

**The University of Texas at Austin - School of Nursing  
N325 Adult Health Nursing I  
Spring 2020**

**N325 Course Syllabus**

<b>Course No:</b>	N325
<b>Course Title:</b>	Adult Health Nursing I
<b>Unique Numbers:</b>	55915
<b>Course Credit:</b>	3 semester hours
<b>Placement in Curriculum:</b>	First Semester, Junior Year
<b>Prerequisites:</b>	Admission to the nursing program. Completion of all prerequisite courses as delineated on the student's curriculum degree plan.
<b>Class Time &amp; Classroom:</b>	Wednesday: 11:30 am – 1:00 pm (NUR 1.118) Friday: 10:00 am – 11:30 pm (NUR 1.118)

<b>Faculty</b>	
<b>Name</b>	Lorraine C. Haertel, PhD, RN, CS, APRN
<b>Office</b>	NUR 5.190
<b>Office Phone</b>	(512) 232-4703
<b>Office Hours</b> <b>5.190</b>	Wednesday: 10:00 am – 11:00 am Friday: 11:30 am – 1:00 pm
<b>Email</b>	Send All Email through Canvas ONLY

**Course Description:** Discussion of the concepts necessary to promote and support the health of adults with biological problems including related physiological and psychological responses.

**Course Objectives:** At the conclusion of this course the learner will be able to:

1. Describe common human responses to health and illness in adults.
2. Discuss nursing actions appropriate to altered health responses.
3. Recognize therapeutic nursing actions in the delivery of health care to patients as individuals.
4. Propose nursing actions that promote the health of adults experiencing illness.
5. Summarize basic research findings that support nursing practice in the care of adults.

**CLASS SCHEDULE**  
*Subject to Change*  
**Attendance at All Classes is Mandatory**

W	Jan. 22	Course Orientation
F	Jan. 24	• Fluids
W	Jan. 29	• Fluids
F	Jan. 31	• Electrolytes
W	Feb. 5	• Electrolytes
F	Feb. 7	• Practice for Exam 1
W	Feb. 12	Exam 1 – Fluids & Electrolytes
F	Feb. 14	• Post Exam 1 Review
W	Feb. 19	• Pain
F	Feb. 21	• Pain
W	Feb. 26	• Body Defenses
F	Feb. 28	• Body Defenses
W	Mar. 4	• Musculoskeletal
F	Mar. 6	Exam 2 – Pain and Body Defenses
W	Mar. 11	• Post Exam 2 Review
F	Mar. 13	• Musculoskeletal
***** <b>SPRING BREAK</b> *****		
W	Mar. 25	• Blood Pressure
F	Mar. 27	• Blood Pressure
W	Apr. 1	• Acid Base
F	Apr. 3	• Acid-Base
W	Apr. 8	• Oxygenation
F	Apr. 10	Exam 3 – Musculoskeletal, Blood Pressure, Acid-Base
W	Apr. 15	• Post Exam 3 Review
F	Apr. 17	• Oxygenation
W	Apr. 22	• Oxygenation
F	Apr. 24	• Arterial Circulation
W	Apr. 29	• Arterial Circulation
F	May 1	• Content Preparation
W	May 6	• Critical Thinking
F	May 8	Exam 4 – Oxygenation & Arterial Circulation

**Textbooks and Materials****Required**

Lewis, S.L., Dirksen, S.R., Heitkemper, M.M., & Harding, M.M.. (2017). *Medical-surgical nursing: Assessment and management of clinical problems* (10th ed.). St. Louis: Mosby.

**Academic and Program Accommodations for Students with Disabilities**

The University of Texas at Austin provides upon request appropriate academic accommodations for qualified students with disabilities. Refer to General Information for information on Academic and Program Accommodations for Students with Disabilities <http://www.utexas.edu/diversity/ddce/ssd/> or contact the Services for Students with Disabilities office in the Office of the Dean of Students at 471-6259. The School of Nursing works to ensure that students who have disabilities have equal access to the University's programs and services. If you have any questions about services or accommodations for students with disabilities, you may talk with the professor, or the Assistant Dean for Student Affairs.

**Accommodations for Religious Holy Days**

Per The University of Texas at Austin policy, a student must notify the instructor of a pending absence at least fourteen days prior to the date of observance of a religious holy day. If a student must miss a class, an examination, a work assignment, or a project in order to observe a religious holy day, the instructor will give the student an opportunity to complete the missed work within a reasonable time after the absence.

**Honor Codes**

**University Code of Conduct:** "The core values of The University of Texas at Austin are learning, discovery, freedom, leadership, individual opportunity, and responsibility. Each member of the University is expected to uphold these values through integrity, honesty, trust, fairness, and respect toward peers and community".

[http://www.utexas.edu/news/2004/04/29/nr\\_honor/](http://www.utexas.edu/news/2004/04/29/nr_honor/)

**Student Honor Code:** As a student of The University of Texas at Austin, I shall abide by the core values of the University and uphold academic integrity.

**School of Nursing Honor Code:** The profession of nursing has a legacy of public respect and trust. We provide specialized care for the health needs of individuals and the community with integrity, honesty, compassion, and state of the art knowledge and skills. Learning and practicing responsible and ethical professional behavior is a vital part of professional education.

"As a student in The University of Texas at Austin's School of Nursing, I pledge myself to be honest in all of my student activities including, but not limited to, all of my scholastic work and interactions with patients, members of the community, faculty, and peers. Furthermore, I will not use any substance prior to or during my interaction with patients that could alter my judgment or ability to render safe care: this includes but is not limited to any use of alcohol, illegal drugs, and prescription or over-the counter drugs that may impair my mental and/or physical abilities required to perform safe patient care. I will disclose to my instructor any violations of the above standards of conduct."

For more information and resources about how to uphold the Honor Codes, visit the website of the [Office of the Dean of Students - Student Judicial Services](#).

**Scholastic Dishonesty Policy and Professional Integrity**

The Dean of Students Office records acts of dishonesty and notifies the School of Nursing of each incident. In addition to all of the University statements and policies relative to academic dishonesty, the School of Nursing recognizes the strong link between honesty in academic work and professional integrity. Any act of academic dishonesty, including fabrication of reports or records of interactions with clients, is considered incompatible with ethical standards of nursing practice. Students who engage in scholastic dishonesty may be subject to dismissal and may jeopardize their eligibility for licensure as a registered nurse. Refer to the Institutional Rules on Student Services and Activities for information on the Scholastic Dishonesty Policy [Section 11-802](#). Please see also [http://deanofstudents.utexas.edu/sjs/scholdis\\_whatis.php](http://deanofstudents.utexas.edu/sjs/scholdis_whatis.php)

Some examples of dishonesty are listed below.

1. "Scholastic dishonesty" includes, but is not limited to, cheating, plagiarism, collusion, falsifying academic records, and any act designed to give unfair academic advantage to the student. Examples include, but are not limited to, submission of essentially the same written assignment for two courses without the prior permission of the instructor, providing false or misleading information in an effort to receive a postponement or an extension on a test, quiz, or other assignment or the attempt to commit such acts.
2. "Cheating" includes, but is not limited to discussing the contents of an examination with another student who will take the examination. Falsifying research data, laboratory reports, and/or other academic work offered for credit.
3. For further information, refer to General Information, Institutional Rules on Student Services and Activities, Chapter 11: Student Discipline and Conduct. <http://www.utexas.edu/student/registrar/catalogs/gen-info/appC11.html>

### **Course Web Site**

Canvas is the web site for this course. The course syllabus and handouts for individual classes will be posted on Canvas. Students are responsible for obtaining handouts, etc. prior to class and are responsible for reading and completing these materials. Students are also responsible to check for announcements that may be posted on Canvas prior to all classes. If you need assistance with Canvas, please call the ITS HELP DESK at 475-9400.

### **Exams and Grading Policy**

The course grade will be computed from grades earned on exams. Individual exam questions will be weighed equally on each exam. According to the School of Nursing policy, seventy-five percent (75%) is the minimum passing grade on exams and the minimum passing grade for the course. This course begins preparation for the National Council NCLEX-RN licensure exam. Therefore, the final course grade is determined **strictly** by objective numerical scores earned on the exams. There is no extra credit in this course for any reason. Final numerical course averages are converted to whole letter grades. The School of Nursing does not assign plus/minus grades to the final course grade.

Although class attendance is required and any absence may require an additional assignment per instructor discretion, attendance is not used in determining the final course grade.

The following exams and percentages will be used in calculating the final grade the student earns in N325:

Exam 1 - 25%  
Exam 2 - 25%  
Exam 3 - 25%  
Exam 4 - 25%

The following numerical grades will convert to the associated whole letter grade:

A = 89.5 - 100  
B = 79.5 – 89.4  
C = 74.5 – 79.4  
D = 64.5 – 74.4  
F = At and Below 64.4

Note: 75% is the minimum grade to pass N325
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**Proctorio Testing Software:** All exams in this course will be administered in Canvas using [Proctorio remote proctoring software](#). To use Proctorio, computers must have a working webcam and microphone and Google Chrome must be used as the Web browser. To get started, refer to the [Proctorio Student Guide](#). To learn more, refer to the [Proctorio Best Practices Guide](#). If you have questions about webcams, microphones, or other hardware, refer to the School of Nursing's [Student Laptop Recommendations](#).

**Exams:** Exams will consist of NCLEX-styled questions. Questions will be derived from:

- (1) Required reading assignments
- (2) Class objectives
- (3) PowerPoint slides
- (4) Class lecture
- (5) Class discussions
- (6) Questions students ask in class

The exams are integrated exams which means that questions on the exam will address the new content as well as previously learned N325 content. The majority of the questions will be derived from the current topics. Additional questions on the exam will relate to previous N325 content. Therefore, the student is highly encouraged to continually study, review, and integrate the material in N325 as the course progresses and content is built upon previous content.

As with the NCLEX-RN exam to earn the registered nurse license to practice, the majority of the exams will be at the application level which tests the student's ability to think critically, **apply** facts in a given nursing situation, and problem solve - not just the memorization of facts, memorization of textbook content, or memorization of PowerPoint slides.

**It is the student's responsibility to initiate and maintain the help and support they need** in learning to read, understand, analyze, and answer NCLEX examination questions to be successful in N325. It is also the student's own responsibility to continually practice how to think critically when presented with complex information in patient situations.

**Student's Post-Exam Review:** Students will have the opportunity to review their exam results only at formal and scheduled times during the semester. Ample opportunity will be afforded to students. These times will be the only times exams can be viewed by students due to security and time constraints. These scheduled post-exam review times will be announced in class and/or via a Canvas announcement. All post-exam reviews on regularly scheduled class days require the student to attend the full class session.

The purpose of the post-exam reviews are for students to understand why the answer to a question is the correct answer using critical thinking in the application of NCLEX questions. Questions and answers used in determining the student's grade on each exam are valid and reliable which are supported by course content and/or statistical analysis that is completed by a third party. The post-exam review is not an opportunity for a student to debate a correct answer with the faculty but an opportunity for the student to learn how to think critically as a BSN prepared nurse and understand how the answer to a question is derived.

**Attendance for Exams:** The student is required to attend all exams and to be seated and ready to take the exam at the start of the scheduled class time. Should a student be late, no additional exam time will be provided.

**Exam Policies:** Students are required to turn **off** all cellular phones prior to the start of the exam. Cell phones on vibrating mode are not acceptable. Please inform the instructor if there is a pending emergency that would require the phone to remain on.

**Missed Scheduled Exams:** In the event of *highly exceptional and unusual* circumstances which make it virtually impossible for a student to take a scheduled exam, arrangements must be made with the course faculty in advance.

If prior arrangements are not made with the instructor in advance, the student will not be permitted to take the exam at any time and zero will have been earned by the student and recorded as the grade. Additional information on attendance policies is contained in *The University of Texas General Information Bulletin*.

Should one or more students need to take the exam outside of the scheduled time, an alternate exam at an alternate time will be made available. Only one alternate time will be offered by the instructor. It is the student's complete and total responsibility to be available for this time period. Should the student fail to take the exam during this second opportunity, a zero will be awarded to the student and no other testing opportunities will be available.

**Passing Marginally and Failing Notices:** Students who average a C or below after each exam will receive a secured email report from Student Affairs. The purpose of this report is to clearly and openly communicate with the student regarding their standing in the course. Another purpose is to encourage the student to seek immediate assistance to

strengthen understanding of the course content and improve their ability to apply course content on the exams.

**Examination Dishonesty:** Cheating or the appearance of cheating on exams will not be tolerated. Anyone that appears to be cheating will have formal sanctions filed at the School and University level.

Any implied or appearance of indiscretions during exams will immediately result in the student being moved and relocated to a different seat in the classroom of the instructor's choice. Students are cautioned to keep their eyes on their own work, straight ahead or looking up. Glances to the side will result in the above actions.

**Grade Posting:** Grades for exams will be posted on Canvas.

**Course Repeat Policy:** A student must earn a grade of at least "C" in each nursing course. A student may repeat a nursing course only one time. No more than two nursing courses may be repeated. If the student does not earn a grade of "C" or better the second time he or she takes the course, the student cannot continue in the School of Nursing. If, while repeating the course, the student drops the course or withdraws from the university at a time when the student's performance in the course is considered to be inferior to that required for a grade of "C", the student may not re-enroll in the course or continue in the School of Nursing.

### **Student Expectations and Classroom Management**

**Knowledge from Prerequisite Courses:** Content of this course builds on basic entry level knowledge of normal human anatomy and physiology as well as other related content to the profession of nursing. It is the student's responsibility to review related material in order to be able to understand course content and to meet the objectives of this course.

**Mandatory Class Attendance:** The student is required to attend all classes. Should a student not be able to attend class for a valid, legitimate, and professional reason, the student must contact the faculty by e-mail via Canvas *prior* to the beginning of class. Failure to do so may result in the student being required to complete additional out-of-class assignments related to the topics discussed in the missed class. Additional information on attendance policies is contained in *The University of Texas General Information Bulletin*.

Students are to be aware that scheduled and formal classes occur every Friday during the semester. Students are not excused from Friday class for extracurricular plans that involve leaving town on a Friday for extended weekends. The student is required to plan their personal schedules accordingly.

**Standards, Policies, and Procedures for Professional Behavior and Clinical Performance:** The Standards, Policies and Procedures for Professional Behavior and Clinical Performance document is located in the Forms & Policies folder for students, faculty, and staff on the School of Nursing's [Intranet Community](#) site.

This document provides nursing students and faculty with clear expectations and procedures to address professional behavior and clinical performance concerns. Policies about how professional behavior and clinical performance may affect progression in the program are also addressed. The ultimate goal is to help students complete the program successfully and to be fully prepared to practice in their respective professional nursing roles.

**Professional Behaviors:** Students and faculty in the School of Nursing each have responsibility for maintaining an appropriate learning environment. Faculty have the professional responsibility to treat students with understanding, dignity and respect, and to guide the teaching/learning process. Students are expected to refrain from verbal and nonverbal behaviors that may be distracting to others; such as, but not limited to: arriving late or leaving early, side conversations, texting, note passing, and answering cell phones or pagers. Students who persistently engage in behaviors that are disruptive to the teaching/learning process may be required to leave the setting.

For further information refer to "Institutional Rules on Student Services and Activities, Chapter 11: Student Discipline and Conduct" <http://www.utexas.edu/student/registrar/catalogs/gi04-05/app/appc11.html>

**Professional Classroom Courtesy:**

**Cell Phones** - Students are required to turn off or silence all cellular phones prior to the start of class and completely turn off phones during all exams. Cell phones on the vibrating mode are not acceptable during exams. Should a student's cell phone or pager sound during class, a mandatory five (5) minute pause will be taken by the instructor for each occurrence. Students are not permitted to leave the classroom during this time. Should the instructor not be able to complete lecture due to these unscheduled pauses, all students remain responsible for any and all material that was not covered in class.

**Concluding Class** – As attendance at professional meetings (as an example), students are required to demonstrate expected behavior as a professional as class is concluding. This includes:

- Waiting for the official announcement that class is finished by the faculty, and . . .
- Not standing up with the intent to leave class beforehand
- Not packing books, notes, etc. away beforehand
- Not checking electronic devices beforehand
- Etc.

**Classroom Furniture Arrangement:** Per School of Nursing policy, at the conclusion of class students are to return chairs, desks, etc. to the original position at the start of class if they were moved or relocated.

**Miscellaneous Items:** Students are not to leave food wrappers, drink cups, paper, etc. in the classroom. What is brought into the classroom by the student is to be removed from the classroom by the student.

**Computers:** Students desiring to use computers during lecture are to use computers for taking notes based on the content of the lecture. Students are not permitted to use computers during lecture to send/read e-mails, surf the net, etc. Should students engage in this behavior, two (2) percentage points will be deducted for each occurrence from the final course average for all students involved in this activity. Computers are to be used in a professional manner in this professional nursing program. Power cords may not cross stairs or walkways due to fire codes.

**Announcements:** The student is responsible for all announcements made in class even if absent for the class. The student is also responsible for announcements and handouts posted on Canvas.

**Student Conduct:** Students and faculty in The School of Nursing each have responsibility for maintaining an appropriate learning environment. Faculty have the professional responsibility to treat students with understanding, dignity and respect and to guide the teaching/learning process. Students are expected to refrain from verbal and nonverbal behaviors in the classroom and clinical that may be distracting to others, such as, but not limited to: arriving late or leaving early, side conversations, text messaging, note passing, surfing the internet or answering e-mail on laptops, and answering cell phone or pager. Students who persistently engage in behaviors that are disruptive to the teaching/learning process may be required to leave the setting. For further information, refer to General Information, Institutional Rules on Student Services and Activities, Chapter 11: Student Discipline and Conduct.

The School of Nursing is a professional school and often there are members of the public visiting the building; therefore, students are required to dress in a professional manner at all times. There is a very specific School of Nursing uniform policy for clinical settings and within the School of Nursing building which can be a bit more relaxed; however, general rules of dress still apply.

- Body piercing, other than ears, must not be visible.
- Revealing clothing must not be worn or, at a minimum, must be covered while in the School of Nursing
  - Revealing clothing consists of midriff baring shirts, short-shorts or short skirts, low-rise pants &/or low cut shirts that reveal "cleavage"

Please remember that you are representing the School of Nursing and the nursing profession. As such you are expected to maintain an appropriate level of professionalism at all times.

**Unprofessional Behaviors:** Students are to avoid unprofessional behaviors during class such as, but not limited to, discussions with peers during lecture, texting, sleeping or having their eyes closed during lecture, or engaging in other activities that are not directly related to this class. Should such activities occur during class, students will be asked to

leave the classroom.

### **Emergency Contact**

**Emergency Preparedness:** Review The University of Texas at Austin web site to learn about UT emergency information. <http://www.utexas.edu/safety/preparedness/>

**Behavior Concerns Advice Line (BCAL):** If a student is worried about someone who is acting differently (UT faculty, students and staff), the student may use the Behavior Concerns Advice Line to discuss by phone the concerns about another individual's behavior. This service is provided through a partnership among the Office of the Dean of Students, the Counseling and Mental Health Center (CMHC), the Employee Assistance Program (EAP), and The University of Texas Police Department (UTPD). Call 512-232-5050 or visit <http://www.utexas.edu/safety/bcal>.

**School of Nursing Contact:** Call the Student Affairs Office at (512) 232-4780 and the Front Desk at (512) 471-7913 for UT Austin School of Nursing emergency updates.

### **The NUR Building Emergency Plan for 2019-20**