

ADVANCED PRACTICUM
Fall 2017
EDP 384V, #10820
SZB 524 Wed. 9:00 a.m. - 12:00 p.m.

Instructor: Cindy Carlson, Professor
 Phone: 471-0276; 512-632-7313 (cell)
 Email: ccarlson@austin.utexas.edu

Office: SZB 504
 Office hours: W 1:30-3:30 pm
 or by appointment

Readings: There is no required text. Recommended and required readings to supplement lectures and presentations will be made available on Canvas.

Course Goals:

1. Develop *clinical skill* and experience in assessment and diagnosis with child, adolescent, and family problems.
2. Develop *clinical skill* and experience in case conceptualization and treatment planning.
3. Gain oral case presentation experience.
4. Learn and apply methods to evaluation the effectiveness of your treatment.
5. Develop peer consultation, collaboration, and support skills.
6. Expand your knowledge of evidence-based approaches applicable to work with children, adolescents, and families.
7. Gain knowledge and apply in practice the relevant legal and ethical issues that apply to your setting.

Clinical skill includes:

- a) assessment, diagnostic judgment, systematic case formulation & treatment planning
- b) clinical decision making, treatment implementation, & monitoring treatment progress
- c) interpersonal expertise
- d) continual self-reflection and acquisition of skills
- e) appropriate evaluation and use of research evidence in both basic and applied psychological science
- f) understanding the influence of individual and cultural differences on treatment
- g) seeking available resources (e.g. consultation, supervision) as needed
- h) having a cogent rationale for clinical strategies.

(APA Presidential Task Force (2006). Evidence based practice in psychology. *American Psychologist*, 61(4), 271-285).

Course Requirements

1. 2 Brief Case Presentations: Part A & Part B
2. Completion of practicum contract, clinical contact log, and end of semester practicum supervisor evaluation and course evaluation
3. Video or direct observation of your clinical practice
4. Ethical and responsible clinical practice
5. Class attendance & participation

Special Accommodations: Students who require special accommodations are requested to notify the instructor early and provide appropriate documentation from the Office of Student Disabilities.

Class Attendance: Students who are in their 3rd and 4th years in the program are expected to attend class weekly. Class absences, including for observance of a holy day, should be discussed well in advance with the instructor.

Course Assignment Descriptions

1) Case Presentations (30 minutes total with discussion)

Students are to select one case from their practicum to present to the class and present this in two parts: Part A focuses on case conceptualization; Part B focuses on treatment and treatment effectiveness.

Part A of the case presentation should include a brief description of the case including: reason for referral; demographic data; cultural considerations; relevant medical, social, and family history; family structural, cultural, and life cycle context; pre-treatment assessment process and results; diagnosis and differential diagnoses and proposed treatment & rationale.

Part B should include a brief overview of the course of treatment, treatment response, and post-treatment outcome. Part B should also discuss the factors that in your view were particularly relevant to the outcome.

Case presentations should include handouts of the relevant information (or access to it on Canvas) and one relevant article/chapter for Part A and a one relevant article/chapter for Part B. The Part A article would likely provide background on the evidence based treatment or research that is informing your case conceptualization and approach to treatment. The Part B article should reflect research or a reading that was helpful to you in understanding the outcome or response to treatment.

The article in support of your case presentations, both A & B, should be uploaded to CANVAS by the **Friday** before your scheduled presentation in Wednesday's class.

Students are encouraged to use case presentations as opportunities for case consultation with peers.

2) Clinical Contact Log, Practicum Contract, and Practicum Evaluation

It is required that you track all of your clinical contacts, and turn in a log of this activity to the instructor at the end of the practicum. Please feel free to use whatever format you prefer to use to track your clinical contact information for internship applications (i.e. Time to Track, program spreadsheet).

Be sure to include in your log a table or listing of your cases by general characteristics: referral problem, family structure, ethnicity, SES, treatment provided, etc.

Students are also required to turn in to the instructor copies of their signed practicum contract (reviewed with site supervisor) and their signed practicum evaluation completed by the site supervisor.

Students may be requested to complete an evaluation of their practicum site experience in the final day of class.

Practicum contracts due: **no later than Sept. 13**

Practicum logs and supervisor evaluations due: **no later than Dec. 15 noon**

3) Video or direct observation of your clinical practice

The new APA Standards of Accreditation require that students be directly observed by their supervisors engaging in clinical practice in their practicum. This can be accomplished by either video recording or direct observation. Although I will notify your site supervisors of this requirement, you are also expected to assure this is a part of your practicum experience, and if not feasible, please discuss this with the instructor so alternatives can be developed. You are encouraged to videotape and to obtain patient consent to share with the class in group supervision.

4) Ethical and responsible clinical practice

It is assumed that you will provide ethical and responsible practice. Evaluation of this course requirement will be based primarily on practicum site supervisor ratings.

5) Class attendance and participation

Students are expected to abide by the class attendance policy and to actively engage in class discussion, skill-building exercises, and peer support.

Structure of Class (approximate times)

9-9:30	Group supervision
9:30-10:15	Case presentation
10:15-10:30	Break
10:30-11:00	Didactics
11:00-11:45	Skill building experience

Overview of Course Topics (tentative)

August 30	Course overview & requirements
Sept. 6	Pre-Intervention engagement & case conceptualization
Sept. 13	Motivational Interviewing I
Sept. 20	Motivational Interviewing II
Sept. 27	Motivation building skills – Change focus techniques
Oct. 4	Motivation building skills – Change meaning techniques/Creating themes
Oct. 11	Relational Assessment & Family Feedback
Oct. 18	no class or guest speaker
Oct. 25	Behavior change plans and monitoring treatment progress
Nov. 1	Getting unstuck & eliciting client feedback
Nov. 8	Dealing with Anger/Conflict/Blame
Nov. 15	Collaborating with other systems
Nov. 22	No organized class – supervision available
Nov. 29	Generalization & Termination
Dec. 6	Course Completion Activities