

**Psychopathology
EDP383C (Unique #10860), Fall, 2016**

PROFESSOR: Stephanie S. Rude, Ph.D.
Stephrude@gmail.com
SZB262L; 512-468-7833

TEACHING ASSISTANT:

OFFICE HOURS:

By appointment: Use Doodle Poll below
(note some slots are for phone appts only)
<http://doodle.com/poll/x2hm48dxes9m6xan>

OFFICE HOURS: Arrange by email

OR, if these times do not work for you feel free to email for an alternative appointment time.

REQUIRED TEXTS:

1. APA (2013) DSM-5. Washington D.C.: APA.
2. DSM-5 Clinical Cases (2014). John W. Barnhill, MD (Ed). Washington, D.C.: American Psychiatric Association.
3. Young, Jeffrey: Cognitive Therapy of Personality Disorders: A Schema-Focused Approach
4. All other readings on Canvas.

COURSE GOALS:

1. Develop an integrative understanding of approaches to conceptualizing psychopathology and a familiarity with the most frequently encountered or extensively studied disorders.
2. Learn how to use the DSM-5 to make diagnoses using all five axes.
3. Develop a critical understanding of the issues involved in the design and implementation of a diagnostic system. These include issues such as the advantages of discrete categories versus dimensions, the difficulties in applying a diagnostic system reliably, given our incomplete understanding of the nature of psychological disorders and the normal biases and information-processing distortions that diagnosticians (i.e., humans) are subject to.
4. Finally, I hope to sensitize you to the potential for de-humanization and other harms that diagnostic systems may perpetuate.

REQUIREMENTS:

1. Complete assigned readings and come to class prepared to discuss the topics assigned. Participate in class discussions in a way that shows understanding of readings, critical reflection, and respect for other class members (20% of grade).
2. Exam 1 (In class): Short essay questions covering material up to Oct 5 (25% of grade).
3. Exam 2 (In class): Short essay questions covering material from prior exam up to Nov 30 (25% of grade).
4. Take home exam: Questions will be posted by Nov 23; due on Dec 7. Questions will be broadly integrative and will incorporate material from throughout the semester. (10% of grade)
5. Three take-home diagnostic assignments: For each assignment you will receive 1-2 page descriptions of each of two cases. Diagnose each and provide explanatory discussion of your thinking and of other options you considered. Due dates shown on course schedule: Oct 12, Nov 9, and Dec 5 (15% of grade).

DISABILITY SERVICES

The University of Austin provides upon request appropriate academic accommodations for qualified students with disabilities. For more information, contact the Office of the Dean of Students at 471-6259, 471-6441 TTY.

DOING THE READINGS & PREPARING FOR EXAMS

As a general rule, I want you to read assigned articles very thoughtfully and with the intention of discussing them in class. The DSM is primarily a reference book and so I want you to feel familiar with the organization and read the chapters somewhat selectively; that is, you will read parts very closely and others not. The important thing will be to develop a sense of the key features of disorders. In this regard, powerpoint slides that I post on the disorders will be helpful in orienting you to what I consider key features and important points. Additional guidelines for preparing for exams will be posted as we get closer to them.

Class Schedule

	<u>Topic</u>	<u>Reading</u>
August 24	INTRODUCTION	Lilienfeld:,Ch. 2: Rosenhan essay (not responsible for Spitzer rebuttal)
August 31	HISTORICAL PERSPECTIVES: BENEFITS & DANGERS OF DIAGNOSTIC SYSTEMS	Schoch: "A Conversation with Kaiping Peng" Turk & Salovey: "Clinical Information-Processing.." Lilienfeld: Ch. 4: Kaplan essay (not rebuttal) Summary of changes DSM-IV-DSM-5 (for reference)
September 7	CULTURE & USE OF THE DSM-5	Waters: "The Americanization..." Francis: Diagnosing the DSM DSM-5: 'Preface' & 'Introduction' (read lightly) DSM-5: 'Cultural Formulations' (p. 749)
September 14	ANXIETY DISORDERS <i>Diagnostic practice (bring DSM)</i>	DSM-5: 'Use of the Manual' & Anxiety Disorders Ch. "How DSM Categorizes..." (slides/notes on Canvas) Barnhill: Ch. 5 (5.1-5.5) Washington Post: "Anti-anxiety drugs" Smith: "Nothing to Do but Embrace the Dread" Yeo: "The Anti- Drug for Anxiety"
September 21	DEPRESSIVE DISORDERS	DSM-5: Depressive Disorders Ch. (focus on MDD) Barnhill: Ch. 4 (4.1-4.7) Moses & Barlow: "A New Unified Treatment..." Nemeroff: "The Neurobiology of Depression"
September 28	BIPOLAR & RELATED DISORDERS <i>Diagnostic Practice (bring DSM)</i>	DSM-5: Bipolar & Related Disorders Ch. Barnhill: Ch. 3 (3.1-3.5) Leigh: "Affect, Mood...Bipolar & Related Disorders" Logan: "The Problem w/ How We Treat Bipolar"
October 5	1 st Exam (In Class)	
Oct 12	SCHIZOPHRENIA	DSM-5: Schizophrenic Spectrum Disorders chapter "How DSM Categorizes..." (slides/notes on Canvas) View film clips on Canvas before class Barnhill: Ch. 2 (2.1- 2.7) Mueser & Roe: "Schizophrenia Disorders"

OCD AND RELATED DISORDERS
Ely: "The Compassionate Therapist"
DSM-5: OCD & Related Dis. Ch. (focus on OCD)
Barnhill: Ch. 6 (6.1-6.5)

1st Diagnostic Assignment Due

October 19 NEURODEVELOPMENTAL DISORDERS DSM-5: Neurodevelopmental Disorders Chapter
Guest speaker: Dr. Nussbaum Barnhill: Ch. 1 (1.1-1.5)
Review 1st Dx Assignment; Diagnostic Practice (bring DSM)

October 26 POSTTRAUMATIC STRESS DISORDER Herman Intro & Ch. 1-3

November 2 POSTTRAUMATIC STRESS DISORDER DSM-5: Trauma-Related Disorders chapter
Barnhill: Ch. 7 (7.1-7.5)
Brewin & Holmes: "Psychological Theories..."
Foa & Kozaks synopsis

November 9 ALCOHOL & SUBSTANCE USE DISORDERS (Guest speaker: Dr. David Clemons)
PERSONALITY DISORDERS DSM-5: Substance-Related & Addictive Disorders Ch pp. 481-502 plus enough to see how chapter structured
Barnhill: Ch. 16 (16.1-16.7)
Barnhill: Ch. 18 (18.1-18.5)
DSM-5: Personality Disorders Ch.

2nd Diagnostic Assignment Due

November 16 PERSONALITY DISORDERS DSM "Alternative..." on P. 761
Barnhill: Ch. 18 (Ch. 18.6-18.10)
L.S. Brown: "A Feminist Critique..."
Young: Cognitive Therapy for Personality Disorders
Wachtel: "Cyclical Processes..."

November 23 NO CLASS (THANKSGIVING)

November 30 2ND EXAM (IN CLASS)

3rd Diagnostic Assignment Due December 5

Take-home exam due December 7