# Psychopathology EDP397 (Unique #11095), Fall, 2014

PROFESSOR: Stephanie S. Rude, Ph.D. TEACHING ASSISTANT: Morgynn Haner

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OFFICE HOURS: Wednesdays 1:00-2:30pm OFFICE HOURS: Arrange by email

Sign up on Doodle calendar:

http://doodle.com/tc7cpi8xrf6c9e3z

SZB262L; 471-4409

### REQUIRED TEXTS:

1. APA (2013) DSM-5. Washington D.C.: APA.

- 2. DSM-5 Clinical Cases (2014). John W. Barnhill, MD (Ed). Washington, D.C.: American Psychiatric Association.
- 3. Young, Jeffrey: Cognitive Therapy of Personality Disorders: A Schema-Focused Approach
- 4. All other readings on Canvas.

#### COURSE GOALS:

- 1. Develop an integrative understanding of approaches to conceptualizing psychopathology and a familiarity with the most frequently encountered or extensively studied disorders.
- 2. Learn how to use the DSM-5 to make diagnoses using all five axes.
- 3. Develop a critical understanding of the issues involved in the design and implementation of a diagnostic system. These include issues such as the advantages of discrete categories versus dimensions, the difficulties in applying a diagnostic system reliably, given our incomplete understanding of the nature of psychological disorders and the normal biases and information-processing distortions that diagnosticians (i.e., humans) are subject to.
- 4. Finally, I hope to sensitize you to the potential for de-humanization and other harms that diagnostic systems may perpetuate.

## **REQUIREMENTS:\***

- 1. Complete assigned readings and come to class prepared to discuss the topics assigned. Participate in class discussions in a way that shows understanding of readings, critical reflection, and respect for other class members (15% of grade).
- 2. Exam 1 (In class): Short essay questions covering material up through October 8 (25% of grade).
- **3.** Exam 2 (In class): Short essay questions covering material up through November 26 (25% of grade).
- **4.** Take home exam: Questions will be distributed the last day of class and are due on Dec 8. Questions will be broadly integrative and will incorporate material from throughout the semester. (20% of grade)
- **5.** Three take-home diagnostic assignments: For each assignment you will receive 1-2 page descriptions of each of two cases. Diagnose each and provide explanatory discussion of your thinking and of other options you considered. Due dates shown on course schedule: Oct 8, Nov 19, and Dec 10 (15% of grade).

### **DISABILITY SERVICES**

The University of Austin provides upon request appropriate academic accommodations for qualified students with disabilities. For more information, contact the Office of the Dean of Students at 471-6259, 471-6441 TTY.

#### DOING THE READINGS & PREPARING FOR EXAMS

1<sup>st</sup> Exam

Diagnostic Practice (bring DSM)

October 15

As a general rule, exams will **not** cover information in the DSM but rather will focus on other readings. Prior to the exams I will give you a list of diagnostic categories that you should have some familiarity with and will also indicate how specific you will be expected to be on the exam. I do expect you to read assigned readings carefully and thoughtfully and to show understanding and an interest in applying that understanding and extrapolating and drawing implications from it. Much of this will come out in class discussions but I will also ask some exam questions requiring you to apply and draw implications from the readings. And while you should be able to summarize main points of readings for exams, I will be working very hard to make sure I am NOT asking you to recall DETAILS from these readings.

## Class Schedule

	Topic	Reading
August 27	Historical Perspectives: Benefits, & Dangers of Diagnostic Systems	Lilienfeld:,Ch. 2: Rosenhan essay (not responsible for Spitzer rebuttal)
September 3	Conceptualizing "Normal and Abnormal" Personality and Diagnosing Mental Disorders	Schoch: "A Conversation with Kaiping Peng" Turk & Salovey: "Clinical Information-Processing" Lilienfeld: Ch. 4: Kaplan essay (not rebuttal) Summary of changes DSM-IV-DSM-5 (for reference)
September 10	Culture & Conceptualizations The DSM-5	Waters: "The Americanization"  Francis: Diagnosing the DSM  DSM-5: 'Preface' & 'Introduction' (read lightly)  DSM-5: 'Use of the Manual' & 'Cultural
	Diagnostic Practice (bring DSM)	Formulations' (p. 749)
September 17	Anxiety Disorders	DSM-5: Anxiety Disorders chapter Barnhill: Ch. 5 Washington Post: "Anti-anxiety drugs" Smith: "Nothing to Do but Embrace the Dread" Yeo: The Anti- Drug for Anxiety
September 24	Depressive Disorders	DSM-5: Depressive Disorders Ch. (focus on MDD) Barnhill: Ch. 4 Moses & Barlow: "A New Unified Treatment"
October 1	Bipolar & Related Disorders	DSM-5: Bipolar & Related Disorders Ch.
	Diagnostic Practice (bring DSM)	Barnhill: Ch. 3 Nemeroff: "The Neurobiology of Depression" Kirsch et al.: "The Emperor's New" (OPTIONAL)
October 8	Neurodevelopmental Disorders Guest speaker: Dr. Nussbaum	DSM-5: Neurodevelopmental Disorders Chapter Barnhill: Ch. 1
	Diagnostic Practice (bring DSM)	
1 <sup>st</sup> Diagnostic Assignment Due		

October 22 Alcohol & Substance Use DSM-5: Substance-Related & Addictive Disorders Ch pp. 481-502 plus enough to see how chapter structured Disorders Bateson (read lightly) Guest speaker: Dr. David Clemons Barnhill: Ch. 16 Obsessive-Compulsive and DSM-5: Obsessive-Compulsive & ... (focus on OCD) Related Disorders Barnhill: Ch. 6 Foa & Kozaks synopsis October 29 Posttraumatic Stress Disorder Herman Intro & Ch. 1-3 November 5 Posttraumatic Stress Disorder DSM-5: Trauma-Related Disorders chapter Barnhill: Ch. 7 Diagnostic Practice (bring DSM) Brewin & Holmes: "Psychological Theories..." November 12 Personality Disorders DSM-5: Personality Disorders Ch. & "Alternative..." on P. 761 Barnhill: Ch. 18 Diagnostic Practice (bring DSM) Wheelis & Gunderson: "A Little Cream (skim) November 19 Personality Disorders L.S. Brown: "A Feminist Critique..." Young: Cognitive Therapy for Personality Disorders Wachtel: "Cyclical Processes..." 2nd<sup>d</sup> Diagnostic Assignment Due November 26 Schizophrenia DSM-5: Schizophrenic Spectrum Disorders chapter Barnhill: Ch. 2 Ely: "The Compassionate Therapist" Sledge et al: "Effectiveness of Peer Support" Longden: "Listening to Voices" (OPTIONAL)

December 3 2<sup>nd</sup> Exam (In Class)

Take-home exam due December 8
3rd Diagnostic Assignment Due December 10