#### ADVANCED PRACTICUM

## Spring 2017 EDP 384V, #11020 SZB 432 Monday 9:00 a.m. - 12:00 p.m.

Instructors: Kevin Stark, Professor Elizabeth Jennifer Carter

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Office hours: M 8-9 a.m., or by appointment Office hours:

#### **Readings:**

There is no required text for the course. Readings to supplement lectures and supervision will be available on Canyas.

#### **Course Goals:**

- 1. Develop *clinical skill* and experience in assessment and diagnosis with child and adolescent problems.
- 2. Develop *clinical skill* and experience in treatment planning and case management.
- 3. Acquire knowledge of the legal issues, ethics, and standards relevant to assessment and treatment and apply these in practice.
- 4. Determine the effectiveness of your clinical practice and techniques.
- 5. Gain experience in oral case presentations.
- 6. Develop peer consultation, collaboration, and support skills.
- 7. Gain familiarity with advanced clinical practice approaches applicable to work with children, adolescents, and families, including working with parental conflict; evidence-based practices for complex developmental trauma; and group intervention.

#### Clinical skill includes:

- a) assessment, diagnostic judgment, systematic case formulation & treatment planning
- b) clinical decision making, treatment implementation, & monitoring treatment progress
- c) interpersonal expertise
- d) continual self-reflection and acquisition of skills
- e) appropriate evaluation and use of research evidence in both basic and applied psychological science
- f) understanding the influence of individual and cultural differences on treatment
- g) seeking available resources (e.g. consultation, supervision) as needed
- h) having a cogent rationale for clinical strategies.

(APA Presidential Task Force (2006). Evidence based practice in psychology. *American Psychologist*, 61(4), 271-285).

#### **Course Requirements**

- 1. 1 Case Presentation (in class)
- 2. Completion of practicum contract, clinical contact log, and end of semester evaluation
- 3. Regular participation in class discussions
- 4. Ethical and responsible clinical practice
- 5. Class attendance

**Special Accommodations**: Students who require special accommodations are encouraged to notify the instructor early and provide appropriate documentation from the Office of Student Disabilities.

#### **Course Assignment Descriptions**

#### 1) Case Presentation (30 minutes total with discussion)

Students are to select one case from their practicum to present to the class. Case presentations should include a brief description of the case including: reason for referral; demographic data; cultural considerations; relevant medical, social, and family history; family structural, cultural, and life cycle context; pre-treatment assessment process and results; diagnosis and differential diagnoses; proposed treatment or response to treatment to date; tie in to the class didactics; discussion questions for the class.

Case presentations should include handouts and one relevant article the **Friday** before your presentation.

#### 2) Clinical Contact Log, Practicum Contract, and Practicum Evaluation

It is required that you track all of your clinical contact, and turn in a log of this activity to the instructors and program practicum coordinator at the end of the practicum. Please feel free to use whatever format you prefer to use to track your clinical contact for internship applications (i.e. Time to Track, program spreadsheet).

Please be sure to include in your log a table or listing of your cases by general characteristics: referral problem, family structure, ethnicity, SES, treatment provided, etc.

Students are also required to turn in copies of the signed practicum contract (reviewed with site supervisor) and signed evaluation completed by site supervisor.

#### 3) Ethical and responsible clinical practice

It is assumed that you will provide ethical and responsible practice. Evaluation of this course requirement will be based primarily on practicum site supervisor ratings.

### 4) Class attendance

Students who are in their 3<sup>rd</sup> and 4<sup>th</sup> years in the program are expected to attend class weekly. Class absences, including for observance of a holy day, should be discussed well in advance with the instructor.

## **Overview of Course Topics**

Jan 23	Course overview & requirements
Jan 30	OCD: Diagnosis, Different expressions and assessment tools
Feb 6	OCD: Interview
Feb 13	OCD: Treatment Model
Feb 20	OCD: ERPs
Feb 27	Consultation with families (JC)
Mar 6	Consultation with families (JC)
Mar 13	Cognitive Restructuring: Overview
Mar 27	Cognitive Restructuring Examples
Apr 3	Cognitive Restructuring Examples
Apr 10	Cognitive Restructuring Examples
Apr 17	Diagnosis: Disruptive Behavior Disorders
Apr 23	Diagnosis: Somatization Disorders
Apr 30	Diagnosis: Anxiety Disorders
May 1	Diagnosis: Substance Use

## Structure of Class (Case Presenter is responsible for keeping us on time.)

- 9:00 Intervention Group 1 and Assessment Group supervision
- 9:45 Case presentation
- 10:15 Didactics/skill building

# 11:15 Intervention Group 2

# **Case Presenters**

Jan 23	Course overview & requirements
Jan 30	Ashlee
Feb 6	Abigail
Feb 13	Abby
Feb 20	Becca
Feb 27	Yasmine
Mar 6	
Mar 13	
Mar 27	
Apr 3	
Apr 10	
Apr 17	
Apr 23	
Apr 30	
May 1	