

**THIS IS YOUR COURSE SYLLABUS –
please, KEEP IT HANDY and REFER TO IT OFTEN**

**Welcome to PSY 364!
Introduction to Clinical Psychology
Spring 2014 Unique # 44140
MWF 9:00-10:00 a.m., NOA 1.124**

Instructor: Kirsten Bradbury, Ph.D.
Office (Hours): SEAY 3.214 (M 10-11:30am; W 8:30-9am and F 10-11am)
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TA: Amelia Stanton
Office (Hours): SEAY 3.318C (Meston lab) W 1:00-3:00pm and TR 10:00-11:00am
Email: amelia.stanton@utexas.edu

We are here to help you – please take advantage of our office hours. Come see us!!

Required Text:

Cormier, Nurius, & Osborn (2009). Interviewing and Change Strategies for Helpers, Seventh Edition.
ISBN-13: 978-0-8400-2857-0

Additional readings may be recommended and/or required throughout the semester. Check the Blackboard course page for announcements.

There is much more for you to learn than I can teach you in the time available to us. Therefore, you must also do the assigned reading in order to achieve an adequate education on this topic.

Course Objectives:

The major objective of the course is to provide an overview of the field of clinical psychology and introduce students to fundamental clinical skills. Major topic areas to be covered include:

1. Theories and conceptual models of clinical helping
2. Career development in the helping professions
3. Professional issues in clinical practice
4. Assessment and therapy techniques used in clinical psychology

Student Prerequisites:

For psychology majors - upper-division standing and PSY301 and 418 with a grade of at least C in each; **For Nonmajors** - upper-division standing, PSY301 with a grade of at least C, and one of the following with a grade of at least C: Biology 318M, Civil Engineering 311S, Economics 329, Educational Psychology 371, Government 350K, Kinesiology 373, Mathematics 316, Psychology 317, Sociology 317L, Social Work 318, Statistics 309.

Exams:

There will be four exams consisting of multiple-choice and free-response/short-answer items. Exams will be given during regular class times. No exam will be given during finals week. All exams are cumulative (cover all previous material from lectures and assigned readings). Each exam is worth **25%** of your grade in the course. You are responsible for text material whether or not it is covered in class and for lecture material whether or not it is covered in the text. Information about any curve, dropped items, etc., will be provided following each exam.

Make-Up Exams: If you need to reschedule an exam or miss an exam unexpectedly, please contact us as soon as you possibly can. You need permission from Dr. Bradbury to reschedule or make up exams. You may be required to show the TA documentation supporting your request to take a make-up exam.

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Attendance:

I expect you to attend class, and class attendance is *crucial* for doing well in this course (a lot of the exam material comes from my lectures). I have been known to give the occasional Extra Credit point in class at unpredictable (unannounced) times; you must be in class when the EC is awarded to benefit from this good fortune! However, attending class is up to your discretion.

Grades:

Your course grade is based on your exam performance plus any extra credit you earn in class. We add together all the points you earned from four exams and extra credit, then we divide by 4 to yield a percentage score. This percentage score is represented as a letter grade for the course using the following grade distribution:

A = 92 and up	C+ = 78-79
A- = 90-91	C = 72-77
B+ = 88-89	C- = 70-71
B = 82-87	D = 60-69
B- = 80-81	F = 59 and down

Percentage course grades are calculated to two decimal places and rounded to the nearest whole number, such that, for example, the lowest A- is 89.50 (rounds to 90).

Borderline Grades Stay Borderline: Every semester, some students score just below the borderline of the next highest grade. I have great sympathy for people who find themselves in that position, but I have also found that raising those grades simply uncovers a new group of people whose grades are near the new borderline. This situation makes everybody edgy. Therefore, my policy must be that borderline grades stay as they are. Thus, for example, an 89.49 is a B+. Attempting to get me to make an exception to this policy is a waste of your precious time on this planet.

IMPORTANT NOTICES:

The University of Texas at Austin provides upon request appropriate academic accommodations for qualified students with disabilities. For more information, contact the Office of the Dean of Students at 471-6259, 471-4641 TTY.

The UT Honor Code applies to all aspects of your work in this class. We report suspected cheating or other suspected violations.

See the Course Calendar below for exam dates and reading assignments. This syllabus and course calendar is posted on the class Blackboard page. I typically post lecture slides to Blackboard also.

COURSE CALENDAR Spring 2014:

M Jan 13: First day of class

Unit 1: (ch 1, 2, 3) Professional Foundations; Identity; Stamina; Ethics in Helping; Theories; Therapeutic Relationship

M Jan 20: No class (MLK Day)

Unit 1 continued

F Feb 7: Exam 1

Unit 2: (ch 4, 5, 6, 7) Listening, Influencing Responses, Assessment, Diagnosis, Interviewing

M Mar 3: Exam 2

Unit 3: (ch 8, 9, 10, 11) Selecting Treatments, Change, Goals, Cognition, Stress & Coping, Problem-solving

M-F March 10-14: No class (Spring Break)

Unit 3 continued

F Apr 4: Exam 3

Unit 4: Mind-body Stress Reduction, Health, Exposure Therapy, Motivational Interviewing, Contingency Management

W Apr 30: Exam 4