EDP 306: INTRODUCTION TO HUMAN SEXUALITY AND RELATIONSHIPS

Dr. Nancy Daley Spring 2018 M-W 11:00-12:30 Unique: 10055

NOTE: YOU ARE RESPONSIBLE FOR ALL INFORMATION ON THIS SYLLABUS.

If you have questions, please check the syllabus and Canvas before calling.

Instructor:Dr. Nancy DaleyOffice:SZB 262B (Counseling Psychology Suite)Telephone:512-418-8336 (texts are best!)Office Hours: MW 9:45-10:45 and by appointment.

(I drive from way south, so traffic may delay me!)

The University of Texas at Austin provides appropriate academic accommodations for qualified students with disabilities. Please contact the Office of the Dean of Students at 471-6259, 471-4641 TTY.

The use of electronic devices in my classroom is prohibited unless you bring me an official letter indicating you need to use a laptop in order to take notes, or that you are an official note-taker for another student.

TA: Office hours by appointment

Required Textbook: Janell Carroll: *Discovery Series Introduction to Human Sexuality.* You may buy the book at the University Co-Op or buy the online version. You will be taking several textbook quizzes, so owning this book one way or the other is absolutely required. We will be following this textbook very closely.

You will notice that in the Canvas Modules, there are "Intro lecture notes" for each class (more about them in a minute). Our exams will consist of **textbook** and **lecture** material only. Naturally on some days I will add a little material during my lecture; this is a benefit for people attending class. The modules also have articles, book chapters, and various links – these are for people who want to learn more about a given topic. Some of you may have no experience with Human Sexuality; some of you may wish to add to your previous knowledge by checking out these articles and links.

Lecture Notes: Available on Canvas, in the Modules. (Please do not seek course materials from Files! The Files hold way more stuff than you need!) Print the lecture outlines up, bring them to class, and highlight what I talk about – this is your most efficient study method. If you don't come to class, either make friends with someone who does, or memorize everything.

ESSENTIAL DATES: EXAM 1 - February 19th (110 points)
EXAM 2 - April 2nd (120 points)
EXAM 3 - May 2nd (100 points)

Trigger Warning

Human Sexuality can be an emotionally charged topic. Some things we discuss may distress you. My very strong preference is for you to power through triggering experiences, since when we avoid things that distress us, our distress is reduced but our world just got smaller. However, do what you need to do to protect yourself. I would hope that you will communicate with me about anything that is triggering for you. It is my job to make our classroom "a safe space for difficult conversations."

Course Overview

Human sexuality and loving relationships will be taught from a psychological perspective with attention to the physiological, emotional, developmental, and relationship dimensions of sexuality. Course goals are to present factual information and to promote scholarly examination of social, personal, and ethical factors in sexual expression. We operate under the assumption that sex and relationships are appropriate and important topics of study, and that our understanding will be enhanced by reading about, thinking about, and discussing many aspects of human sexuality. Virtually everyone will feel some self-consciousness and discomfort with some of the subject matter, but this usually improves fairly quickly. However, if you do not share our belief that it is appropriate and worthwhile to study and discuss sexual issues in the context of the university classroom, this course is probably not for you.

Canvas

You will find all your learning modules, announcements, assignments, readings, and group learning tasks here. We also post interesting links; messages to and from students, TA's, and Daley; and whatever else we see fit. Our e-mails to each other go through Canvas; your grades are posted there; and it's the place where you will turn in your written assignments.

Quizzes

You are expected to take 4 Textbook Quizzes, which you will find on Canvas. These will not be turned in or graded. They will make

your exams easier, as questions from these quizzes will appear on our exams. We have absolutely no problem with you taking these quizzes in your study group, working out the answers together. We are huge fans of collaborative learning, except during classroom exams

Attendance

This class is as fun as you make it. When people are here and the discussions are lively, we have a better time, your professor is happy, and then everybody's happy. Because I believe "A" students come to class, every now and then attendance will be rewarded. A sign-up sheet will be passed around and everyone in class will receive a couple of points just for being there. There may also be "One-Shot Deal" days when an assignment will be given for extra credit. If you aren't here, you won't receive these opportunities. Please don't ask for "make-up" opportunities on these attendance bonuses.

When you miss a class, you have your lecture outlines and your group members as information sources. I will not be filling you in on what you missed. However, I am always glad to check over your lecture outlines during office hours, to see whether you are emphasizing the important stuff.

Classroom Demeanor

Because of the sensitive nature of the course material, rudeness and intentionally harmful behavior will not be tolerated. In a large class, it is important that only one person speak at a time, both as a matter of courtesy and so that everyone will be able to hear class discussions. Students are welcome to make comments or ask questions in class as time permits. If you have questions about the text or lecture material, your TA will be glad to meet with you for discussion. Students may also make comments or ask questions anonymously by writing them down and leaving them in my mailbox in SZB504. If pertinent, these questions will be addressed by the instructor in future classes. Questions left in the box need not pertain to that day's lecture material.

Guest Speakers

Guest speakers representing a wide range of viewpoints may make presentations to our class. Questions and comments are welcomed within the context of mutual exploration of and respect for differences of opinion.

Late Assignments, Due Dates, Etc.

Due dates are listed below and will be enforced rigidly.

Class Schedule and Topics

The syllabus schedule is subject to some variability depending upon speaker availability, special topics, and the whim of your instructor. Topics to be covered include: the history of sexual norms; sexual anatomy and physiology; sexual responsiveness; STIs; birth control; unwanted pregnancy; gender roles; rape; the sexual victimization of children; GLBTQ; and love, relationships, and communication. Additionally, discussion groups held within class lecture time will give students the opportunity to explore other topics. **Doing the reading will be a big help.** Your grades will be based upon the following:

1. EXAMS (REQUIRED): There will be 3 exams worth various points each. Exams cover the lecture notes and the readings assigned on Canvas. Other materials in the Modules are optional unless I specifically assign them to you.

I expect everyone to be present for exams and to arrive on time unless previous arrangements have been made. Do not expect to be admitted if you arrive late. Exam scores are posted in the Grading Center on Canvas as quickly as we can get them there.

Although it is difficult to believe, we have observed test-takers examining the tests of their neighbors during an exam, evidently to offer assistance if it is needed. If we have any reason to believe that you are checking out your neighbor's test during an exam, we shall take possession of your test and you will have to schedule a make-up exam with your TA. We do not need to be correct as to whether or not you were in fact cheating. You should be grateful that we do not send you directly to the Dean of Students.

The same goes for cell phones and smart watches: if these are seen at any time during an exam, your TA will collect your exam and turn the matter over to me.

- 2. RESEARCH PARTICIPATION (REQUIRED): This is a Departmental Requirement. You will be contacted about signing up for and participating in a research study in the Department of Educational Psychology. This will occupy a required number of hours. If you are unable to participate in or complete your research, you will be given an alternate assignment by the Research TA (who is not your class TA). FAILURE TO PARTICIPATE IN RESEARCH OR DO ALTERNATE ASSIGNMENT RESULTS IN AN INCOMPLETE FOR THIS COURSE.
- 3. MEET-UP GROUPS (Presentation Required): You will each be assigned to a discussion group, meeting more or less weekly to

talk about a topic assigned on Canvas. After group, each of you will write an essay (400 words minimum) about the discussion, due **no** later than the start of the following Monday's class. This looks clearer on the calendar in Canvas.

We understand perfectly the attitude many people hold toward work groups, but they're a fact of life here and in the workplace. Your group may meet any time and any place, as determined by the majority of members. Our hope is that you will learn points of view about Human Sexuality that you may never have thought about before.

Toward the end of the semester (or sooner if you wish!) your study group will be teaching the class something in the realm of Human Sexuality, past, present or future. Presentations can earn up to 10 points for each group member, so long as your group believes you deserve an equal share. Although it sounds quite onerous, group presentations often end up being everyone's favorite part of the class. Don't ask me why I have to say this, but no non-human animals may be used. All sex depicted must be consensual unless you are specifically covering an aspect of sexual coercion.

- **4. ESSAYS:** Each person writes up their own essay about the group discussion; these should be turned in via Canvas. You will turn in 5 essays of a 400-word minimum during the semester, summaries of your work with your group. Please include the names of people present for your discussion. These are due on the Monday following Group and are worth up to 10 points each depending on the thoroughness and thoughtfulness of your work, always including your reactions to the thoughts and opinions brought up during group. Submit them through Canvas. No late essays will be accepted, no matter what your excuse.
- **5. QUIZZES:** You will be taking 4 textbook quizzes, the purpose of which is to help you keep up with the reading. Selections of these quiz questions will be used on our exams, so taking the quizzes will be very handy for you. Feel free to work on the quizzes together; our goal is for you to learn the material, not to achieve some quiz scores.
- **6. CALCULATING GRADES:** Add up the number of points you have earned. Canvas will do the division, nicely rounding up. Canvas then assigns you a letter grade. We do use the +/- system.

Student Reactions

You will be invited to evaluate this course toward the end of the semester. Your comments, criticisms, and suggestions are truly welcome. Please feel free to contact Dr. Daley or your TA if you have questions or comments about the substance or structure of the course.

Note: Because a course in human sexuality often raises both personal issues and health concerns, you should be aware of the following services available to you both through counseling with the instructor, discussion with your TA, and also through the following student services on campus:

Counseling and Mental Health Center: 512-471-3515 Student Health Center, 105 W.26th St: 512-471-4955

Telephone Counseling & Referral: 512-471-2255 (A 7-DAY, 24-HOUR SERVICE)

Capital Area Mental Health Center affordable therapy services: 512-302-1000

The following is a rough guideline of how we will proceed. Changes happen. Relax. Blank spaces at the end are for covering topics we have rescheduled. Exams only cover the topics we have covered; if we re-schedule topics, they may appear on a different exam from what you see here.

DATE		TOPIC	TEXTBOOK CHAPTER
JANUARY	17	Introduction, course overview Please Note: Our syllabus will be covered on Exam 1. Not dates, but general expectations. This will be explained in class.	
	22 24	Identity Wheels; Placing Placing Ourselves	•
	26-ish	Meet-Up Group 1: Sex i Please take Textbook Q	n the Media and Popular Culture uiz #1
	29	Sex in History – Part 1 Essay 1 due in Canvas r	no later than 11 a.m. Late = 0 points, no exceptions.
	31	Sex in History - Part 2	

FEBRUARY	05 07	Female sexual anatomy and physiology - Chapter 4 Female sexual anatomy and physiology - Chapter 4	
	09-ish	Meet-Up Group 2: Gender Please take Textbook Quiz #2	
	12	Male sexual anatomy and physiology - Chapter 5 Essay 2 due in Canvas no later than 11 a.m.	
FEBRUARY	14	Love and Communication	
FEBRUARY	19	EXAM 1 (110 POINTS)	
MARCH	21 26 28 05 07	Gender and Sexuality Developmental Psychology and Sexuality Developmental Psychology, Part 2 Sexual Orientations – Chapter 9 Sexual Coercion Meet-Up Group 3: Relationships: The Good, The Bad, and The Ugly	
	<i>y</i> 1311	Please take Textbook Quiz #3	
MARCH 12-16	Spring Break		
	19	Attraction/Modern Relationships/The Break-Up, 1 Essay 3 due in Canvas no later than 11 a.m	
	21 26 28	Attraction/Modern Relationships/The Break-Up,2 Contraception Pregnancy	
	30ish	Meet-Up Group 4: Plan Your Presentation	
APRIL 02		2 (120 POINTS) I due in Canvas no later than 11 a.m.	
	04 09	STI's Sexual Arousal and Dysfunction	
	11	Group Presentations All group presentation materials must be turned in by the start of class. Nothing will be accepted after today.	
	16	Group Presentations	
	18	Group Presentations	
	20-ish	Meet-Up Group 5: The Paraphilias Please take Textbook Quiz #4	
	23	Paraphilias Essay 5 due in Canvas no later than 11 a.m.	
	25 30	Commercial Sex Whatever we have missed, and exam review	
MAY	02	EXAM 3 OUR LAST EXAM (100 POINTS) The computer may tell you we have a "Final Exam" during finals. We do not.	