

Ashley Nicole Hurst, M.A.

604 West 18th St. Apt. 301A

Austin, TX 78701

Phone: (405) 802-4384

Email: a.hurst@utexas.edu

EDUCATION: _____

- 2013- Present **University of Texas**, Austin, Texas
Doctoral Candidate, Counseling Psychology
Dissertation Title: *An impostor's resistance: The protective role of critical consciousness from mental health impacts of the impostor phenomenon*
Advisor: Kevin O. Cokley, Ph.D.
- 2011- 2013 **University of Texas**, Austin, Texas
Master of Arts in Counselor Education
Master's Report Title: *Reframing the academic trends of African American college students: Applications of academic disidentification*
Advisor: Keisha L. Bentley-Edwards, Ph.D.
- 2008- 2011 **Texas Christian University**, Fort Worth, Texas
Bachelor of Science in Psychology
- 2007- 2008 **University of Central Oklahoma**, Edmond, Oklahoma
Bachelor of Science in Psychology

PROFESSIONAL AFFILIATIONS: _____

Association of Black Psychologists, Student Affiliate

American Psychological Association, Division 45, Student Affiliate

PROFESSIONAL EXPERIENCE: CLINICAL _____

Practicum Student, *Counseling and Mental Health Center, University of Texas, Austin, Texas*
August 2017 to May 2018

Practicum Student, *St. Edward's University Health and Counseling Center, Austin, Texas*
August 2016 to May 2017

Julia Zenteno-Montez, Psy.D., and Charles Couchman, Ph.D., Supervisors

- Conducted brief and long-term individual psychotherapy with outpatient clients.
- Co-led weekly interpersonal processing group therapy sessions.
- Provided intake and crisis counseling with university students.
- Prepared necessary documentation with diagnoses for student academic accommodations.
- Integrated assessment data (i.e., Counseling Center Assessment of Psychological Symptoms (CCAPS)) into intake and session case management notes.

- Presented two full clinical case conceptualizations and treatment planning in staff case consultation meetings.
- Discussed clinical concerns and issues in weekly staff meetings.
- Worked with a collaborative mental health team consisting of a clinical case manager, clinical social worker, psychiatrist, primary health doctors, practicum students, and staff psychologists.

Psychometrician, *San Marcos Treatment Center, San Marcos, Texas*

February 2016 to February 2017

John Gould, Ph.D., Supervisor

- Administered and scored academic and personality assessments for children and adolescent inpatients.
- Wrote full intake, academic, and personality reports.

Practicum Student, *Capital Area Counseling Community Clinic, Austin, Texas*

August 2014 to May 2017

Courtney Heard, Ph.D., Fred Tucker, M.A., LPC-S, and Michael Donnell, Psy.D., Supervisors

- Provided long-term individual psychotherapy to outpatient adolescents and adults.
- Conducted intake sessions and quarterly evaluations of client's psychological status.
- Participated in weekly peer supervision meetings from August 2014 to May 2015.

Supervisor of Practicum Students, *University of Texas, Austin, Texas*

2017 and 2016 Fall semesters

Christopher McCarthy, Ph.D., Supervisor

- Supervised several doctoral and master's level graduate students who conducted psychotherapy sessions in a counseling skills course.
- Provided feedback to and watched videotape of therapy sessions with students in weekly meetings.
- Consulted with faculty supervisor and other graduate student supervisors in monthly meetings.

Behavioral Health Intern (Practicum Student), *CommUnity Care Blackstock Family Health Center, Austin, Texas*

June 2015 to May 2016

Jennifer Ayres, Ph.D., Supervisor

- Conducted long-term individual psychotherapy session with outpatient clients.
- Collaborated with an integrated health care team on clinical case treatment planning.

Practicum Student, *Gateway Scholars Program, University of Texas, Austin, Texas*

July 2012 to May 2013

Leslie Moore, Ph.D., Supervisor

- Provided individual counseling to students identified by the student support committee.
- Consulted with staff on the student support committee.

PROFESSIONAL EXPERIENCE: RESEARCH _____

Research Lab Member, *University of Texas, Austin, Texas*

Fall 2013- Present

Kevin O. Cokley, Ph.D., Advisor

- Collaborate with research team on designing studies, collecting and analyzing data, and writing drafts for potential research journal outlets.
- Participate in weekly meetings with research team.

Volunteer Research Assistant, *University of Texas, Austin, Texas*

January 2011 to December 2012

Kevin O. Cokley, Ph.D., and Alissa Sherry, Ph.D., Advisors

- Supported research projects by contributing to literature searches and development of studies.

PROFESSIONAL EXPERIENCE: TEACHING

Assistant Instructor for Strategic Learning in the 21st Century, *Department of Educational Psychology, University of Texas, Austin, Texas*

January 2017 to Present

- Develop and teach curriculum for an undergraduate course in Educational Psychology.
- Consistently meet with students in course to work on and review course material.
- Evaluate and provide feedback to students in individualized sessions.
- Participate in weekly staff meetings to plan and discuss student concerns.

Teaching Assistant for Human Sexuality, *Department of Psychology, University of Texas, Austin, Texas*

Spring 2007

- Supported the teaching of an undergraduate level course by attending lectures and coordinating in-class activities.
- Responded to student concerns and met with students to review exams.

Teaching Assistant for Introduction to Psychology, *Department of Psychology, University of Texas, Austin, Texas*

Fall 2016

- Assisted in teaching an undergraduate introductory course in psychology by creating benchmark quiz questions.
- Communicated and met with students to review assignments

Teaching Assistant for Field Practicum, *Department of Human Development and Family Sciences*

Fall 2016

- Facilitated discussions concerning students experiences and progress at practicum sites.
- Managed each student's timesheets and provided feedback on student assignments.

Teaching Assistant for Individual through the Life Cycle, *Department of Educational Psychology, University of Texas, Austin, Texas*

Summer 2016

- Collaborated with the professor to facilitate in-class discussion.
- Provided grades and feedback on class assignments.

Guest Lecturer for Seminar, *Department of Psychology, University of Texas, Austin, Texas*
April 2016

- Presented information concerning multicultural issues in psychotherapy to a graduate student cohort.
- Facilitated conversations on topics highlighted in the presentation.

Graduate Research Assistant, *Gateway Scholars Program, University of Texas, Austin, Texas*
August 2013 to May 2016

- Taught discussion sections of a signature undergraduate course.
- Collaborated with student support committee to provide guidance to students with academic and psychological concerns.
- Designed and led academic support workshops.
- Contributed insights from research to inform program philosophy and practice.

Teaching Assistant for Child Development, *Department of Human Development and Family Sciences*
Fall 2015

- Assisted instruction of course by providing feedback and evaluations on assignments.

Graduate Assistant for Summer Bridge Program, *Longhorn Center of Academic Excellence, University of Texas, Austin, Texas*
Summer 2013, 2014, and 2015

- Drafted the initial structure for the program's pilot year.
- Coordinated the mentoring and tutoring components of the program.
- Created academic and psychological presentations for students enrolled in the program.

Teaching Assistant for Multicultural Counseling Course, *Department of Educational Psychology, University of Texas, Austin, Texas*
Fall 2014

- Supported class instruction by co-facilitating activities and discussion.

PROFESSIONAL EXPERIENCE: OTHER

Academic Strategy Tutor, *Intercollegiate Athletics-Student Services, University of Texas, Austin, Texas*
June 2017 to Present

- Assist students organize and complete assignments in their courses.
- Collaborate with academic support specialists to understand student's strengths and areas in need of improvement.

Academic Tutor, *Encompass Tutoring Services*
Jessica Shore, Ph.D., Supervisor
August 2016 to Present

- Support student in improving time management, organizational, and goal setting strategies.
- Communicate with parents about student's needs and progress.
- Collaborate and provide assistance with college application essays.

Academic Tutor, *EdPsyched Tutoring Services*

Adam Creasy, Ph.D., Supervisor

August 2016 to Present

- Facilitate weekly meetings with students to improve on time management, organizational and goal setting strategies.
- Maintain consistent communication with student's parents about their progress.

Program Teaching Assistant, *Counseling Psychology Doctoral Program, University of Texas, Austin, Texas*

Spring 2013

- Assisted with the counseling psychology American Psychological Association self-evaluation process.
- Conducted preliminary literature search for two research projects.

Academic Mentor, *Intercollegiate Athletics-Student Services, University of Texas, Austin, Texas*

Fall 2011 to Spring 2012

- Provided guidance to students to build effective organizational and study techniques.
- Monitored student's progress in their courses.

JOURNAL ARTICLES: _____

Cokley, K., Smith, L., Bernard, D., **Hurst, A.**, Jackson, S., Stone, S., Awosogba, O., Saucer, C., Bailey, M., & Roberts, D. (2017). Impostor feelings as a moderator and mediator of the relationship between perceived discrimination and mental health among racial/ethnic minority college students. *Journal of Counseling Psychology*, 64(2), 141-154.

Cokley, K., Awad, G., Smith, L., Jackson, S., Awosogba, O., **Hurst, A.**, Stone, S., Blondeau, L., and Roberts, D. (2015). The roles of gender stigma consciousness, imposter phenomenon and academic self-concept in the academic outcomes of women and men. *Sex Roles*, 73(9).

Cokley, K., Cody, B., Smith, L., Beasley, S.T., Miller, K., **Hurst, A.**, Awosogba, O., Stone, S., and Jackson, S. (November 2014). Bridge over troubled waters: Meeting the mental health needs of black students. *Phi Delta Kappan*, 96(4): 40-45.

PRESENTATIONS: _____

Hurst, A., Jackson, S., Stone, S., & Cokley, K. (2015, January). *The impact of racial oppression in higher education: Applications and implications of academic disidentification*. Poster presented at the 2015 National Multicultural Conference and Summit, Atlanta, Georgia.

Awosogba, O., Stone, S., **Hurst, A.**, Jackson, S., Smith, L., & Cokley, K. (2014, July). *The impact of academic self-concept on perceived discrimination and psychological distress among Black college students*. Poster presented at the 2014 Association of Black Psychologists Conference, Cleveland, Ohio.