeth Burns, psychology intern, 2006-07, private practice
Kim Van Walsum, psychology intern, 2004-05, private practice
Charlotte Sikes, psychology intern, 2004-05, private practice
Dayna Burnett, psychology intern, 2003-04, private practice
Christie Sprowls, psychology intern, 2001-02, private practice

PROFESSIONAL AFFILIATIONS

American College Health Association, Member, 2002 – present
National Association of School Personnel Administrators, 2006 – present
Association of University and College Counseling Center Directors, 2006 – 2023
Texas University Counseling Center Directors Association, 2006 – 2023
American Psychological Association (APA), Member, 1995 – 2015
 Division 17 – Counseling Psychology, 2001 – 2015
 Section for Counseling Health Psychology, 2002 – 2007
 Section for University and College Counseling Centers, 2004 – 2015
 Division 38 – Health Psychology, 2002 – 2006